

Psychological Services for Children and their Families

Services are offered on both the Minneapolis and St. Paul campuses, with limited services at Woodwinds in Woodbury and Children's West in Minnetonka.

Our Services

- Individual and family therapy
- Psychological assessment
- Neuropsychological assessment
- Psychiatric evaluation and medication management (Available to children who are already patients of Children's mental health, pediatric, or subspecialty clinics.)

Problems addressed include:

- Depression
- Anxieties and fears
- School problems such as attention deficit hyperactivity disorder or learning disorders
- Behavioral problems such as temper tantrums, defiance, or rule-breaking
- Reactions to situations such as family turmoil or divorce
- Adjustment to or management of chronic illnesses (e.g., asthma, diabetes, cancer)
- Follow-up after head injuries such as an accident or stroke
- Concerns about your child's development
- Pediatric problems such as compliance with medical treatment or pain management
- Reaction to events such as a death or other traumatic event

Hours:

8 a.m. to 5 p.m. Monday through Friday

Contact us

In Minneapolis call 612-813-8455

In St. Paul call 651-220-6720

Insurance coverage

Our clinics can accept a variety of insurance plans but not all. Your insurance plan's provider manual is a good source of information about this. Our intake staff may be able to answer questions as well.

Mental health conditions

Learn more about these conditions and their treatment:

[Attention-Deficit/Hyperactivity Disorder \(ADHD\)](#)

[Chronic Illness and Teenagers](#)

[Learning Disabilities](#)

[Teenage Depression: What Parents Can Do](#)