

Inpatient Visiting Standards

Parent handout

The following visiting standards are in place to protect patients, families, visitors and staff.

General Guidelines:

- Parents/legal guardians may visit 24 hours per day. For all others, visiting hours are 8am to 9pm
- All parents/legal guardians and visitors must follow current hospital masking guidance.
- All parents/legal guardians and visitors are screened for wellness daily and may not visit if they do not pass the wellness screening.
- No more than FOUR people may visit at the bedside at one time. This includes parents/legal guardians.
 - Note: Clergy are not considered visitors and may be present in a patient's room above and beyond the limit of four people at a time, as long as they have passed the wellness screening.
- Children **up to age 11** must be from the same household as the patient in order to visit.
- No children **under age 2** may visit.
- Children **ages 2-4**:
 - May not visit if the patient is hospitalized for 2 weeks or less.
 - For patients hospitalized for more than 2 weeks: siblings age 2-4 who pass the wellness screening may visit one time per week for up to 30 minutes.
 - In neonatal units: siblings age 2-4 will be allowed a one-time visit to meet their new sibling(s) within the first 2 weeks of life. *Note: excludes CVICU
- Adolescents **ages 12-15** must be initially accompanied to the hospital by an adult. If they demonstrate appropriate behaviors, specific arrangements may be made with nursing to visit without an accompanying adult.

- Adolescents **ages 16-17** are allowed to visit independently if approved by the patient's legal guardian.
- Avoid touching one's face and wash hands frequently.
- Visiting may be further restricted by staff based on patient's condition.

Masks:

- Masks are optional for parents/legal guardians, visitors, employees, volunteers, students, staff and contractors except when required by policy
- Anyone can wear a mask if they want to
- Parents/legal guardians can request that their care team wear an earloop mask
- Masks are required in some situations, such as:
 - When a child has a diagnosis that requires masks to be worn.
 - If you are a parent/legal guardian with mild symptoms such as cough or runny nose. (If you have symptoms of illness and are not a parent/legal guardian, please do not visit.)
 - If you have been exposed to someone with COVID-19 or other illness.
- Children's Minnesota staff will continue to wear standard personal protective equipment such as gloves, gown and masks, per policies when needed.