

# NCAUJ LUS TXOG KAS CEES HIV THIAB TUS KAB MOB COVID-19

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Ntawm no yog ib cov ncauj lus sau ua ke los ntawm Children's Minnesota pab neeg kho kas cees HIV txog tus kab mob COVID-19 (puav leej paub hu ua Novel Coronavirus) thiab kas cees HIV. Cov ncauj Lus txog tus kab mob COVID-19 hloov ceev kawg. Xav paub cov ncauj lus tshiab, txuas mus xyuas cov vas sab nram no:

- [Children's Minnesota](#)
- [Minnesota Tuam Tsev Tswj Xyuas Kev Noj Qab Haus Huv \(Minnesota Department of Health \(MDH\)\)](#)
- [Cov Koom Haum Tswj thiab Tiv Thaiv Kab Mob \(Centers for Disease Control and Prevention \(CDC\)\)](#)
- [Coronavirus.gov](#)
- [Koom Haum Ntiaj Teb Kev Noj Qab Haus Huv \(World Health Organization \(WHO\)\)](#)
- [National Institutes of Health \(NIH\)](#)

Xav paub cov ncauj lus txog kas cees HIV thiab COVID-19 nkaus xwb xyuas cov ncauj lus nram no:

- Cov Koom Haum Tswj thiab Tiv Thaiv Kab Mob (Centers for Disease Control and Prevention (CDC)) – [Yam yuav tau paub txog kas cees HIV thiab tus kab mob COVID-19](#)
- [Cov Lus Tseeb Txog Kas Cees HIV](#) – qhia muaj cov ncauj lus los ntawm Minnesota cov kws kho kas cees HIV, nrog rau cov lus pom zoo los ntawm CDC thiab lwm cov chaw muaj koob nto npe txog kas cees HIV thiab tus kab mob COVID-19.

Thaum tu xyuas koj tus me nyuam hauv tsev, koj yuav npaj txhij dua yog koj coj raws cov tswv yim nram no.

- Nyob sib nrug deb thiab ntxuav tes huv si thiab paub cov kev pom zoo tshiab los ntawm CDC txog kev nyab xeeb.

- Txhaj tag nrho cov tshuaj tiv thaiv nruab nrog ces kom txhij, nrog rau tshuaj tiv thaiv influenza thiab tshuaj tiv thaiv kab mob ntsws txhaws dej.
- Muaj cov tshuaj kho kev kis kas cees antiretroviral (ARV) thiab lwm cov tshuaj kom txaus siv tsawg kawg yog 30-hnb thiab qhov zoo mas yog txaus siv txog 90-hnub.
- Sib tham nrog koj tus kws muag tshuaj thiab/los yog kws kho mob txog kev hloov txoj kev xa tshuaj thaum twg tsim nyog.
- Sib tham nrog koj tus kws kho mob txog cov kev tham hauv xov tooj los yog saum huab cua (kho mob hauv xov tooj) los hloov kev ntsib tim ntsej tim muag rau txoj kev kho cov kev mob txuam rau kas cees HIV thaum lub sij hawm no.
- Sib tham nrog koj tus kws kho mob txog kev ncuab lub sij hawm teem ntsib rau cov kev mob txuam rau kas cees HIV thiab cov kev tso ntshav ntsuas yog tias koj tus mob kas cees HIV yeej nyob tus thiab koj tsuas yog noj tshuaj nkaus xwb.
- Muaj cov xov tooj rau koj pab neeg kho kab mob kev nkeeg, lub khw muag tshuaj thiab lub chaw pov hwm them nqi kho mob kom muab kiag tau siv.

Thov hu rau koj pab neeg kho kas cees HIV hauv Children's Minnesota yog tias koj muaj lus nug txog koj tus kab mob kas cees HIV.