Managing Pain in Infants, Children & Teens
Presented by the Pain and Palliative Care Program at Children’s Hospitals and Clinics of MN

Time: November 21, 2008 8:00 - 4:30
Location: John Nassef Center Conference Hall on the campus of Children’s - St. Paul
For directions, go to: http://www.childrensmn.org/Locations/SaintPaul.asp

Cost of the conference will be $35.00 for employees of Children’s Hospitals and Clinics of MN and students; $100 for others.

This is a one-day interdisciplinary conference, which will provide education on state of the art pain management for children. Topics include:

- Acute and chronic pain management
- Relaxation and integrative therapies
- Opioid/benzodiazepine withdrawal
- Pain in neonates
- Challenges in assessment
- Working with children in pain and their families
- Case studies

This conference is sponsored by The Pain and Palliative Care Program at Children’s Hospitals and Clinics of Minnesota. For more information about Pain and Palliative Care services at Children’s, you can contact us at 612-813-6450 or by e-mail: cipc@childrensmn.org

Program Agenda

7:30 – 8:00 AM  Registration, Morning Coffee
8:00 – 8:10  Welcome and Introductions
8:10 – 9:10  Managing Acute Pain In Children: The Concept of Broad Band Analgesia (Stefan Friedrichsdorf, MD)
9:10- 10:10 Chronic Pain: An Interdisciplinary Approach to Pain Management (Christine Gibbon, PhD, LP; Donna Eull, RN, MA; Cyndee Daughtry, MSW, LICSW; Karen May Johnson, MPT)
10:10- 10:30  Break
10:30- 11:20 Concurrent Sessions:
• IV. Integrative Options for Pain Management (Maura Fitzgerald, RN, CNS)
• Dilemmas in Pain Assessment (Deb Fitzgerald, RN, CPNP)
• Patient Controlled Analgesia A-Z (Barb Symalla, RN, CNS)
11:25- 12:15 Concurrent Sessions:
• Massage and Healing Touch: Techniques You Can Use (Jill Maltrud, BS, NCMBT; Barb Cant, RN, NCMBT, CHTP; Candace Linares, BA, CMT)
• Assessment and Management of Withdrawal (Barb Symalla, RN, CNS)
• It Burns Like Fire: Management of Neuropathic Pain (Stefan Friedrichsdorf, MD)
12:15- 1:10 PM Lunch (provided)
1:10 – 2:00 Concurrent Sessions:
• Palliative Care: Managing Pain and Distress Symptoms at End of Life (Kaci Osenga, MD)
• Pain in Neonates (Stefan Friedrichsdorf, MD)
• Nitrous Oxide: Not Just for Dentists Anymore (Judy Zier, MD)
2:00 - 2:30 Break
2:30 – 4:00 Challenges in Pain Management: Case Studies Panel Discussion, (Stacy Remke, MSW, LICSW Moderator)
Managing Pain in Infants, Children & Teens
Conference Registration Form
November 21st, 2008

CE Number (Children’s Employees only): _____
Name: __________________________________________
Address: ________________________________________
E-mail: __________________________________________
Telephone: ________________________________________
Department: ______________________________________
Job Title: _________________________________________

Cost:
Internal & Students: $35.00
External: $100.00

Payment Method
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Breakout Session 1 (Please choose 1)
  ______ Integrative Options for Pain Management
  ______ Dilemmas in Pain Assessment
  ______ Patient Controlled Analgesia A-Z

Breakout Session 2 (Please choose 1)
  ______ Massage & Healing Touch: Techniques You Can Use
  ______ Assessment & Management of Withdrawal
  ______ It Burns like Fire: Management of Neuropathic Pain

Breakout Session 3 (Please choose 1)
  ______ Palliative Care: Managing Pain & Distressing Symptoms at End of Life
  ______ Pain in Neonates
  ______ Nitrous Oxide: Not Just For Dentists Anymore

Registration Deadline: Friday November 7, 2008

For questions regarding registration, call 651-220-6500.
Send completed registration along with payment to:
Children’s Hospitals and Clinics of MN
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2525 Chicago Avenue South
Minneapolis, MN 55404