

MY CANCER JOURNEY

It can be frightening to hear the word cancer. At Children's Minnesota, we're experts in treating the disease and we're here to help you through the journey. Use this as a guide for what you need to know before you leave the hospital. Please ask any questions that you have along the way.

1

I know the importance of blood counts and what they mean.

2

I can tell you the signs of anemia (low hemoglobin) and when to call the provider.

3

I know the signs of neutropenia (low WBC) and infections, precautions to follow and when to call the provider.

4

I know signs of thrombocytopenia (low platelets), precautions to follow, and when to call the provider.

5

I know what steps to take in the event of a fever, nose bleed, head bump or fall.

6

I can tell you about chemotherapy and supporting medicines.

7

I know how to help manage the side effects of treatment.

8

I can tell you about my child's home medicines.

9

I know how to read my child's roadmap.

10

I can tell you how to care for my child's central line.

11

I know what supplies we will need at home.

12

I know how to care for my child at home.

13

I know when to call and how to contact the provider.

14

My follow-up appointments are scheduled.

Notes:
