

	DATE: NPH or Ultralente and Regular or Humalog/Novolog																							
Hour	1	2	3	4	5	6	7	8	9	10	11	12	13/1	14/2	15/3	16/4	17/5	18/6	19/7	20/8	21/9	22/10	23/11	24/12
BI Sugar																								
Carbs																								
Rg/Hum																								
NPH/Ult																								
Activity																								

Notes:

	DATE:																							
Hour	1	2	3	4	5	6	7	8	9	10	11	12	13/1	14/2	15/3	16/4	17/5	18/6	19/7	20/8	21/9	22/10	23/11	24/12
B/Sugar																								
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