

MY CARDIAC JOURNEY

You are the most important part of your child's care. Our goal at Children's Minnesota is to teach you what you need to know to comfortably care for your child at home after you leave. Use this checklist as a guide for what you will learn through your journey, and to reference as you ask questions along the way.

<p>1. I can tell you about my child's condition.</p>	<hr/> <hr/> <hr/> <p>Conditions treated at The Children's Heart Clinic</p> <hr/>	<p>7. I know how to manage my child's medical equipment.</p>	<hr/> <hr/> <hr/> <hr/>
<p>2. I know about hand washing and preventing infections.</p>	<hr/> <hr/> <hr/> <p>Wash'em proud (video)</p> <hr/>	<p>8. I know how to feed my child.</p>	<hr/> <hr/> <hr/> <hr/>
<p>3. I can tell you how to comfort my child.</p>	<hr/> <hr/> <hr/> <p>Acetaminophen and ibuprofen dosage chart</p> <hr/>	<p>9. I understand my child's medications.</p>	<hr/> <hr/> <hr/> <p>Medicine tips</p> <hr/>
<p>4. I can tell you about my child's treatment plan.</p>	<hr/> <hr/> <hr/> <p>Cardiac Surgery: Care in CVICU, possible cardiac surgical repairs</p> <hr/>	<p>10. I can tell you about care at home.</p>	<hr/> <hr/> <hr/> <p>Cardiac surgery, care at home</p> <hr/>
<p>5. I can tell you about my child's medical team.</p>	<hr/> <hr/> <hr/> <p>About The Children's Heart Clinic providers and CV team</p> <hr/>	<p>11. I understand when to call the doctor.</p>	<hr/> <hr/> <hr/> <hr/>
<p>6. I can tell you how to care for my newborn.</p>	<hr/> <hr/> <hr/> <p>Sleep and newborns</p> <hr/>	<p>12. I know when and how to schedule follow-up appointments.</p>	<hr/> <hr/> <hr/> <hr/>

For online Cardiac Journey to Home: Open your camera on your smartphone. Hold your phone over the QR code. Or visit childrensmn.org/cardiacjourney.

