At Children’s Minnesota, we realize that knowing what to expect makes your hospital stay less stressful. We are here to help you through each step of the way. Use this checklist as a guide for what you need to know before taking your child home. Please ask us any questions that you have along the way.

1. I can tell you why my child is in the hospital and the anticipated discharge date.

2. I know about hand washing, preventing infections and the spread of germs.

3. I can tell you about my worries or concerns about my child’s condition.

4. I can tell you how to comfort my child.

5. I can tell you about my child’s treatment plan.

6. I have been educated about how to care for my child at home.

7. I can tell you about activity limitations and when my child can return to school or daycare.

8. I know the signs if my child is getting worse and who to call if I am concerned.

9. I know when and how to schedule follow-up appointments.

Notes:

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________