

N95 Respirator - User Instructions

When to Wear:

- When entering the room of a patient who is in [Airborne Precautions](#).

Medical Clearance & Fit Testing:

- Before an employee wears an N95 respirator, they must complete the [Respirator Medical Questionnaire](#) and receive clearance from Children's Employee Health Services (EHS) to wear it.
- After the employee is medically cleared to wear an N95, they must be fit tested with the respirator prior to using it. Fit testing ensures the respirator properly seals against the employee's face for adequate protection. Contact Children's EHS at (952)992-5372 to get fit tested.

Proper Care:

- Mask may be worn repeatedly with the same patient as long as it is placed in a clean paper bag in between uses, and:
 - It is not obviously soiled
 - It is not frayed or wet
 - Patient is not also in contact precautions for a contact spread organism.
- Keep in clean, dry environment.

N95 Limitations:

- Not to be used with beard or other facial hair that will prevent seal.
- Refit test needed for any weight gain or loss of >10 lbs or change in facial contour.
- Not intended to protect from chemical exposure
- Will not provide protection in oxygen deficient atmospheres.

How to put on an N95 Respirator:



Remove respirator from packaging and hold straps facing upwards.



Move the bottom strap so that it is positioned under the lower flap.



Fully open top and bottom panels, bending nosepiece around thumb at center of foam. Straps should separate when panels are opened. Make certain bottom panel is unfolded and completely opened. Place Respirator on your face so that the foam rests on your nose and the bottom panel opens under chin.



Pull the top strap over your head and position it high on the back of your head.



Pull the bottom strap over your head and position it around the neck and below the ears.



Adjust for a comfortable fit by pulling top panel toward the bridge of the nose and bottom panel under chin.



Place your fingertips from both hands at the top of the metal nosepiece. Using two hands mold the nose area to the shape of your nose by pushing inward while moving your fingertips down both sides of the nosepiece.



Perform a user seal check prior to each wearing. To check fit, cover the middle panel with one or both hands. Inhale and exhale slowly. Be careful not to disturb the position of the respirator. If air leaks around the nose, readjust the nosepieces as described above. If air leaks around the respirator edges, adjust panels and straps.