

When Should You Tell? (4th and 5th Grades)

- I. Introduction
 - A. My name is_____.
 - B. I am going to be with you for about 45 minutes today. We will be talking for a few minutes, then watch video, then talking again.
 - C. Rules (I talk with kids about being respectful when I am in their classroom. What does that mean?)
 - D. I work at St. Luke's Hospital. I work at a place called the Child Protection Center. I talk with children about how to keep themselves safe.
 - E. I want each of you to think of something you own that you really care about. Something that is your prized possession. This could be a collection or your favorite toy or even a pet that you take special care of.
 1. What are some of your prized possessions?
 2. You've named a lot of things you have that you take special care of. Can anyone think of a prized possession that all of us have? Our bodies.
 - F. What I talk to you about is your rights. You have the right to keep your body safe.
 - G. You are the boss of your own body and you have the right to say who can and can't touch your body.
 - H. I want to talk about different kinds of touches we can get on our bodies.
 - I. Good, bad, secret touches.
 1. A secret touch can make you feel confused, upset, or mixed up inside.
 2. A secret touch happens when someone touches you on the private parts of your body and the makes you keep it a secret or tells you not to tell anyone.
 3. The private parts of your body are those parts that are covered up by your swimsuit. (if you are a girl, your private parts are here, here and here and if you are a boy, your private parts are here and here)
 4. It's not okay for people to be touching on your private parts or touching you anywhere where you don't want them too. (remember, I told you that you own your body and you get to say who can and cannot touch your body)

5. Just like I said it's not okay for someone to touch you on the private parts, it's also not okay for you to touch someone else on their private parts.
 6. If someone is touching your private parts to keep you clean and healthy, then it's ok but if they aren't helping you stay clean and healthy, then it's not ok.
- J. I can think of a few times where it would be okay for someone to get touched on the private parts.
1. going to the doctor
 2. baby getting his diapers changed, getting help with bath
 3. putting medicine on private parts

II. Video

- A. We are now going to watch a video about a girl named Karen. Karen is in your grade in school and she is getting secret touches from her cousin, Tommy. We are going to see how Karen learns how to solve the touching problem. Remember to listen and watch carefully.

III. Discussion

- A. How did Karen feel after Tommy touched her? (confused, upset, embarrassed, sick)
- B. What kept Karen from telling her secret? (thought it was her fault, he told her not to, didn't want to get anyone in trouble)
- C. Safetouch Rules. POSTER
1. Say NO! (and be assertive!)
 2. Run away.
 3. Tell an adult.
 - a. I want all of you to think of five adults you could tell if something like this happened to you.
 - b. I bet you could also tell your teacher...ask teacher.
 - c. What would you do if you told an adult and they didn't believe you or didn't help you?
 - d. Whose fault was it that Karen was touched on her private parts?
 - e. Remember, if someone touches you on your private parts or gives you any other kind of uncomfortable touch, it is never your fault.
- D. Karen had a touching problem with her cousin. You can also have problems with strangers, brothers, sisters, aunts, uncles,

babysitters, grandparents or even other adults and kids in the neighborhood. Remember that you need to tell about all touching problems. Plus, both boys and girls can have touching problems.

- E. It is not okay for kids to keep secrets about touching. If anyone ever makes you keep that a secret, you have to tell a grown up right away.
- F. (IF time permits) I would like to talk to you quickly about having safety rules for the Internet as well. Now that you are older, you may be allowed to go on the Internet alone, and may even go into chat rooms or do other things that allow you to talk to people over the computer. Remember, since you can't see other people over the computer, you don't always know who they are. There are some Safe Rules for the Internet I want to talk about. POSTER

IV. Review/Wrap Up.

- A. Does anyone have any questions about what we talked about today? (difference between stories and questions)
- B. Thank you for letting me come talk to your class.
- C. What are you going to do if someone tries to touch you in a way you don't like?
- D. I brought some worksheets for you. I am going to give them to your teacher and she/he can decide when to hand them out to you.

