It can be frightening to hear the word cancer. At Children’s Minnesota, we’re experts in treating the disease and we’re here to help you through the journey. Use this as a guide for what you need to know before you leave the hospital. Please ask any questions that you have along the way.

1. I know the importance of blood counts and what they mean.
2. I can tell you the signs of anemia (low hemoglobin) and when to call the provider.
3. I know the signs of neutropenia (low WBC) and infections, precautions to follow and when to call the provider.
4. I know signs of thrombocytopenia (low platelets), precautions to follow, and when to call the provider.
5. I know what steps to take in the event of a fever, nose bleed, head bump or fall.
6. I can tell you about chemotherapy and supporting medicines.
7. I know how to help manage the side effects of treatment.
8. I can tell you about my child’s home medicines.
9. I know how to read my child’s roadmap.
10. I can tell you how to care for my child’s central line.
11. I know what supplies we will need at home.
12. I know how to care for my child at home.
13. I know when to call and how to contact the provider.
14. My follow-up appointments are scheduled.

Notes: