

Volunteer Opportunities



Volunteer opportunities are listed by hospital campus, with a brief description of position duties and times needed. Shifts are typically 3 hours per week; this timeframe may vary, based on departmental needs and volunteer availability. Adult volunteers are asked to make a minimum commitment of one shift per week for 6 months (60 hours). Students are asked to make a minimum commitment of one shift per week for one semester (40 hours).

St. Paul Only Opportunities: (345 N. Smith Avenue, St. Paul, MN 55102)

Emergency Department	Monday-Friday, 5:30-8:30 PM Assist ED staff by helping with the upkeep of toys, stocking supplies and running errands. Play with/support patients and siblings in the ED waiting areas as needed.
Child Life Playroom:	Monday – Friday, 10:00 AM-12:00 PM and 2:00-4:00 PM Assist the Child Life Activities Associate with playroom events. Monitor playroom activities and create a safe environment for children to play and interact with each other.
Developmental Rehabilitation:	Monday – Friday, 8:00 AM- 5:00 PM - OPENINGS ARE LIMITED Assist pediatric therapy staff (Occupational Therapists, Physical Therapists and Speech Language Pathologists) with maintaining the treatment area, clerical tasks and errands. <u>You must be a pre-PT/OT/speech student to volunteer in this area.</u>

Minneapolis Only Opportunities: (2525 Chicago Avenue S., Minneapolis, MN 55404)

Pharmacy	Monday – Friday, 8:00 AM-4:00 PM - OPENINGS ARE LIMITED Assist Pharmacy staff with a variety of tasks, including pre-packing and clerical work. <u>You must be a pre-pharmacy student to volunteer in this area.</u>
Sibling Play Area:	Monday – Friday, 9:00 AM-5:00 PM/Saturday, 11:00 AM-5:00 PM Assist the Sibling Play Coordinator in supervising and providing support for siblings in the Sibling Play Area. Help engage children in activities including painting, drawing, and reading.
Surgery Family Waiting Room:	Monday – Friday, 7:30 AM-5:00 PM Help ease the anxious waiting time for parents while their child is in surgery by tracking surgery times, keeping in contact with the recovery room staff, and ensuring communication between families and surgery staff.

St. Paul and Minneapolis Opportunities

Home Care/Hospice:	Flexible, 4 hours/week OPENINGS ARE LIMITED Visit Home Care/Hospice children in their homes within the community. Read to children, plan craft activities, play games, assist with siblings, and help families with errands. <u>Extensive training provided only once a year, and one-year commitment requested.</u>
Inpatient Units	Monday – Sunday, 9:00 AM-8:00 PM EVENING/WEEKEND OPENINGS ARE LIMITED Assist Child Life and nursing staff in fostering a play environment for patients and siblings of patients ages newborn to adolescent through the use of toys, activities, and attending special events. Assist by playing, comforting and visiting with children in the playroom or patient room. Provide additional help by stocking supplies and running errands.
Children's Library Cart/Wagon	Monday-Friday, Flexible Hours Distribute books to patients on the inpatient floors & assist with basic library duties.
Welcome Desk Greeter/Guide	Monday-Friday, 7:30 AM-3:00 PM Provide a warm welcome by greeting, escorting, and directing Children's families.