

## **Practice Update**

The Center for Professional Development & Practice

May 2015

## **Rectal Irrigation**

## Clinical standard

**Rectal irrigation now has its own Clinical Standard!** Developed as a way to standardize practice, rectal irrigation is now available in Nursing Clinical Standards (Mosby's Clinical Skills) under "Rectal Irrigation".

A provider order set is being created. Until it is ready for use, please have the ordering provider include all of the following elements in the order:

## 1. Type of catheter:

- a. Preferred catheter is a Coloplast, straight catheter
- b. Can be ordered via materials (description is: CATH, STRAIGHT, (size), PLASTIC; CHC # varies with Fr size)
- c. Other catheters may be specified
- 2. Catheter size: Fr
- 3. Catheter insertion depth: cm
- 4. Volume of solution: ml
- 5. Frequency:
  - a. Typically BID, but can be performed up to Q1 hour in cases of acute enterocolitis

If you have questions please contact Jennifer Rivera, APRN, CNS, or your clinical education specialist.