Pediatric Integrative Nursing Course



2014 Education Program

for staff nurses and others who are interested in learning integrative strategies for patient care



2014 Sessions

March 26 - Front Education Center

Section I 8 a.m. -12:00 p.m.

Introduction to Holistic Nursing,

Relaxation Breathing

Section II 12:45 p.m. - 4:30 p.m.

Imagery and Hypnosis

May 14 - Front Education Center

Section III 8 a.m. -12:00 p.m.

Massage Therapy

Section IV 12:45 p.m. - 4:30 p.m.

Aromatherapy

Aug. 12 - Front Education Center

Section V 8 a.m. -12:00 p.m.

Acupressure, Traditional Chinese

Medicine, Healing Touch

Section VI 12:45 p.m. - 4:30 p.m.

Music and Movement

Healing and Lifestyle Change

Nov. 11 - Children's Specialty Center, Rm 506

Section VII 8 a.m. -12:00 p.m.

Applications to Practice and Symptom Management

Section VIII 12:45 p.m. - 4:30 p.m.

Next Steps, Goals, Self Care Helpful Apps and Devices

Course information

This course provides emphasis on experiential learning and an opportunity to practice and gain skill in these modalities. Discussion and learning from each other will be encouraged. Evidence, safety and pediatric modifications will be included in all sections.

Registration

The course is offered in 4-hour sections. Staff may take one or two sections at a time. Registration will be available in Self Service 6 weeks before each class.

Accreditation

Children's Hospitals and Clinics of Minnesota is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

To receive contact hours, the participant must:

- Sign in on the class roster;
- Be present at the starting time and remain the entire time of the class;
- Complete an evaluation at the end of the session.

This program is supported in part by a gift from the George Family Foundation, which fosters wholeness in mind, body and spirit by funding leading edge work in integrative health, authentic leadership, spirituality and expanded opportunities for women and girls.

If you have questions about the course content, please contact one of the following: <a href="mailto:mailto