Children's Hospitals and Clinics Apnea Monitor Event Record

Name_____

ALARMS					BABY															STIMULATION							
		Beeps			State			Breathing				Color					Tone											
Date	Time	Apnea	Slow Heart Rate	Fast Heart Rate	Feeding	Awake	Asleep	Normal	Shallow	None	Couldn't tell	Normal	Pale or Ashen	Dusky	Blue	Red/Purple	Limp	Still	No change	Couldn't tell	Stopped before observation	None-observed to Self- correct	Gentle touch	Vigorous touch	Rescue breathing	CPR	Choking procedure	Comments: Baby's health: meds, cold, fever, virus, immunizations illness Baby's activities: last feeding time, change in sleep patterns or schedule

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