

CHILDREN'S MINNESOTA

Kev npaj rau kev phais mob

Koj tus me nyuam tau teem caij rau kev phais mob ntawm Children's Minnesota. Thov ua zoo tshab xyuas cov ntaub ntawv txuas mus no kom pab koj npaj thiab ua kom ntseeg siab tias koj tus me nyuam qhov phais mob tseem nyob rau hauv qhov teem caij ntawd.

Kev hu xov tooj ua ntej phais mob

Tus kws tu mob ntawm Children's Minnesota yuav hu koj li ob txog plaub hnuv ua ntej phais mob txhawm rau:

- Ua kev ntsuam xyuas kev noj qab haus huv.
- Muab cov ntaub ntawv hais txog lub sijhawm tuaj txog thiab chaw nres tsheb.
- Muab cov lus qhia tshwj xeeb hais txog thaum koj tus me nyuam yuav tsum tsis txhob noj mov thiab haus dej ua ntej phais mob.

Daim npe kuaj tseem ceeb

Koj yuav tsum ua kom tiav tsib cov kauj ruam no ua ntej koj tus me nyuam phais mob yog tsis li ntawd ces qhov phais mob ntawd yuav qeeb thiab raug thim.

- ☐ **Kev kuaj mob ua ntej phais mob:** Teem caij kuaj mob ua ntej phais mob nrog lub chaw kuaj mob ua ntej phais mob ntawm 612-813-7474 los sis nrog koj tus me nyuam lub chaw saib xyuas kev noj qab haus huv xub thawj kom tsis pub dhau 30 hnuv ua ntej phais mob.
- ☐ **Cov ntaub ntawv pov thawj ntawm tus kws pab kho mob tshwj xeeb (yog muaj):** Yog koj tus me nyuam mus ntsib tus kws kho mob tshwj xeeb (xws li tus kws kho mob plawv, tus kws kho mob txog qog tsim hos moj hauv lub cev, thiab lwm tus ntxiv), txuas lus rau cov chaw kuaj mob ntawd txhawm rau nug seb lawv puas xav tau cov ntaub ntawv tshwj xeeb los lis qhov phais mob.
- ☐ **Kev sau npe neeg mob:** Ua kom tiav txhua cov ntaub ntawv kev sau npe thiab ua kom paub tseeb tias koj cov ntaub ntawv kev tuav pov hwm yog qhov tseem tshiab.
- ☐ **Yuav tsum muaj niam txiv/tus saib xyuas me nyuam raws cai tuaj koom thiab npaj cov ntaub ntawv pov thawj kom txhij:** Tsim nyog tawm phiaj xwm kom muaj yam tsawg kawg yog ib tug niam txiv los sis tus saib xyuas me nyuam raws cai tuaj koom nyob rau ncuaj sijhawm phais mob. Nqa cov ntaub ntawv pov thawj txog kev ua tus saib xyuas me nyuam raws cai tuaj (yog muaj).
- ☐ **Cov lus qhia txog kev yoo mov:** Ua raws txhua cov lus qhia ntsig txog thaum koj tus me nyuam yuav tsum tsis txhob noj mov lthiab haus dej.

Cov peev txheej kev pab

Nrhiav cov npe pob khoom uas yuav tsum npaj thiab lwm cov peev txheej kev pab los pab npaj rau kev phais mob ntawm childrensMN.org/planningforsurgery los sis xab kees tus khaij QR.



Daim npe kuaj kev tawm phiaj xwm rau kev phais mob (Nploo 1 ntawm 3)

Nov yog daim npe kuaj rau qee yam uas yuav tau ua-ua ntej koj tus me nyuam phais mob.

Kiag tam sim ntawd thaum muaj kev teem caij phais mob

□ **Teem caij kuaj mob ua ntej phais mob** nrog peb lub chaw kuaj mob ua ntej phais mob ntawm 612-813-7474 los sis nrog koj tus me nyuam lub chaw kuaj mob saib xyuas xub thawj. Yuav tsum tau ua qhov no kom tsis pub dhau 30 hnub ua ntej hnub tim phais mob.

- o Thov kom koj tus kws pab kho mob saib xyuas xub thawj muab “Daim Foos Qhia Txog Keeb Kwm thiab Kev Kuaj Lub Cev (History and Physical Form)” fev mus rau Children’s Minnesota yam tsawg kawg yog ob hnub ua ntej phais mob.
Fev: 612-813-7704.

□ **Yog koj tus me nyuam mus ntsib tej cov kws pab kho mob tshwj xeeb txhawm rau cov kev xav tau txog kev noj qab haus huv tshwj xeeb** (xws li mob plawv, teeb meem kev ua pa, hos moj, qhov tsis zoo li ib txwm ntawm cov ntshav), thov hu rau cov kws pab kho mob tshwj xeeb no cov chaw ua hauj lwm yog xav qhia rau lawv paub tias koj tus me nyuam twb teem caij mus phais mob lawm. Thov cov ntaub ntawv los sis cov lus txib uas tej zaum koj yuav xav tau los ntawm lawv.

- o Koj yuav tsum muab cov theej tawm ntawm koj tus me nyuam cov ntawv xaus lus txog kev ntsib kws kho mob los ntawm koj tus me nyuam cov kev teem caij tshwj xeeb sai los no xa mus rau Children’s Minnesota.
- o Thov hais kom koj tus kws pab kho mob muab cov ntaub ntawv no fev mus rau Children’s Minnesota **yam tsawg kawg yog ob hnub ua ntej phais mob.** Tuaj yeem fev cov no mus rau 612-813-7704.

□ **Ua kom tiav cov ntaub ntawv kev sau npe neeg mob.** Ua kom paub tseeb tias koj cov ntaub ntawv kev tuav pov hwm yeej tseem tshiab. Hu rau 612-813-7900 los sis sau npe hauv oos lais ntawm [childrensmn.org/Applications/PreRegistration](https://www.childrensmn.org/Applications/PreRegistration)

□ **Tawm phiaj xwm kom muaj yam tsawg kawg yog ib tug niam txiv/tus saib xyuas me nyuam raws cai tuaj koom nyob rau hnub phais mob.**

- o Yog koj tus me nyuam muaj hnub nyoog 18 xyoo rov sauv thiab tsis tuaj yeem kos npe rau daim ntawv tso cai phais mob ntawm lawv tus kheej tau, ces koj yuav tsum nqa daim ntawv pov thawj ntawm daim ntawv kev ua tus saib xyuas me nyuam raws cai tuaj kom koj thiaj li kos npe tau rau daim ntawv tso cai phais mob ntawd sawv cev lawv.

- o Yog koj tus me nyuam nyob rau hauv lub chaw saib xyuas me nyuam ntsuag, ces koj yuav tsum paub meej tias hnub phais mob ntawd leej twg yuav yog tus muaj cai kos npe rau daim ntawv tso cai phais mob (xws li tus neeg ua hauj lwm pab zej tsoom, niam txiv yug) Email daim ntawv kev ua tus saib xyuas mus rau Children’s Minnesota Lub Chaw Tswj Ntaub Ntawv Kev Noj Qab Haus Huv (Health Information Management, HIM) ntawm HIM@childrensmn.org los sis fev mus rau 612-813-7704.

Qhov tseem ceeb: Kev tso cai phais mob yog sib txawv tshaj kev tso cai kho mob raws li ncuu dav. Koj tus me nyuam tsis tuaj yeem raug phais yam tsis muaj kev tso cai uas tsim nyog.

□ **Tawm phiaj xwm rau sij hawm so hauj lwm thiab npaj chaw saib xyuas me nyuam/mus kawm ntawv.** Tawm phiaj xwm kom muaj yam tsawg kawg yog ib nrab hnub yog koj tus me nyuam phais mob yav nruab hnub (txhais tau tias lawv tsis pw hmo ntuj hauv tsev kho mob). Ntxiv sij hawm ntxiv uas yuav xav tau ntawm lub chaw phais. Tawm phiaj xwm rau txhua lub sij hawm kho kom zoo rov qab los hauv tsev uas koj tus me nyuam yuav xav tau tom qab kev phais mob tag. Koj yuav tau txais lub sij hawm tuaj txog meej tseeb thaum tus kws tu mob ntawm Children’s Minnesota hu koj ob txog plaub hnub ua ntej phais mob.

Cov sij hawm phais mob tuaj yeem hloov tau mus txog yav tsaus ntuj ua ntej phais mob. Koj yuav tau txais ib tsab xov tooj hu tuaj ob txog plaub hnub ua ntej koj tus me nyuam qhov phais mob nrog rau cov lus qhia. Lub Chaw Ntsuam Xyuas Ua Ntej Phais Mob yog qhib 8 teev sawv ntxov txog 5 teev tsaus ntuj hnub Monday txog Friday ntawm 612-813-7010. Yog tsis muaj neeg teb xov tooj ces yuav kaw suab lus kom meej nrog rau cov lus qhia.

□ **Ua kev npaj saib xyuas rau cov kwv tij/lwm cov me nyuam thiab cov tsiaj yug.** Cov lus qhia kev mus xyuas cov neeg mob rau kev phais mob ntawm Children’s Minnesota tso cai rau ob tug neeg laus mus xyuas tau nyob rau hnub phais mob thiab tsis tso cai rau cov txheeb ze thiab lwm cov me nyuam mus xyuas tau. Tshab xyuas peb cov qauv cai kev mus xyuas ntawm [childrensmn.org](https://www.childrensmn.org). Ib tug neeg laus yuav tsum tuaj koom txhua zaum koj tus me nyuam tseem nyob ntawd.

Lub vij ua ntej phais mob

Tus kws tu mob ntawm Children's Minnesota yuav hu koj ob txog plaub hnub ua ntej phais mob. Tus kws tu mob yuav ua kev ntsuam xyuas kev noj qab haus huv, muab cov ntaub ntawv hais txog lub sij hawm tuaj txog, chaw nres tsheb, thaum koj tus me nyuam yuav tsum tsis txhob noj mov thiab haus dej ua ntej kev phais mob, thiab pab teb tej lus nug koj muaj.

- **Yog koj tus me nyuam ho mob ua ntej hnub phais mob**, ces thov hu rau peb Lub Chaw Ntsuam Xyuas Ua Ntej Phais Mob ntawm 612-813-7010. Tus kws tu mob yuav ntsuam xyuas seb koj tus me nyuam puas nyab xeeb mus phais mob los sis koj tus me nyuam tuaj yeem mus ntsib kws kho mob hauv peb lub chaw kuaj mob ua ntej phais mob txhawm rau kev ntsuam xyuas.
- **Yog koj tus me nyuam noj qhov tshuaj kho mob GLP-1**, ces thov tsum txhob siv qhov tshuaj ntawd li ib vij ua ntej phais mob. Cov tshuaj no yuav ua kom zaub mov hauv plab tawm qeeb dua li ib txwm, uas tuaj yeem ua rau muaj kev pheej hmoo mob ntawd dua nyob rau ncuaj sij hawm tso tshuaj loog. Qhia rau koj tus me nyuam tus kws phais mob thiab tus kws tso tshuaj loog paub yog koj tus me nyuam noj qhov tshuaj no. Cov piv txwv ntawm cov tshuaj GLP-1 suav nrog Ozempic, Wegovy, Rybelsus, Mounjaro, Zepbound, Victoza, Saxenda, Trulicity, Byetta thiab Adlyxin.
- **Tawm phiaj xwm tuaj kom txog ncav sij hawm nyob rau hnub phais mob**. Ntxiv sij hawm ntxiv rau kev khiav tsheb, huab cua, chaw nres tsheb thiab kev sau npe nkag. Mus saib childrensmn.org/your-visit/getting-here rau cov lus qhia txog kev mus thiab cov ntaub ntawv chaw nres tsheb. Peb tsis kaw rau huab cua phem.

Hnub ua ntej kev phais mob

Yog koj tsis tau txais ib tsab xov tooj hu los ntawm tus kws tu mob ntawm Children's Minnesota li ob txog plaub hnub ua ntej phais mob, thov hu rau 612-813-7010. Tus kws tu mob yuav muab sij hawm rau koj thaum tsum tsis txhob noj mov thiab haus dej.

- _____ tsis txhob noj txhua yam zaub mov uas tawv
- _____ tsis txhob haus mis/mis hmoov
- _____ tsis txhob pub niam mis
- _____ tsis txhob haus kua dej ntshiab (dej, Pedialyte)

- **Tawm phiaj xwm tuaj kom txog raws lub sij hawm uas tau teem caij thiab chaw nyob** uas tus kws tu mob muab nyob rau ncuaj sij hawm hu ua ntej koj phais mob.
- **Yog koj tus me nyuam ho muaj mob nyob rau** hnub ua ntej phais mob lawm, thov txuas lus rau peb Lub Chaw Ntsuam Xyuas Ua Ntej Phais Mob ntawm 612-813-7010.
- **Da dej rau koj tus me nyuam thiab ntxhua lawv cov khaub ncaws, daim pam pua chaw pw thiab pav vov kom huv si.**
 - Yuav kom txo tau kev pheej hmoo kis mob, mas koj tus me nyuam tsim nyog da dej kom huv si thaum yav tsaus ntuj ua ntej los sis sawv ntxov los sis phais mob. Yog lawv da dej kom huv si thaum yav tsaus ntuj ua ntej, lawv tsim nyog pw uas hnav cov khaub ncaws hnav pw, daim pam pua txaj thiab pam vov uas nyuam qhuav ntxhua huv si. Nyob rau hnub phais mob, lawv tsim nyog hnav khaub ncaws uas nyuam qhuav ntxhua huv si.
 - Yog tias koj tus kws phais mob tau muab cov lus qhia txog kev ntxhua uas siv xab npum tshwj xeeb, thov ua raws li cov lus qhia no.
- **Npaj lub hnab thaum yav hmo ntuj, lub rooj zaum muaj log me nyuam yaus thiab cov khoom plij siab.** Rau cov niam txiv/cov neeg saib xyuas me nyuam raws cai uas nyob yav hmo ntuj nyob hauv tsev kho mob, thov ntim khaub ncaws hnav, khoom siv hauv chav dej (pas txhuam hniav, cov khoom siv da dej, thiab lwm cov ntxiv). Tej zaum koj yuav xav nqa koj tus kheej lub hauv ncoo txhawm rau kev nplij siab.
- **Tshab xyuas qhov chaw phais mob thiab lub sij hawm tuaj txog.** Thov nco ntsoov tias lub sij hawm uas teev tseg hauv MyChildren niam txiv lub vev xaib yog lub sij hawm pib phais mob, tsis yog lub sij hawm tuaj txog.
- **Npaj kev thauj mus los** rau Children's Minnesota Lub Chaw Phais Mob.
- **Tshem** tag nrho koj tus me nyuam cov saw nyiaj saw kub thiab cov tshuaj pleev rau tes rau taw.

Hnub phais mob

- **Yog koj tus me nyuam ho muaj mob** nyob rau hnub phais mob, thov hu rau Children's Minnesota Lub Chaw Phais Mob ncaj nraim ntawm:
 - **Minneapolis:** 612-813-7373
 - **St. Paul:** 651-220-8520
 - **Minnetonka:** 952-930-8600
- **Nqa**
 - Cov laus uas tuaj ua ke nrog yuav tsum nqa lawv daim ntawv tsav tsheb thiab daim ID uas muaj duab.
 - Koj tus me nyuam/tus neeg mob cov ntaub ntawv kev tuav pov hwm.
 - Cov theej tawm ntawm cov ntaub ntawv uas tseem tsis tau muab xa mus rau Children's Minnesota, xws li daim ntawv kuaj mob ua ntej phais mob, daim ntawv pom zoo los ntawm cov kws kho mob tshwj xeeb thiab cov ntaub ntawv pov thawj kev ua tus saib xyuas me nyuam raws cai.
 - Daim npe cov tshuaj kho mob uas koj tus me nyuam tab tom noj (nws pab nqa cov tshuaj kho mob nrog koj) thiab tej cuab yeej kho mob ntawm tsev uas koj tus me nyuam xav tau (xws li BiPap, cuab yeej pab ua pa, thiab lwm yam ntxiv).
- **Ua raws cov sij hawm tsum tsis txhob noj mov thiab haus dej** los sis yog tsis ua raws li ntawd ces koj tus me nyuam qhov phais mob yuav qeeb thiab raug thim.
- **Tuaj txog ncav sij hawm.** Ntxiv sij hawm ntxiv rau kev khiav tsheb, huab cua, chaw nres tsheb thiab kev sau npe nkag. Peb tsis kaw rau huab cua phem. Koj yuav tuaj sau npe nkag ntawm lub rooj txais tos ntawm Lub Chaw Txais Tos Qhua thaum koj tuaj txog ntawm Children's Minnesota. Dhau li ntawd lawm tus neeg ua hauj lwm yuav qhia koj mus rau ntawm Lub Chaw Phais Mob.
 - Cov rooj sau npe nkag mus phais mob qhib thaum 6 teev sawv ntxov nyob rau hauv Minneapolis thiab St. Paul, thiab 6:30 teev sawv ntxov nyob rau hauv Minnetonka.
- **Thaum koj tuaj txog, thov sau npe nkag ntawm:**
 - **Minneapolis:** Mus rau Lub Chaw Txais Tos Qhua tshooj 2. Tom qab ntawd, lawv yuav coj koj mus rau Lub Chaw Phais Mob
 - Lub rooj txais tos qhua ntawm Lub Chaw Phais Mob qhib thaum 6 teev sawv ntxov.
 - **St. Paul:** Mus rau Lub Chaw Txais Tos Qhua tshooj 2. Tom qab ntawd, lawv yuav coj koj mus rau Lub Chaw Phais Mob.
 - Lub rooj txais tos qhua ntawm Lub Chaw Phais Mob qhib thaum 6 teev sawv ntxov.
 - **Minnetonka:** Mus rau lub rooj txais tos qhua ntawm Lub Chaw Phais Mob.
 - Lub rooj txais tos qhua ntawm Lub Chaw Phais Mob qhib thaum 6:30 teev sawv ntxov.

Puas muaj lus nug?

Yog muaj lus nug dab tsi, thov hu rau peb ntawm 612-813-7010.

