

2016 Changes to AHA training courses for BLS, PALS, and ACLS

Highlights for 2016

- We are moving to PALS HeartCode and ACLS HeartCode
- BLS and ACLS now use Voice Assisted Manikins (VAMs) for completion of hands on skills validation for BLS and ACLS

BLS HeartCode:

BLS HeartCode consists of BLS HeartCode Part 1 and Parts 2 and 3 (skills check). The change in 2016 is the addition of BLS HeartCode Parts 2 and 3 (the skills validation). Upon registering for BLS, both of these sessions will be assigned within 24 hours. They will appear in Self Service.

1. The BLS HeartCode Part 1 online component must be completed prior to attending the skills check. Print the certificate and bring it to the skills validation.

2. BLS skills validation (Parts 2 and 3)

The skills validation can be done on campus on the days and sites listed.

- a. **Minneapolis** will have an instructor available in the following locations 8 a.m. – 4 p.m.

- 01.05.16 Mpls_LRC Suite 400 4th floor 910 Bldg
- 01.27.16 Mpls_LRC Suite 400 4th floor 910 Bldg
- 02.02.16 Mpls_LRC Suite 400 4th floor 910 Bldg
- 03.03.16 Mpls_MDB G06
- 03.24.16 Mpls_B870
- 04.05.16 Mpls_LRC Suite 400 4th floor 910 Bldg
- 04.19.16 Mpls_B870

- b. **St. Paul Campus** will have an instructor available in the following locations 8 a.m. – 4 p.m.

- 01.20.16 SP_ Lower Level L100 United
- 02.18.16 SP_ Lower Level L100 United
- 03.16.16 SP_ Lower Level L100 United
- 04.21.16 SP_ Lower Level L100 United

PALS HeartCode and Skills Sessions

- PALS HeartCode consists of an online component and a 4 hour skills validation at the Sim Center.
- When a student enrolls in a PALS skills validation session in Self Service, the student will be assigned:
 - Online PALS HeartCode,
 - Online BLS HeartCode (Parts 1) and
 - BLS skills validation (Parts 2 and 3) using the VAM
- Both online BLS HeartCode and PALS HeartCode will be completed prior to the skills validations.
- BLS skills validation (Parts 2 and 3) will be done using the VAM at each of the campuses. (See available dates and times above.) It is preferable to complete this prior to class but can be completed at the Sim Center following the PALS class.
 - PLEASE BRING YOUR HEARTCODE BLS PART 1 CERTIFICATE CODE WITH YOU TO THE VAM SKILLS VALIDATION.

The PALS HeartCode covers both Provider and Renewal course.

ACLS HeartCode

- ACLS HeartCode consists of an online component and a skills validation using the VAM.
- When a student enrolls in an ACLS skills validation, the student will be assigned:
 - Online ACLS HeartCode
 - ACLS HeartCode Parts 2 and 3
 - PLEASE BRING YOUR ACLS HEARTCODE ACLS PART 1 CERTIFICATE CODE WITH YOU TO THE VAM SKILLS VALIDATION.
 - The skills validation of ACLS will be done on the VAMs
 - A list of all the VAM locations and times is below
 - i. Minneapolis will have an instructor available in the following locations between 8am and 4p
 - 01.05.16 Mpls_LRC Suite 400 4th floor 910 Bldg
 - 01.27.16 Mpls_LRC Suite 400 4th floor 910 Bldg
 - 02.02.16 Mpls_LRC Suite 400 4th floor 910 Bldg
 - 03.03.16 Mpls_MDB G06
 - 03.24.16 Mpls_B870
 - 04.05.16 Mpls_LRC Suite 400 4th floor 910 Bldg
 - 04.19.16 Mpls_B870
 - ii. St Paul Campus will have an instructor available in the following locations between 8am and 4p
 - 01.20.16 SP_Lower Level L100 United
 - 02.18.16 SP_Lower Level L100 United
 - 03.16.16 SP_Lower Level L100 United
 - 04.21.16 SP_Lower Level L100 United
- **There will be no formal classroom component.**
 - Please remember: You cannot complete skills checks on the VAM for ACLS until the Part 1 is completed.
- The information in the ACLS HeartCode will be available for 2 years.

ACLS HeartCode covers both Provider and Renewal course.

PEARS

- PEARS continues to be an instructor led class except for the BLS portion
 - Students will register for the date they want to attend.
- When a student enrolls in PEARS Refresher or PEARS Provider class at the SIM center, the student will also be enrolled in:
 - **Online** BLS HeartCode (Parts 1)
 - BLS skills validation (Parts 2 and 3) to be done on the VAM.

The student will complete the online BLS HeartCode (Part 1) prior to coming to class. PLEASE BRING YOUR HEARTCODE BLS PART 1 CERTIFICATE CODE WITH YOU TO THE VAM SKILLS VALIDATION.

- BLS skills validation (Parts 2 and 3) will be done using the VAM at each of the campuses. It is preferable to complete this prior to class but can be completed at the Sim Center following the PEARS class.

Tips for working in the HeartCode Programs

- There is a lot to see on the screens.
 - **Use the pause button to acclimate yourself to where everything is.**
- Watch the “How To” video in each HeartCode program
 - It is short and tells you how to use the program efficiently
- Debriefing – at the end of each case, there will be a debriefing page. This will critique your performance.

FAQs

- **What do I do to get the course content?**
 - The HeartCode online content will load into your Self Service 24 hrs after you register.
- **Where is this simulation center located?**
 - 2424 West Territorial Road, St. Paul.
- **Last time I took PALS I got the book and information in my employee mailbox; will this be the same process for this course structure?**
 - No, the book is included in the on-line content.
 - This content will be available to you for 2 years. The book is not printable but there is a guide that is printable.
- **How to get CEUs?**
 - CEUs are available upon completion of the HeartCode online module.
- **Is there a written test?**
 - All HeartCode programs contain the written test.
- **When and how do I get my AHA certification card(s)?**
 - For BLS and ACLS, the AHA Training Center will issue your cards within 2 weeks of completing your skills validation on the VAMs.
 - For PALS and PEARS, your card will be issued at the skills check or class.
- **How do I get CEUs?**
 - CEUs are available upon completion of the HeartCode online module.
- **Is there a written test?**
 - All HeartCode programs contain the written test. PEARS is unchanged.

Questions can be directed to AHAENATrainingCenter@ChildrensMN.org