

YEARS 11-19+ EXAM AND IMMUNIZATION SCHEDULE

EXAMINATIONS*	11 YEARS	12 YEARS	13 YEARS	14 YEARS	15 YEARS	16 YEARS	17 YEARS	18 YEARS	19 YEARS +
Physical examination	•	•	•	•	•	•	•	•	•
Weight and height	•	•	•	•	•	•	•	•	•
Blood pressure	•	•	•	•	•	•	•	•	•
Body mass index (BMI)	•	•	•	•	•	•	•	•	•
Vision and hearing	•	•	•	•	•	•	•	•	•
Health questionnaire	•	•	•	•	•	•	•	•	•
Developmental/behavioral/mental health assessment	•	•	•	•	•	•	•	•	•

IMMUNIZATIONS	11 YEARS	12 YEARS	13 YEARS	14 YEARS	15 YEARS	16 YEARS	17 YEARS	18 YEARS	19 YEARS +
Chickenpox (Varicella)	- - 2 doses if not previously given and no history of acquired disease - -								
Diphtheria, Tetanus, Pertussis (Tdap)**	- - - - - See vaccine information below - - - - -								
Meningococcal Conjugate Vaccine (MCV)†	•					•			
Human Papillomavirus (HPV)‡	- - - - - 3 doses if not previously given - - - - -								
MenB						•		•	
Influenza ¹	•	•	•	•	•	•	•	•	•

ORAL HEALTH	11 YEARS	12 YEARS	13 YEARS	14 YEARS	15 YEARS	16 YEARS	17 YEARS	18 YEARS	19 YEARS +
Oral health check	•	•	•	•	•	•	•	•	•

*After age 11, parents may be asked to leave the exam room for part of the visit.

**Tdap: Given at age 11-12 years. Teens 13 through 18 years old who missed the Tdap dose or received Td only at 11 or 12 years receive 1 dose of Tdap.

†MCV: Teens who received the first dose of MCV at 11 or 12 years old should receive a booster dose at 16 years old. Teens who received the first dose between 13 and 15 years old should receive a booster dose between 16 and 18 years old. If the first dose was given at 16 years or older, a booster dose is not needed.

‡HPV: This vaccine requires 3 doses. The second dose should be given at least 2 months after the first dose. The third dose should be given at least 6 months after the first dose. The first dose may be given at 9 year checkup or later.

¹Influenza: Once a year during flu season.

ADDITIONAL RESOURCES

Children's has a broad range of education materials as an information resource for parents. In addition to what to expect at each well child visit, developmental milestones and speech and language development, there is a wealth of information on everything from breastfeeding and medication charts to medical conditions and first aid. Go to childrensMN.org/educationmaterials for a complete listing.

