Lab Dept: Chemistry

Test Name: BILIRUBIN, TOTAL & DIRECT

General Information

Lab Order Codes:	BILI		
Synonyms:	Total & Direct Bilirubin; Nbil; Neonatal Bilirubin; Conjugated Bilirubin		
CPT Codes:	82247 – Bilirubin, total 82248 – Bilirubin, direct		
Test Includes:	Total and direct bilirubin concentrations reported in mg/dL.		
Logistics			
Test Indications:	Bilirubin is the orange-yellow pigment derived from senescent red blood cells. It is extracted and biotransformed in the liver. Bilirubin is screened and monitored for liver disorders, such as jaundice, or liver disease, such as cirrhosis. Total bilirubin measures the entire concentration of bilirubin in the blood.		
Lab Testing Sections:	Chemistry		
Phone Numbers:	MIN Lab: 612-813-6280		
	STP Lab: 651-220-6550		
Test Availability:	Daily, 24 hours		
Turnaround Time:	1 hour		
Special Instructions:	N/A		
Specimen			
Specimen Type:	Blood		
Container:	Preferred: Green top (Li Heparin) tube Alternate: SST: Gold, marble or red top tube or Green (NaHep) tube		
Draw Volume:	0.6 mL blood		
Processed Volume:	0.2 mL plasma/serum		
Collection:	Routine blood collection		

Special Processing:	Lab Staff: Specimen must be separated from cells within 2 hours of collection. Centrifuge specimen, remove serum/plasma aliquot into plastic sample cup. Analyze within 2 hours, or protect from light by using foil or an amber tube. Store refrigerated. When protected from light, samples are stable for 8 hours at room temperature, at 2-8 degrees C for 1 week and at <-20 degrees C for 3 months.	
Patient Preparation:	Remove photo therapy prior to sample collection.	
Sample Rejection:	Unlabeled or mislabeled specimens	

Interpretive

Reference Range:

Total			
Age:	Range (mg/dL):		
0 – 14 days	0.2 – 16.6		
15 – 364 days	0.1 – 0.7		
1 – 8 years	0.1 – 0.4		
9 – 11 years	0.1 – 0.6		
12 – 14 years	0.1 – 0.7		
15 – 18 years	0.1 – 0.8		
Adult	0.2 – 1.2		
Direct			
0 – 14 days	0.3 – 0.7		
15 – 364 days	0.1 – 0.3		
1 – 8 years	0.1 – 0.2		
9 – 12 years	0.1 – 0.3		
13 – 18 years	0.1 – 0.4		
Adult	0.0 – 0.5		

Critical Values:	Total:		
	>1 day:	>15.0 mg/dL	
	<1 day:	>12.0 mg/dL	
Limitations:	Hemolysis of the sample falsely decreases the direct bilirubin result. Exposure to light rapidly and significantly decreases bilirubin.		
Methodology:	Total: Diazonium Salt Direct: Diazo reaction		
References:	 Frequently Asked Questions (March 2008) Dade Behring Biorad Liquichek Pediatric Control Product Insert Clinical Significance, Dade Behring Inc., Glasgow Business Community, Mailbox 531, P.O. Box 6101, Newark, Delaware 19714 Jacobs & DeMott Laboratory Test Handbook (2001) Lexi-Comp Biorad Liquichek Unassayed Chemistry Control Product Insert 		
Updates:	2/8/2016: Update alt tube types 9/14/2016: Protect from light update 9/23/2020: Updated specimen stability info. 11/9/2020: Removed method VISTA method retired, updated for metho Alinity, containers		