

January 2016

Falls Reduction: Management of High Risk Falls Patient Plan of Care

In 2015, Children's Minnesota had over 100 patient falls. There were 100 patient falls without injury and 5 falls with injury with varying degree of severity. In 2016, our organization continues on our Journey to Zero harm and will focus on how to prevent falls from occurring with an organizational goal of 25% reduction in preventable harm.

In order to continue to prevent falls the following improvements have been made:

1. Updates to the [Fall High Risk Falls Management plan of care](#) which will go live effective 1/19/16 in the EMR.
2. Update to Children's Fall policy to include definitions of falls that will allow the organization to better classify patient falls.

How to prevent patient falls while in the hospital:

1. Identify if the patient is at risk for falling by completing the falls screening in the EMR. Falls screening is to be completed at the following times:
 - a. Upon admission
 - b. Upon transfer of care between units
 - c. Upon change in patient condition
2. The completion of the Fall screening will determine whether the patient is at a High Fall Risk. If patient is identified as a High Fall Risk the following will interventions and documentation will need to be completed:
 - a. Initiate Fall – High Risk Management Plan of Care
 - b. Education provided to the patient and/or family on high risk Fall interventions are to be documented in the Fall Prevention section of the education powerform.
 - c. Communicate with work team about patient's fall risk