



Pediatric Pain Management Basics

Best practices

This workshop will present best practices and recommendations for treating a variety of pain issues that confront the pediatric provider. Medical, psychological and integrative approaches to comprehensive pain management will be presented. This workshop is intended for physicians and advanced practice nurses that treat children.

Workshop director: Stefan Friedrichsdorf, MD

Medical Director for Pain and Palliative Care and Integrative Medicine

Thursday, February 9

Education Center - Minneapolis Campus

Tuesday, March 27

Children's St. Paul Campus

Agenda:

7:30- 8:15	Registration and Refreshments
8:15- 8:30	Welcome, Introductions and Overview
8:30- 9:00	Physiology of Pain and Principles of Pain Management Stefan Friedrichsdorf, MD
9:00- 10:00	Opioid Therapy in Pediatrics Stefan Friedrichsdorf, MD
10:00-10:30	Simple Analgesia: Acetaminophen, NSAIDS and COX-2 Kaci Osenga, MD
10:30- 11:00	Break
11:00 – 11:45	Opioid Rotation, Cross Tolerance and Weaning Barb Symalla, RN, CNS
11:45- 12:30	Integrative Medicine Strategies for Pain Control Maura Fitzgerald, RN, CNS
12:30- 1:15	Lunch (provided)
1:15- 1:45	Management of Opioid Induced Side Effects Stefan Friedrichsdorf, MD
1:45 – 2:15	Procedural Pain Management Barb Symalla, RN, CNS
2:15- 2:45	Break
2:45- 3:30	Chronic Pain: Communicating with Families When the Medical Work Up is Negative Christine Gibbon, PhD and Kavita Desai, PhD
3:30-4:00	The Role of the Pain, Integrative Medicine and Palliative Care Team Kaci Osenga, MD

4:00- 4:30 Questions and Discussion
4:30 Adjourn

Fee: Children's Hospitals and Clinics Employees \$25
Others \$50

Registration:

Space is limited. Please complete and return this form with payment:

Minneapolis Workshop by February 1, 2012

St Paul Workshop by March 20, 2012

Fax: 612-813-6361

Mail: Children's Institute for Pain and Palliative Care

Mail Stop 40-409

Children's Hospitals and Clinics of MN

2525 Chicago Ave. South

Minneapolis, MN 55404

Name _____ Phone _____

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Workshop Date: _____ Feb 9 - Minneapolis Campus

_____ Mar 27 - St Paul Campus

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Questions? Contact us at 612.813.6450 or cippc@childrensmn.org