



# My **journey to home**

At Children's, we realize that knowing what to expect makes your hospital stay less stressful. We are here to help you through each step of the way. Use this checklist as a guide for what you need to know before taking your child home. Please ask us any questions that you have along the way.

**1**

**I can tell you why my child is in the hospital & anticipated discharge date.**

**2**

**I know about hand washing, preventing infections & the spread of germs.**

**3**

**I can tell you about my worries or concerns about my child's condition.**

**4**

**I can tell you how to comfort my child.**

**5**

**I can tell you about my child's treatment plan.**

**6**

**I have been educated about how to care for my child at home.**

**7**

**I can tell you about my child's activity limitations or when he or she can return to school or daycare.**

**8**

**I know the signs if my child is getting worse and who to call if I am concerned.**

**9**

**I know when and how to schedule follow up appointments.**



**Notes:**

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