



Managing Pain in Infants, Children & Teens

Presented by the Pain and Palliative Care Program at Children's Hospitals and Clinics of MN

Time: November 21, 2008 8:00 - 4:30

Location: John Nassef Center Conference Hall on the campus of Children's - St. Paul

For directions, go to:

<http://www.childrensmn.org/Locations/SaintPaul.asp>

Cost of the conference will be \$35.00 for employees of Children's Hospitals and Clinics of MN and students; \$100 for others.

Children's Hospitals and Clinics of Minnesota is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Children's Hospitals and Clinics of Minnesota designates this educational activity for 6.3 continuing nursing education hours.

This is a one-day interdisciplinary conference, which will provide education on state of the art pain management for children. Topics include:

- Acute and chronic pain management
- Relaxation and integrative therapies
- Opioid/benzodiazepine withdrawal
- Pain in neonates
- Challenges in assessment
- Working with children in pain and their families
- Case studies

This conference is sponsored by The Pain and Palliative Care Program at Children's Hospitals and Clinics of Minnesota. For more information about Pain and Palliative Care services at Children's, you can contact us at 612-813-6450 or by e-mail: cipc@childrensmn.org

Program Agenda

- 7:30 - 8:00 AM Registration, Morning Coffee
- 8:00 - 8:10 Welcome and Introductions
- 8:10 - 9:10 Managing Acute Pain In Children: The Concept of Broad Band Analgesia (Stefan Friedrichsdorf, MD)
- 9:10- 10:10 Chronic Pain: An Interdisciplinary Approach to Pain Management (Christine Gibbon, PhD, LP; Donna Eull, RN, MA; Cyndee Daughtry, MSW, LICSW; Karen May Johnson, MPT)
- 10:10- 10:30 Break
- 10:30- 11:20 Concurrent Sessions:
- IV. Integrative Options for Pain Management (Maura Fitzgerald, RN, CNS)
 - Dilemmas in Pain Assessment (Deb Fitzgerald, RN, CPNP)
 - Patient Controlled Analgesia A-Z (Barb Symalla, RN, CNS)
- 11:25- 12:15 Concurrent Sessions:
- Massage and Healing Touch: Techniques You Can Use (Jill Maltrud, BS, NCMBT; Barb Cant, RN, NCMBT, CHTP; Candace Linares, BA, CMT)
 - Assessment and Management of Withdrawal (Barb Symalla, RN, CNS)
 - It Burns Like Fire: Management of Neuropathic Pain (Stefan Friedrichsdorf, MD)
- 12:15- 1:10 PM Lunch (provided)
- 1:10 - 2:00 Concurrent Sessions:
- Palliative Care: Managing Pain and Distress Symptoms at End of Life (Kaci Osenga, MD)
 - Pain in Neonates (Stefan Friedrichsdorf, MD)
 - Nitrous Oxide: Not Just for Dentists Anymore (Judy Zier, MD)
- 2:00 - 2:30 Break
- 2:30 - 4:00 Challenges in Pain Management: Case Studies Panel Discussion, (Stacy Remke, MSW, LICSW Moderator)



Managing Pain in Infants, Children & Teens
Conference Registration Form
November 21st, 2008



CE Number (Children's Employees only): _____
Name: _____
Address: _____
E-mail: _____
Telephone: _____
Department: _____
Job Title: _____

Cost:
Internal & Students: \$35.00
External: \$100.00

Payment Method

- Check Check # _____
 Credit Card (MasterCard, Visa, or Discover only)
 Name On Card: _____
 Credit Card Number: _____
 Expiration Date: _____
 Amount: \$ _____
 Signature of Card Holder: _____

Children's Employees Only

- MNA Fund Transfer (please submit MNA fund transfer form with this form)

Breakout Session 1 (Please choose 1)

_____ Integrative Options for Pain Management _____	_____ Dilemmas in Pain Assessment _____	_____ Patient Controlled Analgesia A-Z _____
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Breakout Session 2 (Please choose 1)

_____ Massage & Healing Touch: Techniques You Can Use _____	_____ Assessment & Management of Withdrawal _____	_____ It Burns like Fire: Management of Neuropathic Pain _____
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Breakout Session 3 (Please choose 1)

_____ Palliative Care: Managing Pain & Distressing Symptoms at End of Life _____	_____ Pain in Neonates _____	_____ Nitrous Oxide: Not Just For Dentists Anymore _____
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Registration Deadline: Friday November 7, 2008

For questions regarding registration, call 651-220-6500.
Send completed registration along with payment to:
Children's Hospitals and Clinics of MN
ATTN: Brad Casemore, MS 80-H190
2525 Chicago Avenue South
Minneapolis, MN 55404

