

Your child's visit to Children's Outpatient Laboratory

Children's – Minneapolis Outpatient Laboratory

4th floor, Tower
2525 Chicago Avenue South
Minneapolis, MN 55404
Phone: (612) 813-6280
Fax: (612) 813-6951
[Maps, parking, directions, etc. ▶](#)

Children's – St. Paul Outpatient Laboratory

Garden View Medical Building, 3rd floor
347 North Smith Avenue
St. Paul, MN 55102
Phone: (651) 220-6550
Fax: (651) 220-5280
[Maps, parking, directions, etc. ▶](#)

Your child has been scheduled for lab tests at either the Children's - St. Paul or the Children's - Minneapolis outpatient lab. When you come for the test, **please bring your doctor's orders with you, or ask your doctor to fax the order** to Children's at the appropriate lab location. This will help prevent delays or missed orders.

Registration

Your child must go to registration (also called "admitting") before having lab testing. When you register, you will be asked to provide information about your child, including:

- your child's name
- the name of your child's physician and ordering physician, if they are different
- the name of your insurance company and policy number (please bring your insurance card with you)

Parking

At Children's - St. Paul: Parking is available in the Red Ramp, which is connected to the Garden View Medical Building, or in any of the nearby parking ramps.

At Children's - Minneapolis: Parking is available in the visitors' ramp, connected to the hospital by a skyway. Rates are approximately \$1.75 per hour on both campuses.

Where to go

At Children's - Minneapolis, weekdays: Registration and lab are located on the fourth floor of the Tower. Families can enter the Tower through its own ground floor entrance, or, if using the parking ramp, enter through the skyway connected to the hospital on the second floor. Weekday hours are Monday- Friday, from 8 a.m. to 6 p.m.

At Children's - Minneapolis, other times: On weekends, holidays, or after 6 p.m., go to registration, located on the first floor of the hospital near the main entrance. You will be directed to the main laboratory, located on the second floor of the hospital.

At Children's - St. Paul, weekdays: Registration and lab are located on the 3rd floor of the Garden View Medical Building, 347 N. Smith Avenue, St. Paul, next to Children's – St. Paul. Weekday hours are Monday-Friday, from 8 a.m. to 6 p.m.

At Children's - St. Paul, other times: On weekends, holidays, or after 6 p.m., go to the Children's - St. Paul emergency room, and inform the triage nurse that you are here for labs. You will be directed to admitting to register for your child's procedure. Please be aware that because

of inpatient commitments, there could be delays if you have lab or specimen drop-offs on weekends, holidays, or after hours.

Preparing your child for a visit

It is important to be honest with your child, describing exactly what will be happening. For most children, a one-day notice of blood work is adequate. Too much time to worry can increase their anxiety.

Please remember that for many children, needles are frightening. It is important that children don't feel ashamed or embarrassed about how they feel. Before testing, Children's staff will explain the procedure and try to help reduce fears your child might have. It's hard to predict exactly how your child will react to the procedure - every child reacts differently.

During the procedure, it might be helpful for a child to "daydream" about something fun, or to have a familiar toy to look at. Families are a big part of helping keep a child calm and comforted during this time.

For more information

If you have any questions or need further information, please call the St. Paul lab at **(651) 220-6550** or the Minneapolis lab at **(612) 813-6280**.