



COVID-19

Children's Minnesota Age 19-24 Admission Criteria During COVID-19 Pandemic



Reviewed August 1, 2021

Children's Minnesota has adjusted the upper patient age limit for inpatient and ED care. Children's will accept patients up to 25 years of age (previously 21) with conditions we routinely manage and have the organizational ability and resources to do so.

These general guidelines are intended to provide the Children's inpatient teams, subspecialty groups and emergency department with general criteria to use when evaluating a transfer request and/or determining whether a patient who has arrived in the ED via walk – in or EMS will be admitted to an inpatient service.

Children's – Minnesota will accept, manage and admit patients ages 19 – 24 with a variety of presenting conditions. Referral to an adult facility should be considered for the following conditions, diagnoses or concerns*:

Pregnancy/Obstetrical Concerns (excluding transfers to Mother – Baby)

Orthopedic Concerns (will continue to accept patients under 15 years of age only)

Acute Mental Health Issues (including acute substance abuse, drug withdrawal, and/or acute aggressive behaviors)

End Stage Renal Disease and/or need for Intermittent Scheduled Hemodialysis (per current practice, patients w/acute renal failure can be accommodated and continuous renal replacement therapy is available)

Morbid Obesity: >180 kg/400 lbs (Radiology table limit 209 kg; inpatient bed limit 250 kg)

Penetrating Trauma (via EMS; transfer requests evaluated on a case by case basis)

Current Trauma Program Limitations (patients with conditions consistent with our current capabilities will be accepted)

Registered Sex Offenders (www.nsopw.gov transfer requests: CPA; ED Admits: HNS)

Conditions for which Adult Centers have Unique Expertise:

- Stroke >15 years (current practice)
- Myocardial Infarction

Patients in Law Enforcement Custody: in order to ensure that adequate and appropriate resources are available, each case will be evaluated via a Risk Assessment Team (RAT) call which should include a member of the Children's Equity and Inclusion team.

**These guidelines are intended to apply in most clinical situations; however, clinician discretion is advised with reasonable exceptions per approval of the on call Division Chief or CMO*

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Reviewed: COVID Clinical Core committee; Sicoli, Chapman