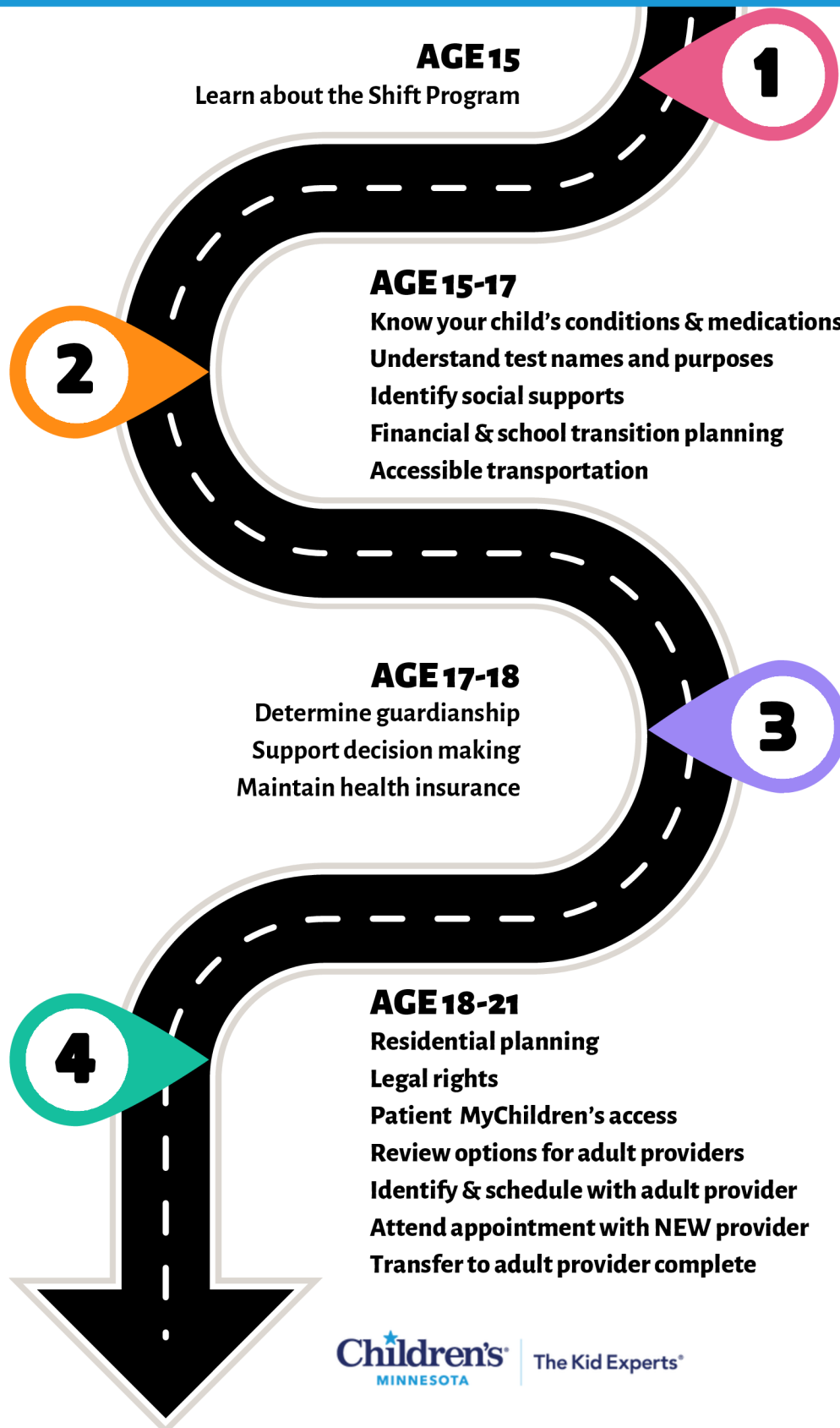


# ROADMAP TO ADULTHOOD

*Steps Along the Way for Caregivers & Teens Who Will Need Ongoing Support*



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# ROADMAP TO ADULTHOOD

*Steps Along the Way for Caregivers & Teens Who Will Need Ongoing Support*

**1**

## **AGE 15**

- ☐ LEARN ABOUT THE SHIFT PROGRAM

**2**

## **AGE 15-17**

- ☐ KNOW YOUR CHILD'S CONDITIONS & MEDICATIONS
- ☐ UNDERSTAND TEST NAMES AND PURPOSES
- ☐ IDENTIFY SOCIAL SUPPORTS
- ☐ FINANCIAL & SCHOOL TRANSITION PLANNING
- ☐ ACCESSIBLE TRANSPORTATION

**3**

## **AGE 17-18**

- ☐ DETERMINE GUARDIANSHIP
- ☐ SUPPORT DECISION MAKING
- ☐ MAINTAIN HEALTH INSURANCE

**4**

## **AGE 18-21**

- ☐ RESIDENTIAL PLANNING
- ☐ LEGAL RIGHTS
- ☐ PATIENT MYCHILDREN'S ACCESS
- ☐ REVIEW OPTIONS FOR ADULT PROVIDERS
- ☐ IDENTIFY & SCHEDULE WITH ADULT PROVIDER
- ☐ ATTEND APPOINTMENT WITH NEW PROVIDER
- ☐ TRANSFER TO ADULT PROVIDER COMPLETE



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