

Volunteer Opportunities



Volunteer opportunities are listed by hospital campus with a brief description of what the position involves and times needed. Shifts are 2-4 hours a week based on departmental needs and volunteer availability. Volunteers are asked to make a minimum commitment of one shift per week for 6 months (60 hours). Students are asked to make a minimum commitment of one semester (40 hours).

St. Paul Only Opportunities: (345 N. Smith Avenue, St. Paul, MN 55102)

Emergency Department	Monday, Tuesday, Thursday, Saturday, & Sundays 7:00 PM to 9:30 PM Assist ED staff by helping with the upkeep of toys, stocking supplies and running errands. Play and support patients and siblings in the ED waiting areas as needed.
Child Life Playroom:	Monday – Friday 10:00 AM to 12:00 PM and 2:00 PM to 4:00 PM Assist the Child Life Activities Associate with playroom events. Monitor playroom activity and create a safe environment for children to play and interact with each other.
Developmental & Rehabilitation:	Monday – Saturdays 8:00 AM to 5:00 PM - OPENINGS ARE LIMITED Assist pediatric therapy staff (Occupational Therapists, Physical Therapists and Speech Language Pathologists) in maintaining the treatment area, clerical tasks and errands. This opportunity is specifically for people enrolled in an academic track for OT and/or PT as a career.

Minneapolis Only Opportunities: (2525 Chicago Ave South, Minneapolis, MN 55404)

Sibling Play Area:	Monday – Friday 9:00 AM to 8:00 PM Saturday - 9:00 AM to 5:00 PM Assist the sibling play coordinator in supervising and providing support for siblings in the Sibling Play Area. Help engage children in activities including painting, drawing, and reading.
Surgery Family Waiting Room:	Monday – Friday 7:30 AM to 4:00 PM Help ease the anxious waiting time for parents awhile their child is in surgery by tracking surgery times, keeping in contact with the recovery room staff, and ensuring communication between the family and the surgery staff.

St. Paul and Minneapolis Opportunities

Administrative/Clerical Support:	Monday – Friday 8:00 AM to 5:00 PM Assist various departments with clerical duties such as data entry, answering phones, mailings, special projects, filing and photocopying.
Home Care/Hospice:	Flexible 4 hours/week Visit Home Care/Hospice children in their homes within the community. Read to children, plan craft activities, play games, assist with siblings, and help family with errands. Extensive training provided only once a year and one-year commitment requested.
Inpatient	Monday – Sunday 9:00 AM to 8:00 PM Assist Child Life and nursing staff in fostering a play environment for patients and siblings of patients ages newborn to adolescent through the use of toys, activities, and attending special events. Assist by playing, comforting and visiting with children in the playroom or patient room. Provide additional help by stocking supplies and running errands.
Children's Library Cart/Wagon:	Monday – Friday Flexible Hours Distribute books to patients on the inpatient floors and assist with basic library duties.
Pharmacy:	Monday – Friday 8:00 AM to 4:00 PM - OPENINGS ARE LIMITED Assist Pharmacy staff with a variety of tasks including working with medications and clerical

tasks. This opportunity is specifically for people enrolled in an academic track for Pharmacy as a career.

Pre-Surgery Program:

STP - Thursdays 4:30 PM to 7:00 PM - **OPENINGS ARE LIMITED**

MPLS - Mondays 6:00 PM – 8:00 PM

Assist nursing and child life staff with orienting children who are scheduled for surgery and their families to the hospital to help them become more familiar and comfortable with the hospital environment.

Welcome Desk Greeter/Guide:

Monday – Friday 7:00 AM to 6:00 PM

Volunteers are needed to meet and greet families and assist with escorting. Duties include greeting, directing, escorting, and assisting welcome desk staff with various projects and duties.