# EVIDENCE-BASED PRACTICE SCHOLAR PROGRAM

Asking the question, "Is there a better way?"



Presented by Children's Clinical Practice, Informatics, and Research Council

## **Course Description**

The Evidence-Based Practice (EBP) program is designed to introduce clinical staff to the principles of evidence-based practice and to provide an overview of the components necessary to implement EBP in the clincal setting.

The course focuses on preparing scholars to engage in evidence-based practice by providing the skills needed to ask the right questions and to critically evaluate information that is available from research findings and professional expert opinion.

During the course, scholars collaborate with a mentor to develop, implement and evaluate and evidence-based practice change for their clinical area. Scholars choose a clinical policy/procedure or current clinical questions requiring EBP evaluation and focus on reviewing the evidence for the policy inititation or update.

# **Course Objectives**

- 1. Define evidence-based practice and the describe the EBP process
- 2. Identify a clinical problem and use of the the EBP process to implement change.
- 3. Formulate a clinical question using the "PICO format.
- Search for relevant evidence demonstrated by use of an evidencebased filter of academic research databases
- 5. Systematically evaluate and grade evidence and outcome worksheets.
- 6. Promote use of evidence by staff to improve patient outcomes.

# Intended Audience

The fellowship course is open to staff working in a clinical environment. A total of 12 scholars will be selected. See application for details.

Dates for 2014: October 23, 24, & 31, November 7, 21, December 5

Location: October 23 & December 5 Minneapolis Campus

October 24, 31, November 7, 21 St. Paul Campus

Class Times: 0800-1630

#### **Course Outline**

| Week | Торіс   |
|------|---|
| 1    | Creating a vision for EBP<br>Asking the right questions                     |
| 2    | Types of Evidence in the<br>Literature                                      |
| 3    | What Did We Find in the<br>Literature? Critically<br>analyzing the evidence |
| 4    | Moving Evidence into Practice   |
| 5    | Moving Evidence into Practice   |
| 6    | Scholar Presentations   |

#### Faculty

Casey Hooke, PhD, RN, CPON Mary Langevin, MSN, RN CPON HN-BC Lee Diedrick, MA, RN, C-NIC Beverly Clark, BSN, RN, CNOR



#### Evidence Based Practice Scholar's Program Application Fall 2014 Program

| Name                     | e (Last)   | (First)  |   |           |
|--------------------------|--|--|---|-----------|
| Addre                    | ess:<br>(include city, state                         | , & zip code)  |   |           |
|                          |  | Email:   | Years of practice:  |           |
| Unit/[                   | Department:  | _ Years at Children's:   | Manager:  | _         |
| College/School attended: |  | Date of Gra  | Date of Graduation/Degree:  |           |
|                          |  |  |   |           |
| <br>I.                   | FBP Area of Interest Re                              | elated to Clinical Practice F                                  | Please specify two or more:   |           |
|                          |  |  |   | _         |
|                          |  |  |   | -         |
| II.                      | Unit council membershi<br>in with dates:             | p dates and/or Unit/Departm                                    | ent/Hospital Committees you have partici                                      | <br>pated |
| III.<br>IV               | you are interested in ex<br>piece of paper (with you | ploring during this EBP prog<br>Ir name at the top) and attacl |   | ate       |
| <u>IV</u> .              | •  | •  | inform him/her of your application and re<br>pate in the EBP Scholar program. | ceive     |

## Application due by July 31, 2014

#### Applicants will be notified of acceptance by August 15, 2014

| Classes are 0800-1630: October 23, 24, 31, November 7, 21, December 5, 2014                           |  |  |  |
|---|--|--|--|
| Targeted Scholar Population for 2014 course:  | Please submit your completed application to    |  |  |
| Staff working in a clinical environment   | Lee Diedrick, Center for Professional          |  |  |
|   | Development and Practice at mailstop 40-405 to |  |  |
| Program Eligibility Criteria:   | be received by 7/31/14 with the following:     |  |  |
| Employed by Children's Hospitals and Clinics for a  | Completed and signed application form          |  |  |
| minimum of one year   | Short paragraph attached on separate           |  |  |
| Commit to the EBP scholars 6 day course   | paper  |  |  |
|   | A letter of support from your patient care     |  |  |
|   | manager  |  |  |
| Log Diadrick, Clinical Education Specialist, will confirm receipt of your application by amail to you |  |  |  |

Lee Diedrick, Clinical Education Specialist, will confirm receipt of your application by email to you.

By applying to this program, I commit to attending all six classes and working with my manager and/or unit council on an EBP project.