

**Amniotic fluid**

The fluid within the amniotic sac is produced by the fetus and placenta. This buoyant fluid aids symmetrical growth, musculoskeletal development, allows the baby to move within the uterus and prevents the amnion from sticking to the fetus. Either low or high amounts of amniotic fluid can signal a problem with the fetus or mother. Mild decreases in the amniotic fluid levels are common late in pregnancy.