

GUARDIANSHIP & DECISION-MAKING RESOURCES

A person is considered a legal adult and their own guardian when they turn 18. Adults with disabilities have full rights and responsibilities unless guardianship or other supported decision-making options are established.

Center for Excellence in Supported Decision Making (CESDM)

Guardianship information line: 1-844-333-1748

Website: <https://www.voamnwi.org/guardianship-supported-decision-making>

The ARC Minnesota

Phone: 1-866-797-1122

Guardianship resources:

<https://arcminnesota.org/learn-connect/learning-center/guardianship-disabled-adults/>

Disability Hub Minnesota

Phone: 1-866-333-2466

Guardianship and alternatives overview:

<https://disabilityhubmn.org/top-topics/other/guardianship-and-alternatives/>

Law Help Minnesota

Guardianships and Conservatorships:

<https://www.lawhelpmn.org/self-help-library/fact-sheet/guardianships-and-conservatorships>

Health Care Directives:

<https://www.lawhelpmn.org/self-help-library/fact-sheet/health-care-directives>

Powers of Attorney:

<https://www.lawhelpmn.org/self-help-library/fact-sheet/powers-attorney>

To note: Most of these resources can connect you with trained advocates who can discuss the range of options available to support someone in making decisions but cannot decide what is best for your family.

Minnesota Disability Law Center

Phone: 1-800-292-4150

Website: <https://mylegalaid.org/disability-law-center/>