

MY SURGERY JOURNEY

Minnetonka

At Children's Minnesota, we realize that knowing what to expect makes surgery, anesthesia and recovery less stressful for your whole family. We are here to help you through the journey. Use this checklist as a guide for what you need to know before taking your child home. Please ask us any questions that you have along the way.

1 I have checked in at the front desk for my child's procedure.	2 I have met the nurse and my child has their ID bracelet on.	3 My questions about the surgery have been addressed by the surgeon.	4 My questions about anesthesia have been addressed by the anesthesia team.
5 We have met the surgery nurse.	6 My child's ID bracelet has been checked by the teams.	7 My child is off to surgery — I will be waiting in the Family Lounge.	8 Surgery is finished and my child is recovering in Phase I.
9 I am reunited with my child in Phase II.	10 The nurse asked about my child's pain.	11 The nurse provided pain management; my child is as comfortable as possible.	12 The nurse explained my child's care at home in a way I understand.
13 I know what medicines have been prescribed, the side effects and when to give them.	14 My child is dressed and we are ready to go home.	Notes: _____ _____ _____ _____	

- Pre-op
- Surgery
- Recovery
- Post-op