

Allergies

Harrison, Troon. *Aaron's Awful Allergies*. Kids Can Press, NY, c 1998. Aaron learns that he is allergic to animals with fur and has to cope with losing his pets. Ages 5-10.

Nassau, Elizabeth. *The Peanut Butter Jam*. Health Pr., c 2001. A boy with a peanut butter allergy learns that being different is okay. Ages 5 - 9.

Smith, Nicole. *Allie the allergic Elephant: A Children's story of Peanut allergies*. Jungle Communications, Inc., 2002. Allie helps children learn about food allergies and how to be a good friend when you can't share snacks. Ages 4 – 7.

Weiner, Ellen. *Taking Food Allergies to School*. JayJo Books, c 1999. Gives understanding to the symptoms and dangers of food allergies. Ages 5 - 9.