



# Comfort positions for needle procedures



## Babies (0-12 months)

- Held by parent
- Swaddled or skin to skin
- Pacifier with sugar water or breastfeeding
- Distraction: favorite toy, blanket or music



## Toddlers and preschoolers (1-5 years)

- Held by parent, sitting upright is best
- Distraction: bubbles, books, toys or music



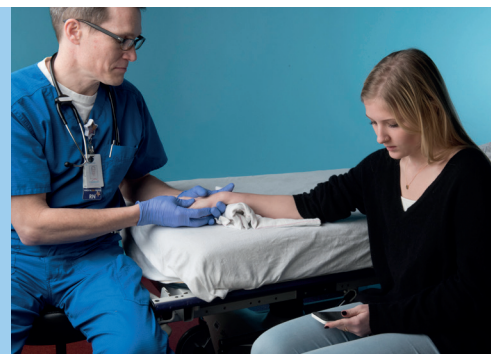
## School age (6-12 years)

- Held by parents or close by, upright is best
- Distraction: interactive toys, books or electronics
- Child may choose to watch or lay down



## Teens (13-18 years)

- Parents available
- Sitting upright is best
- Distraction: interactive toys, books or electronics
- Teen may choose to watch or lay down



**Children's**  
**COMFORT**  
**PROMISE**

*We will do everything possible  
to prevent and treat pain.*



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