

Violence in the home

Children often feel responsible for the violence in their homes.

Children who are exposed to conflict and violence in their homes may have:

- Sleeping and eating routines disrupted.
- Few friends.
- Complaints of stomachaches and headaches.
- Less participation in activities.
- Wetting accidents and increased thumb sucking.
- Poor self-confidence.
- Poor school performance and attendance.

Some children who are exposed to violence in the home are often more aggressive and disruptive. Others may have more stomachaches and headaches, and be more withdrawn.

Preschoolers often act frightened a lot and are irritable.

If you are concerned about violence and conflict in your life, do something about it. Talk with your doctor. Call a help line. Each of use deserves the best of life.

St. Paul Domestic Abuse Intervention Project, (651) 645-2824

Wilder Community Assistance Program, (651) 221-0048

Men's Line, (612) 379-6367

Family Service, (651) 222-0311

Women's Advocates, (651) 227-8284

Family Focus is a series of positive parenting tips and information sheets developed by specialists at Children's Hospitals and Clinics, Minneapolis/St. Paul, MN. For a complete list of topics, visit our Web site: <http://www.childrensmn.org/>, and click on "For Families and Patients" then "Positive Parenting."

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