

Prevention

Prevention Programs:

-Break the Silence: Children Against Child Abuse, AIMS Multimedia, 9710 DeSoto Avenue, Chatsworth, CA 91311-4409, 800-367-2467

-Center for Behavioral Intervention-they utilize actual interviews with offenders on tape, which has been found to be very powerful in education for adults. Contact info: Center for Behavioral Intervention, Cory Jewell Johnson, P: 503-644-2772 (posted 11/23/05)

-The National Center for Missing and Exploited Children offers K-8 child safety education curriculum entitled "Kids and Company: Together for Safety" that trains teachers on how to teach all aspects of safety issues for children, including sexual abuse, internet safety, abduction prevention, etc. For more information, contact: Ed Suk, ED, National Center for Missing and Exploited Children/NY Branch, 275 lake Avenue, Rochester, NY 14608, P: 585-242-0900 x3330 or 1-877-446-2632 x3330 (toll free)

-Sunflower House, a CAC in the Kansas City metro area, has been teaming up with public and private schools to promote and provide sexual abuse prevention messages for children, parents and professionals. Currently, they are invited into over 110 local schools to present our interactive personal safety program, P.S. Happy Bear to children between the ages of 4 and 7 (pre-K through 1st grade). Their staff member, along with a volunteer who is wearing a bear costume, like a mascot, presents a fun, interactive and effective personal safety program lasting 20-25 minutes to children. The 3 R's of personal safety...Recognize, Resist and Report are repeated throughout the play. In kid terms, they teach P.S. Happy Bear to "Say No!" "Move Away" and "Tell An Adult". Other concepts covered are: it's your body, personal safety zones, and it's never your fault. They also provide one-hour parent information/education sessions that discuss child protection/personal safety information including: safety tips for families and child sexual abuse-general information about it and the prevention of it. Parents also get a chance to preview the PS Happy Bear program by means of videotape and ask questions of our staff. Lastly, our Education staff provides staff in-service trainings for school personnel regarding Child Abuse and Neglect for Mandated Reporters.

Sunflower House is also the proud author and owner of the P.S. It's My Body! personal safety curriculum, which has been purchased by CACs, agencies, church groups, etc. in over 20 states in the US. It includes the following:

-Printed notebook and CD-ROM:

These materials are the core of the package. Within the notebook, the curriculum is designed as an activity curriculum, with more than 150 developmentally appropriate activities for kids pre-K thru middle school. One unique aspect of this curriculum is there is no specific "structure" of implementation. The curriculum is filled with activities that could take anywhere from 5-45 minutes, and each section includes a list of additional resources (such as videos) that would enhance a presentation. The CD-ROM includes that same material, but is useful for clear handouts and worksheets.

P.S. Happy Bear Sample Video: A sample of our personal safety play for young children (see below). It's purpose is for training facilitators to present the play, in person, to children and to use to show parents prior to the presentation. The notebook includes the following components:

- **Program Coordination:** including objectives for each unit, parent flier and take-home newsletters, lesson plan form and more.

- **Five activity units: P.S. Happy Bear, P.S. Puzzles, P.S. Gotta Move, P.S. Break the Silence and P.S. Boundaries.** Each unit includes specific objectives and goals, a list of additional resources (videos & books), at least one parent/child take-home activity, and dozens of classroom activities for kids, emphasizing recognize, resist and report. It also touches on many aspects of safety and protective factors: asking for help, recognizing feelings, effective communication, bullying, sexual harassment, etc. Each activity includes a list of supplies, directions and 3-5 follow up questions to reinforce the key messages.
- **P.S. Happy Bear script:** This is the script, in both English and Spanish, of our 25-minute personal safety play for kids 4-7 years old. This play is our most popular component, and is performed by a trained facilitator and costumed volunteer (costume not included).
- **Parent Meeting Outline:** This section includes an outline for conducting a meeting prior to personal safety lessons in the classroom. It's essentially the same outline that we use locally in our area schools. It includes discussions of safety tips, how to talk to kids about personal safety, information on child sexual abuse and previewing the child's component.
- **Staff Training Outline:** This includes training on recognizing indicators of sexual, physical, emotional abuse and neglect, mandated reporting, and may include a preview of P.S. It's My Body! children's activities.

For more information: contact the Sunflower House, Inc in Shawnee, KS at:

amyb@sunflowerhouse.org

-Cedar Rapids, IA has 4 sexual abuse prevention programs that they use, age appropriate. Attached is the video list that they use as well as the outlines for their four presentations. In addition, there are sample letters that are sent to [the school](#), a confirmation school letter and one for the [parents](#). If you would like additional information, contact Shannon Kennedy at toll free: 1-800-444-0224 x7979 or at: kenneds@crstlukes.com.

Safe Touch Video List/Descriptions:

Joey Learns the Touching Rule: Preschool/Kindergarten
 Committee for Children
 2203 Airport Way S, Suite 500
 Seattle, WA 98134
 1-800-634-4449
[Teaching script template](#)

Little Bear: ages 4-9
 Kidsrights Video
 10100 Park Cedar Drive
 Charlotte, NC 28210
[Teaching script template](#)

Yes You Can Say No: grades 2-6
 Committee for Children
 2203 Airport Way S, Suite 500
 Seattle, WA 98134
 1-800-634-4449
[Teaching script template](#)

When Should You Tell?: grades 2-6

Sunburst

101 Castleton Street

Pleasantville, NY 10570

Sunburst.com

1-800-431-1934

[Teaching script template](#)

Stewards of Children Sexual Abuse Prevention Program

Darkness to Light has developed a revolutionary sexual abuse prevention program called *Stewards of Children*. *Stewards of Children* provides a comprehensive program, incorporating all of the fundamental mechanics necessary in creating organizational policies and procedures that keep children safe and for training safe and volunteers on child protection. To enrich the basic mechanics, Darkness to Light uses an interactive model that delivers participants to a level of personal power sufficient to stimulate a shift of consciousness and action. The program is motivational and compelling!

The Stewards of Children facilitator training is for organizations and corporations, especially child advocacy centers that are interested in sending a representative to be trained as a facilitator. This facilitator can then go back and train staff and volunteers within that organization or corporation on how they can protect children from sexual abuse. The training can be used by organizations and corporations that need to respond to insurance requirements regarding child protection or by non-profit organizations that would like to enhance community training initiatives and develop potential sources of revenue. As a child advocacy center you could go out into your community to administer trainings in organizations such as schools, faith organizations, sports leagues and other youth-serving organizations. It shifts the responsibility of preventing child sexual abuse from children to adults. The curriculum is evidenced based and they have evaluation methods you can use.

To check out more about the Stewards of Children program, click on the following link and view a short video: <http://www.darkness2light.org/prevention/stewards.asp>

-Children Can't Protect Themselves manual, developed specifically for CACs that should have been sent to all CACs. Includes PowerPoint Training to use in your communities; no cost to you. If you have not received a copy, please contact: Dr. Libby Ralston (lrалston@dnlcc.org)

-The National Children's Advocacy Center implements the [Stop Child Abuse and Neglect](#) program in their local schools.

-throughout the year, resources for use can be obtained through the U.S. Department of Health and Human Services Children's Bureau, Office on Child Abuse and Neglect (OCAN) and it's National Clearinghouse on Child Abuse and Neglect Information. A special section of the website has been developed on "Developing and Sustaining Child Abuse Prevention Programs in Tough Times" which includes resources on collaboration, marketing, federal and private funding sources, evaluation and conducting cost analysis of child abuse prevention programs. In addition, this web-based toolkit includes examples

of successful efforts in all those areas from the national, state and local levels. Please see: <http://nccanch.acf.hhs.gov/topics/prevention>.

Child Abuse Prevention Month:

-hand out blue ribbons; place banner over a “main road” stating that April is Child Abuse and then they work in collaboration with their local Child Abuse Prevention Task Force to put on a “Celebrate the Child” event by having a booth or table that has an activity for a child (i.e. face painting, coloring books, bubbles, etc). They have performances by schools and dance groups, a bubble machine, characters/mascots, food donated by local restaurants i.e. Burger King, Dominoes, ice cream, etc. (Gainesville, FL CAC)

-Resources for use during this month can be found at:

<http://nccanch.acf.hhs.gov/topics/prevention>.

-April is an opportunity to provide prevention information to the community by way of media PSAs, speaking engagements and training seminars. Try a proclamation by the city mayor or a golf outing. Place articles in the local newspapers or do a media campaign partnering with other agencies in the community for costs.

-One CAC in Washington State has their local publisher run several ads throughout the month with "Real Men Rock" messages and photos of community fathers doing positive activities with their children. They run prevention messages on their movie theatre screen before the showing of movies, just thought provoking but positive messages; and they have short parenting tips messages on the radio. They also do a poster contest in all the elementary schools in the county and give prizes to each class. This year they will also be giving each child and school staff the blue wristbands; they also host an Open House of the Center for people to come tour and see what's new. They publish a community calendar for the month of April with all the activities around Child Abuse Prevention month placed at frequented spots around the community, and a weekly calendar of events in the newspaper. Their center also has one of it's fundraisers-their letter of appeal for donations that most other agencies in our area do around the holidays. And they do a body safety story time unit in early child care provider's homes with a letter to send home with parents and one of the books for each child that we use for the story time.

-video by Collin Ray “Eleventh Commandment” for inspiration can be ordered at:

http://www.childhelpuse.org/abuseinfo_videos.htm

-Try bookmarks for the libraries as a way to promote Child Abuse Prevention month.