## MY APNEA JOURNEY



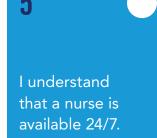
At Children's Minnesota, we realize that taking your child home with an apnea monitor can be stressful. The apnea program is here to help. We'll help you learn how to use an apnea monitor to detect changes in your child's breathing when you are at home. Our team is with you every step of the way — even in the middle of the night. If you don't know what to do when a monitor alarm rings or if you have a question, big or small, just call.











Notos:



