

Patient families are the most important part of their child's care team. We are here to provide resources that can help you stay organized as you navigate many appointments at Children's Minnesota, and across multiple health care systems. We developed a portable organizer for you to store important medical records. Below you will find tips from other Children's families for how to personalize your organizer.

Tools within the organizer include:

- **Sleeve for child's photo** – Individualize your portable organizer as much as possible to make it unique to your child.
- **Notepad** – Write a list of questions in advance of your appointments. Also write important notes while at the appointment.
- **Business card sleeves** – Collect important contact information from health care providers.
- **CD Rom sleeve** – You may contact Children's Health Information Management (HIM) department to access your child's medical records. You can request a CD of your child's medical records that you can take with you to your various appointments. Call 612-813-6216.

Below is a list of items you may want to keep in your portable organizer regarding your child's care:

- Discharge summary
- History and Physical form (H&P)
- Operative Report (OP Report)
- Immediate Post-Op notes
- Pathology Report
- Consultations
- Discharge Instructions

Other helpful items you may want to include are:

- A calendar of your choosing to record appointments
- Copies of important medical records from other hospitals and clinics
- Emergency contact information
- Copy of insurance cards or insurance group and ID numbers
- Recent test results, such as x-ray results
- Current list of medications
- Recent visit notes
- Immunization records
- List of therapies
- List of clinicians
- Clinic phone numbers

- School information, including:
 - Individualized Education Plan (IEP)
 - Individualized Health Plan (IHP)
 - Emergency Health Plan (EHP)
 - Three year reassessment document
 - 504 plan
- Any advanced directives (DNR/DNI)

MyChildren's – online access to your Children's medical record

MyChildren's is an online resource offered by Children's Hospitals and Clinics of Minnesota to give you secure access to your Children's medical record, including immediate access to lab results, immunizations, medications and more.

To learn more about MyChildren's, ask the front desk staff in your clinic or the Unit Operations Coordinator on your inpatient unit.

As you go through your child's health care journey, please do not hesitate to call the Health Information Management department with any questions about your child's medical records, at 612-813-6216.