Lab Dept: Serology

Test Name: CMV ANTIBODY, IGM

General Information

Lab Order Codes:	CMVM	
Synonyms:	Anti-CMV Antibodies - IgM ; Cytomegalovirus Antibodies – IgM; CMV Antibodies, IgM	
CPT Codes:	86645 – CMV antibodies (IgM)	
Test Includes:	Anti-CMV Antibodies, IgM	
Logistics		
Test Indications:	Intended for the qualitative detection of IgM antibodies to Cytomegalovirus in human sera to indicate recent exposure to CMV.	
Lab Testing Sections:	Chemistry (Performed on the St. Paul campus)	
Phone Numbers:	MIN Lab: 612-813-6280	
	STP Lab: 651-220-6550	
Test Availability:	Daily, 24 hours	
Turnaround Time:	2 – 10 hours, testing is performed daily	
Special Instructions:	N/A	
Specimen		
Specimen Type:	Blood	
Container:	SST (Gold, marble or red)	
Draw Volume:	1 mL blood	
Processed Volume:	0.2 mL serum	
Collection:	Blood should be collected aseptically by venipuncture and placed in a SST sterile container without anticoagulant and allowed to clot at room temperature.	

Special Processing:	Lab Staff: Centrifuge specimen as early as possible after it has clotted; transfer serum to a plain polypropylene tube and refrigerate. If testing is delayed longer than 2 days, serum should be frozen at -20°C or colder. Do not store serum in a self-defrosting freezer.
Patient Preparation:	None
Sample Rejection:	Sera exhibiting a high degree of hemolysis; icterus; lipemia or microbial contamination are not recommended because these conditions may cause aberrant results. Mislabeled or unlabeled specimens.
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Interpretive

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Reference Range:	The results w	The results will be reported as a numerical value with interpretation.				
	<30	Negativ	/e			
	≥35	Positive	3			
	30 – 34.9	Equivoo	Equivocal			
		Expected values: Negative – No exposure to CMV. No detectable IgM antibodies present.				
	Interpretatio	Interpretation:				
	IgM Result		Interpretation			
	Negative		No exposure to CMV or too early for antibody			

IgM Result	Interpretation
Negative	No exposure to CMV or too early for antibody response
Positive	Patient has recently been exposed to CMV

Equivocal Result: "Borderline Result" – suggest repeat specimen be obtained in 7-14 days.

Critical Values:

N/A

Limitations:	Samples collected early in the course of a CMV infection may not have detectable levels of antibody. In such cases, it is recommended that a second serum sample be obtained 10-21 days later.
	Positive results on CMV-IgG antibody in neonates should be interpreted with caution, since maternal IgG is transferred passively from mother to baby before birth. IgM assays are generally more useful indicators of infection in children below the age of 6 months.
	Results from immunosuppressed patients should be interpreted with caution. Assay characteristics have not been established for immune compromised patients.
Methodology:	Chemiluminescent Immunoassay (CLIA)
References:	Liaison® CMV IgM (310750) (February 2009) Directions for Use, DiaSorin, Inc., Stillwater, MN 55082
	NCCLS Guideline I/LA 18-A2 (September 2001) Specifications for Immunological Testing for Infectious Diseases; Approved Guideline-Second Edition, Vol 21, No 15
Updates:	9/12/2005:Testing turnaround time previously listed as 1-6 days, testing performed 1 time per week. 8/29/2011: Testing method change, previously listed as ELISA. Note updated reference ranges. 2/9/2016: Updated container types 8/13/2019: Updated TAT and stability.