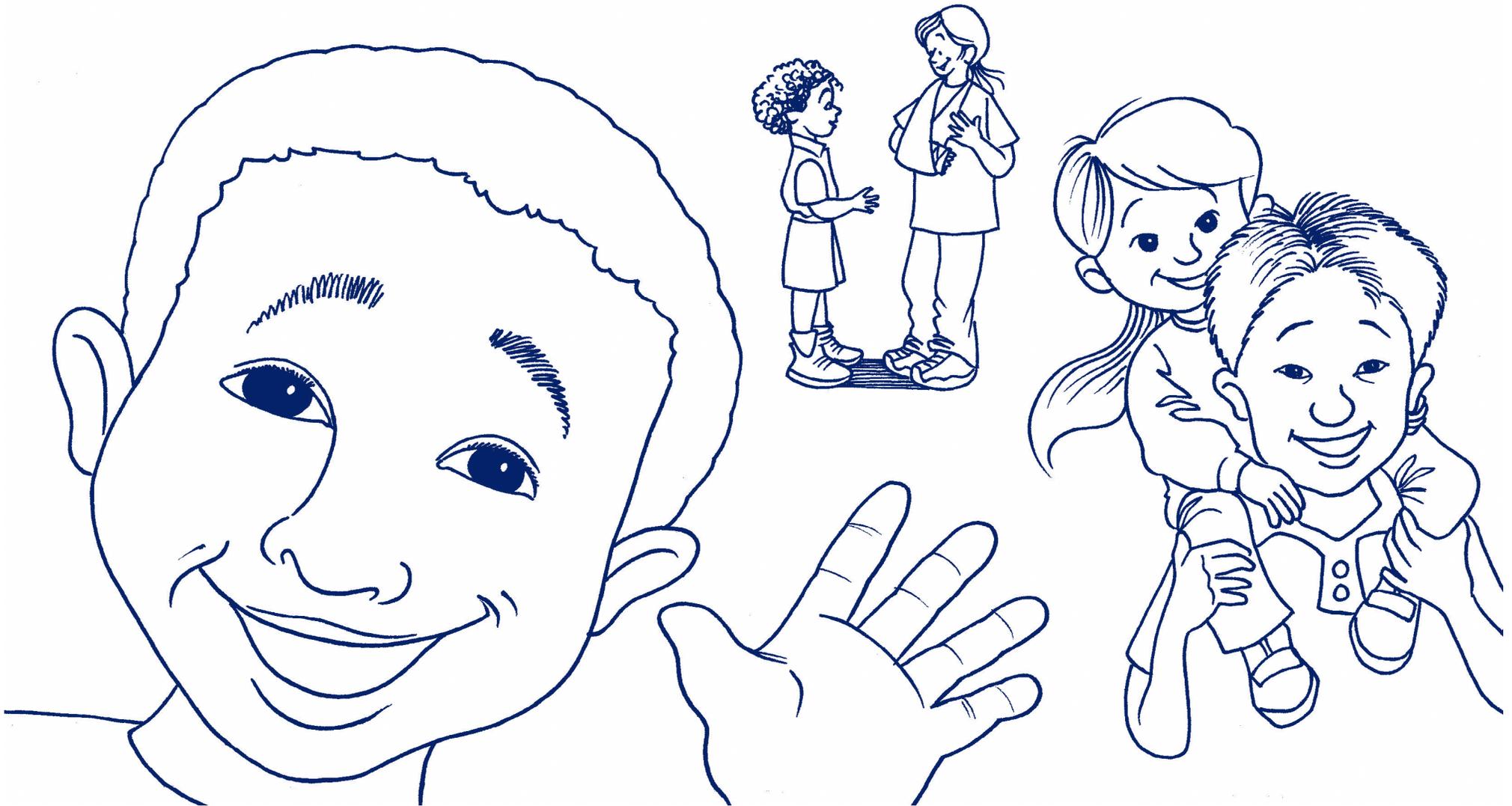


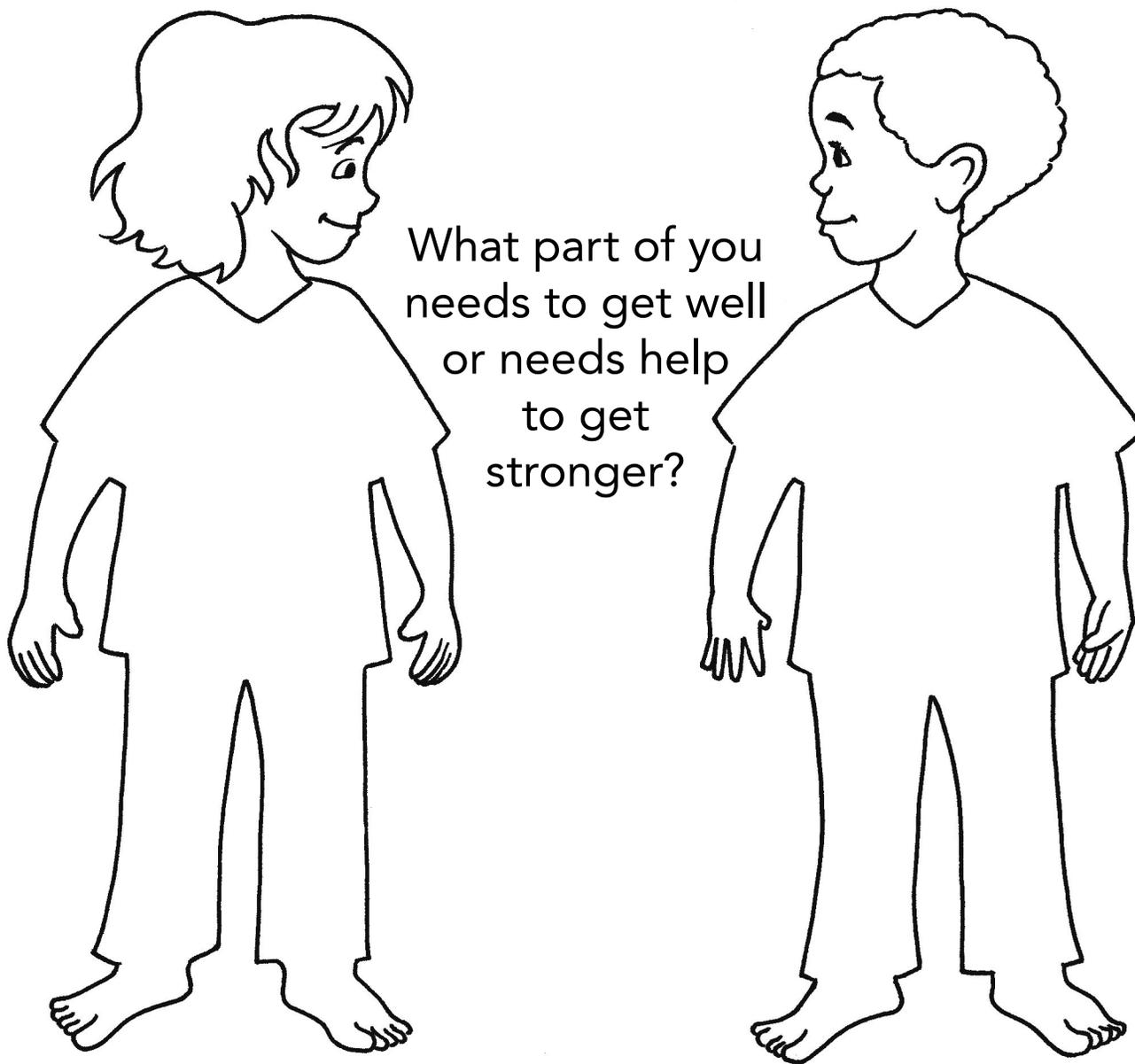
A READ-ALONG COLORING BOOK ABOUT SURGERY AT

Children's
MINNESOTA



This book belongs to





What part of you
needs to get well
or needs help
to get
stronger?

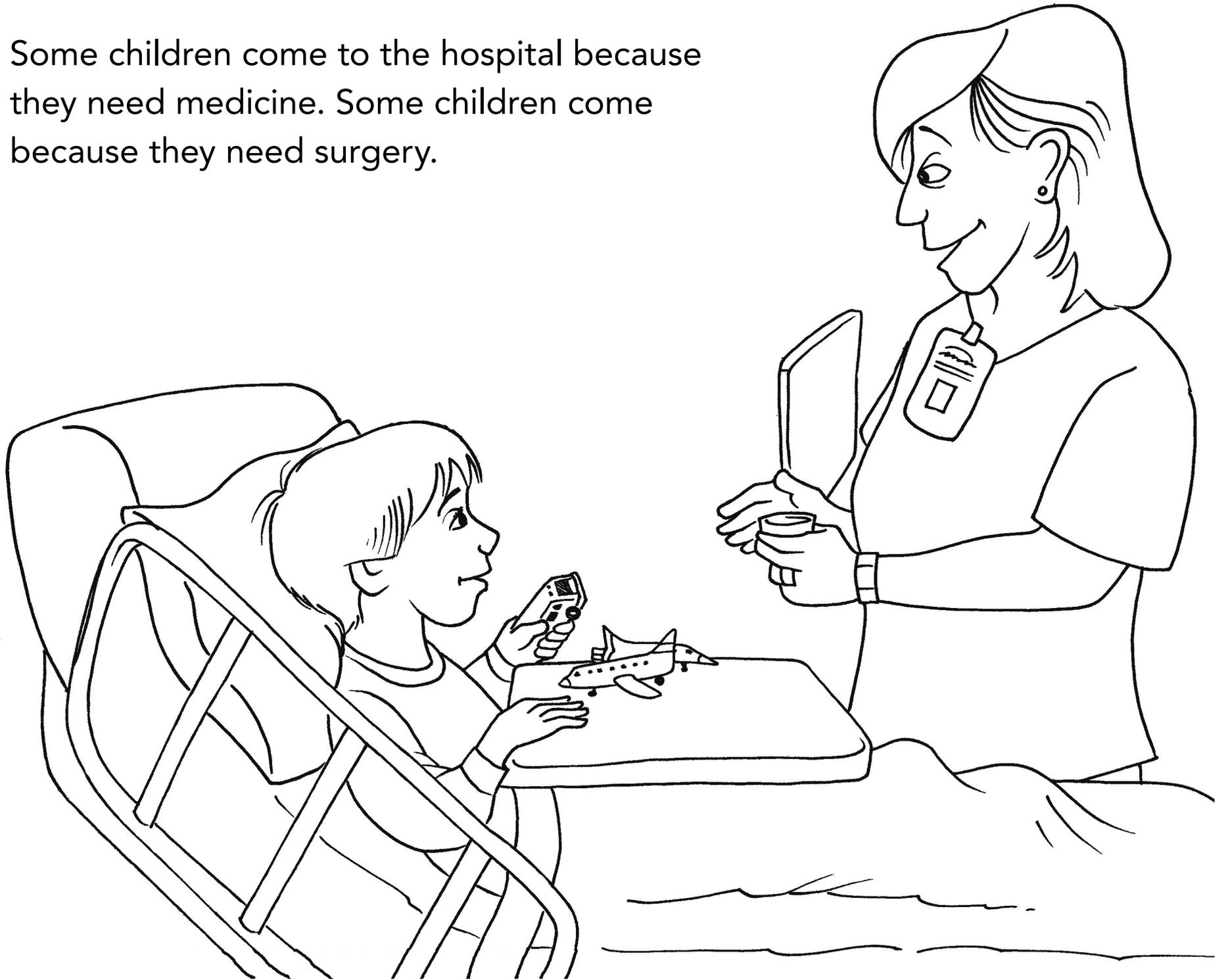
Draw where that is on this picture.

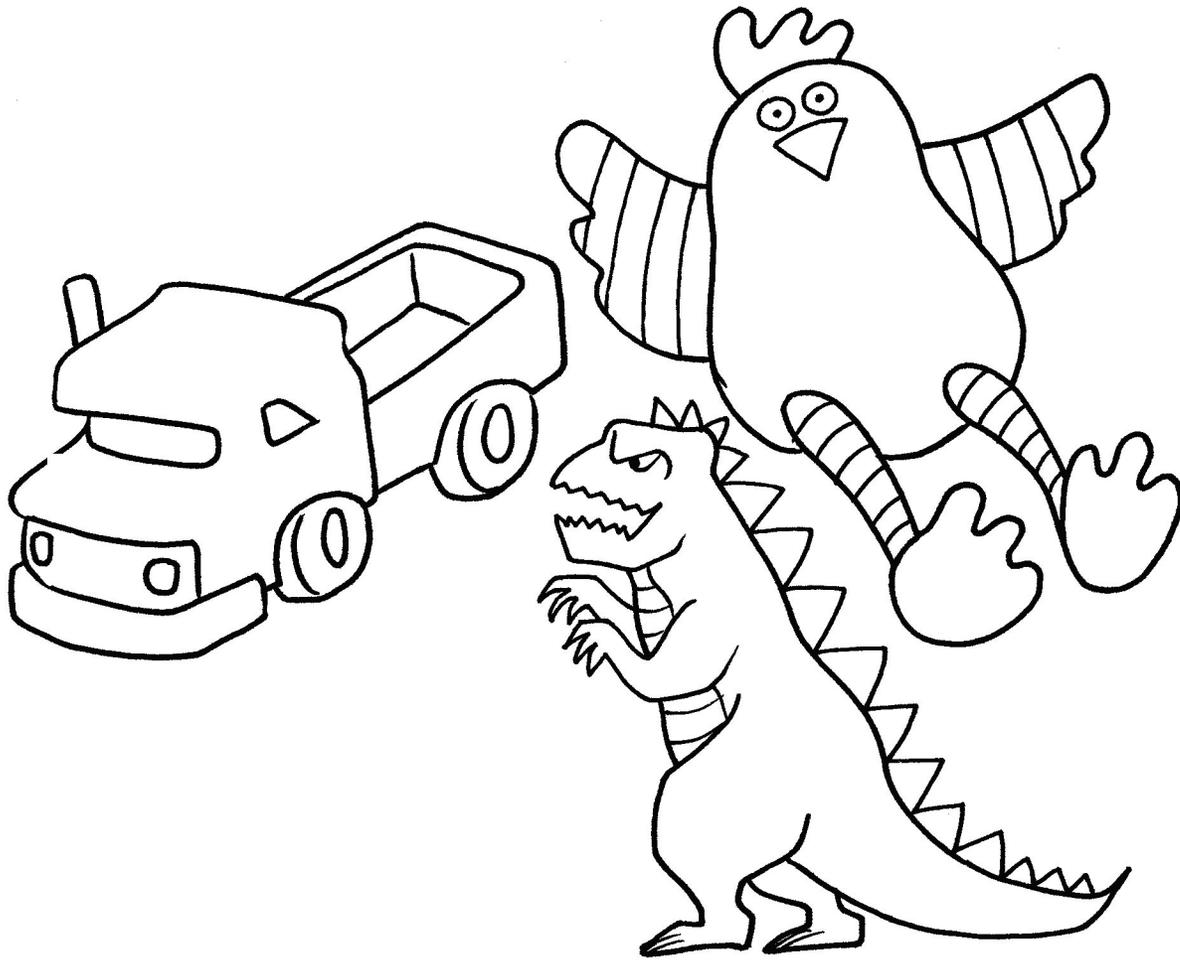
Have you ever been to Children's Minnesota?

Children's Minnesota
is a place just for
children. The people
who work here know
how to help your
body work its best.

They like children
and like to explain
things. It is OK to
ask questions.

Some children come to the hospital because they need medicine. Some children come because they need surgery.

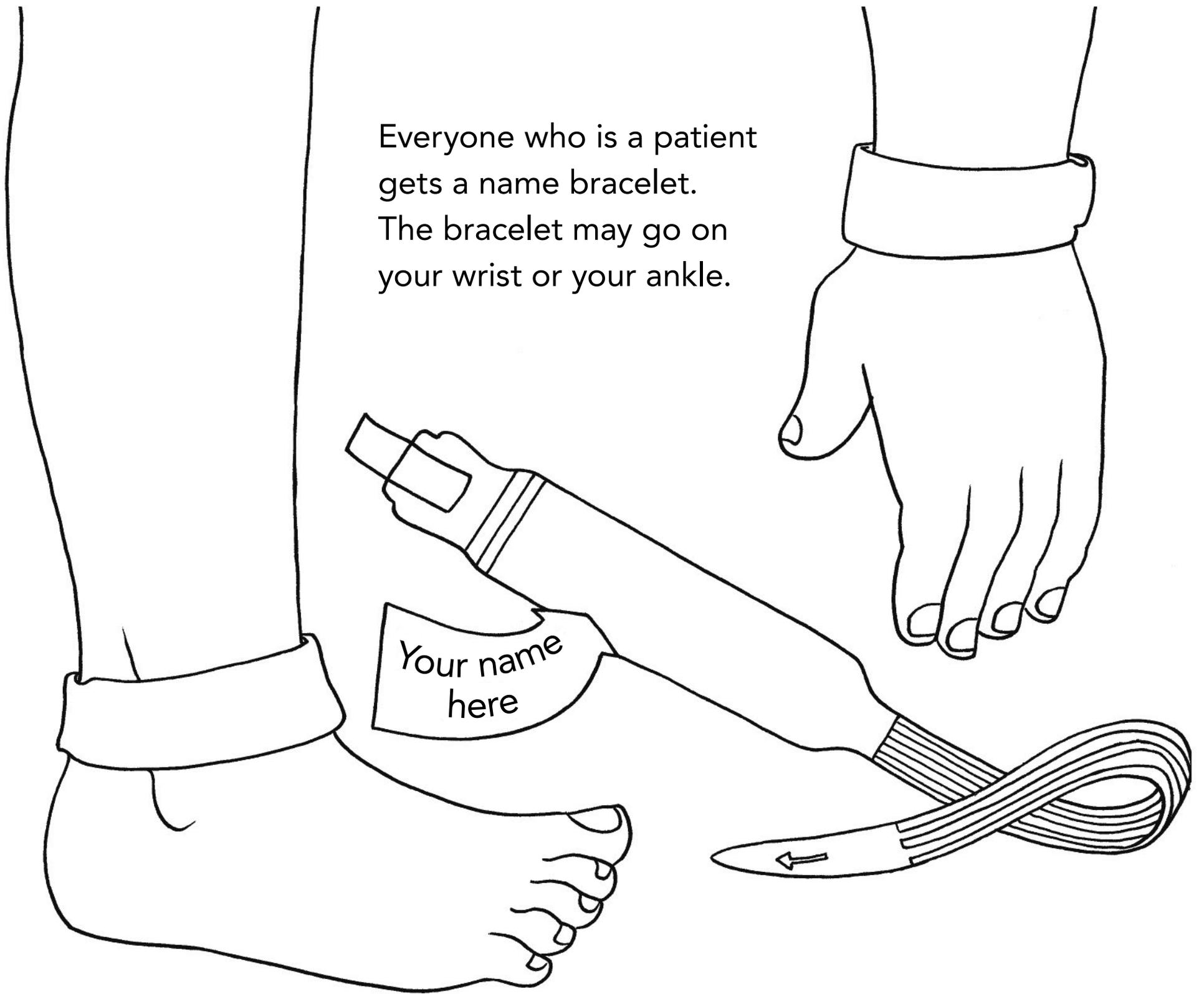


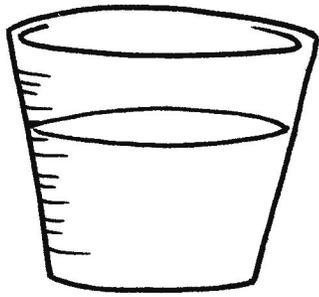


Some children bring a favorite toy or blanket on the day of their procedure. What will you bring?

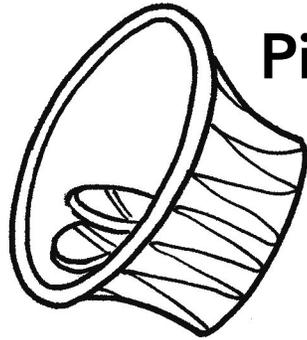
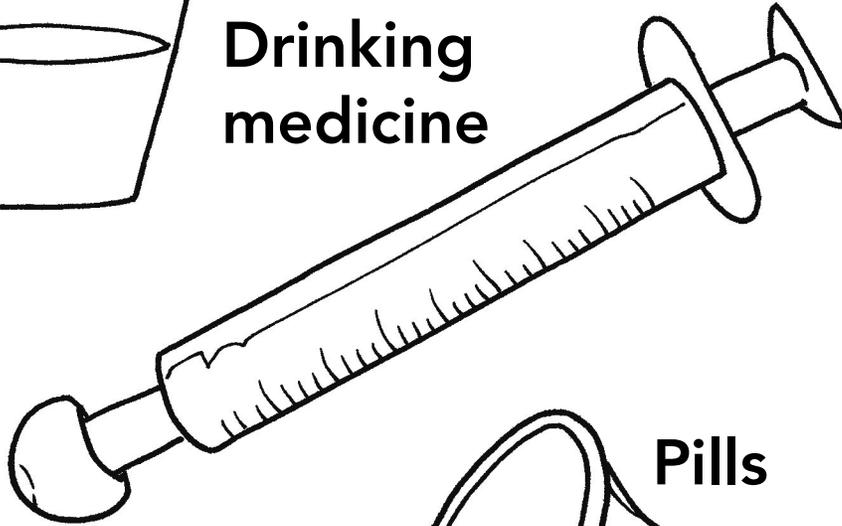


Everyone who is a patient gets a name bracelet. The bracelet may go on your wrist or your ankle.



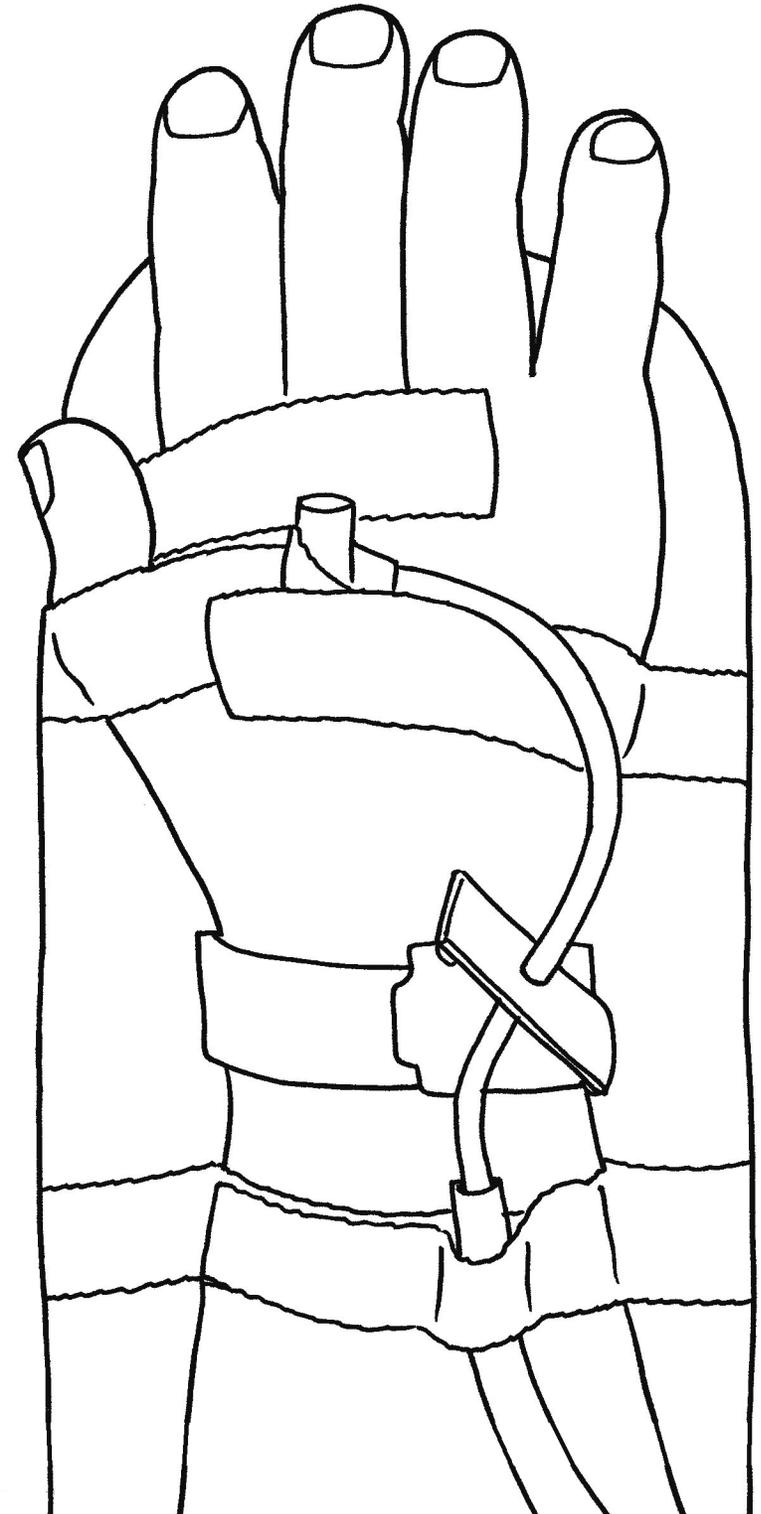


**Drinking
medicine**



Pills

IV medicine

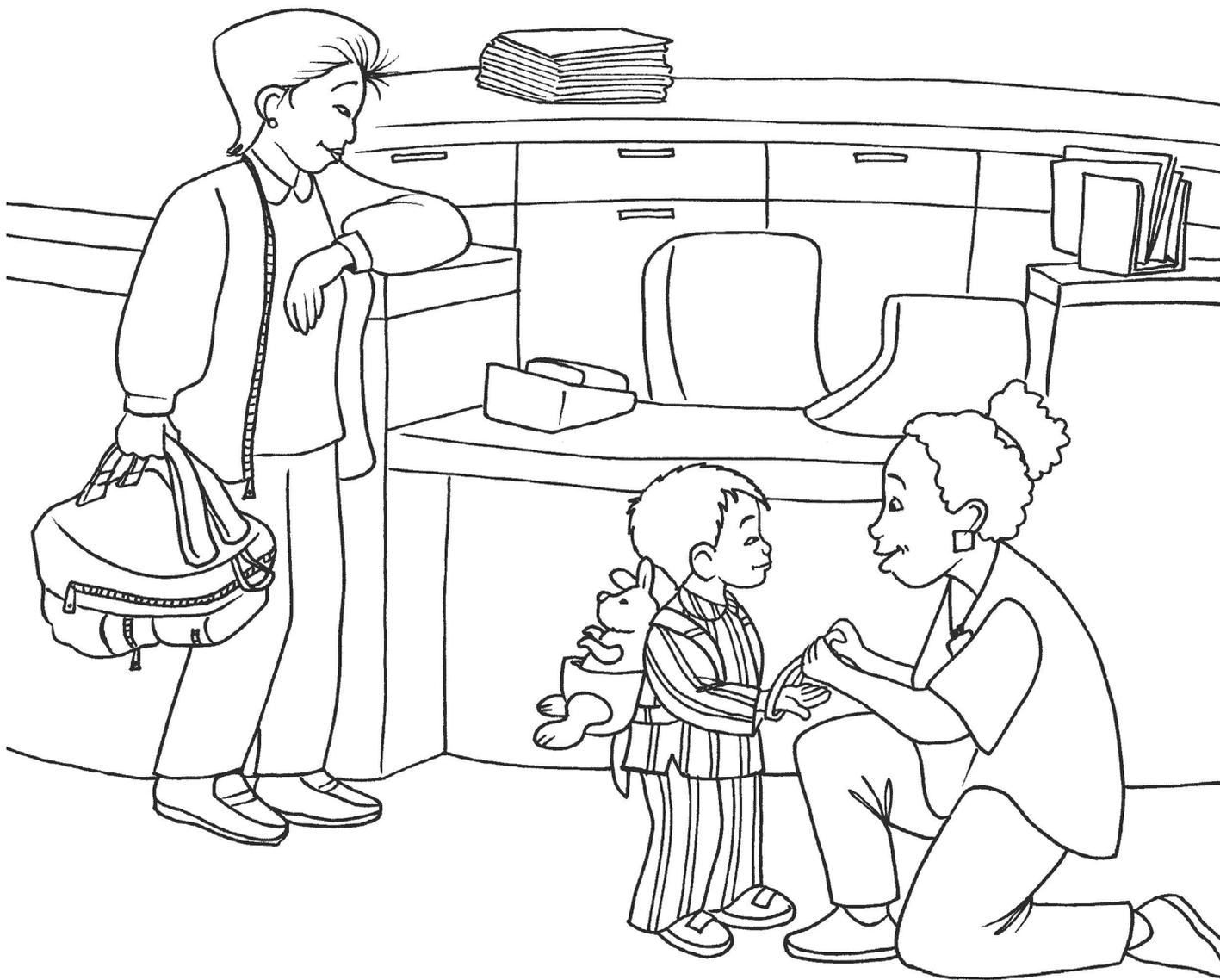


You may need to get different kinds of medicine while you are here. Some medicines help you sleep and some help you feel better.

When you have surgery, it is important that your stomach is empty so it does not get upset.

Your family will tell you when you should stop having anything to eat or drink.





When you arrive,
you will be given
a bracelet with
your name on it.

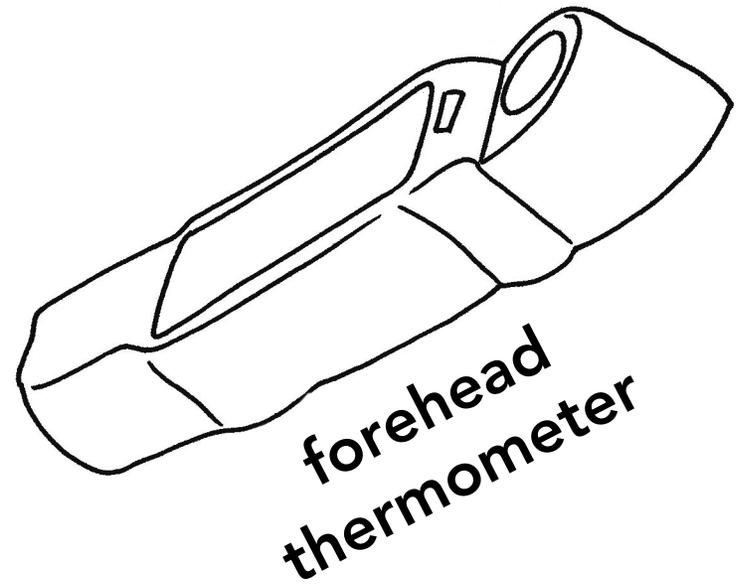
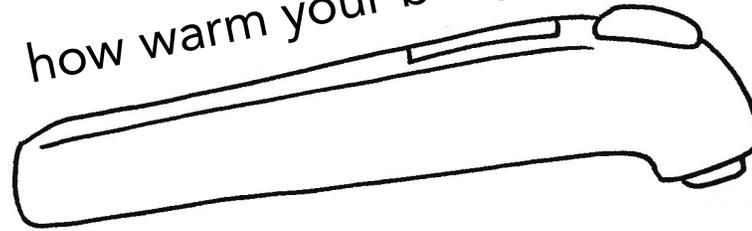


The nurses will want to find out how tall you are and how much you weigh...

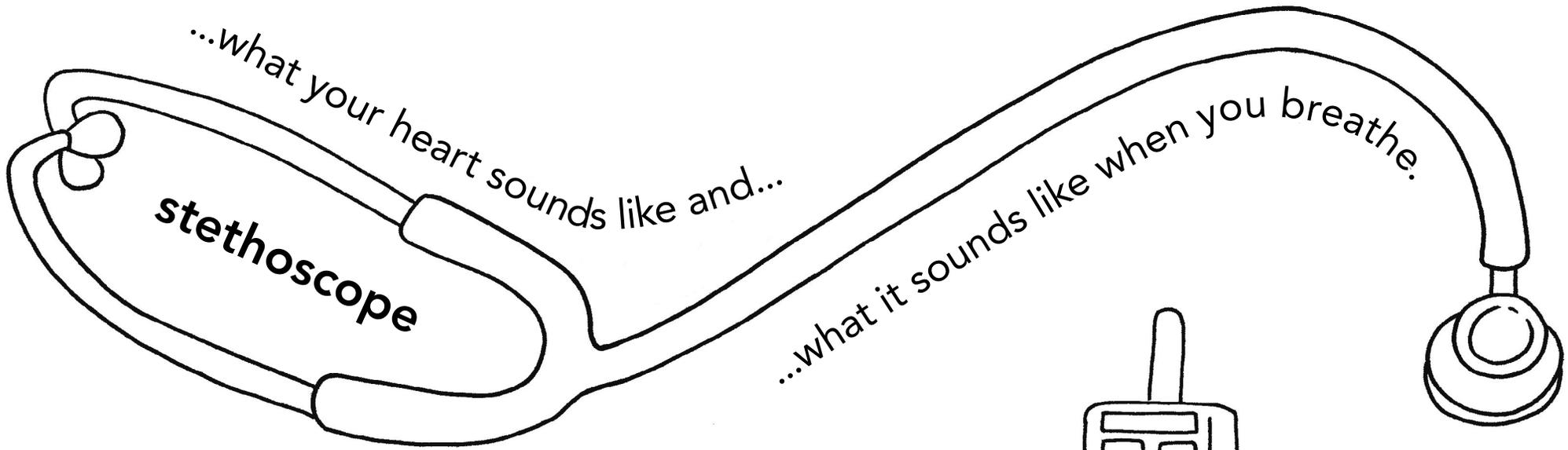
scale



how warm your body is...

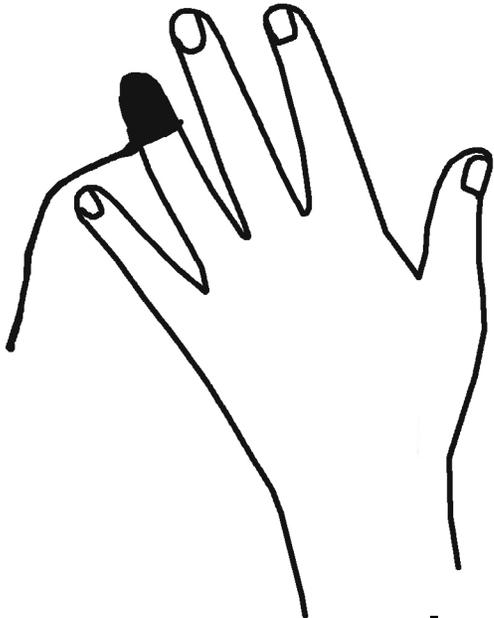


**forehead
thermometer**



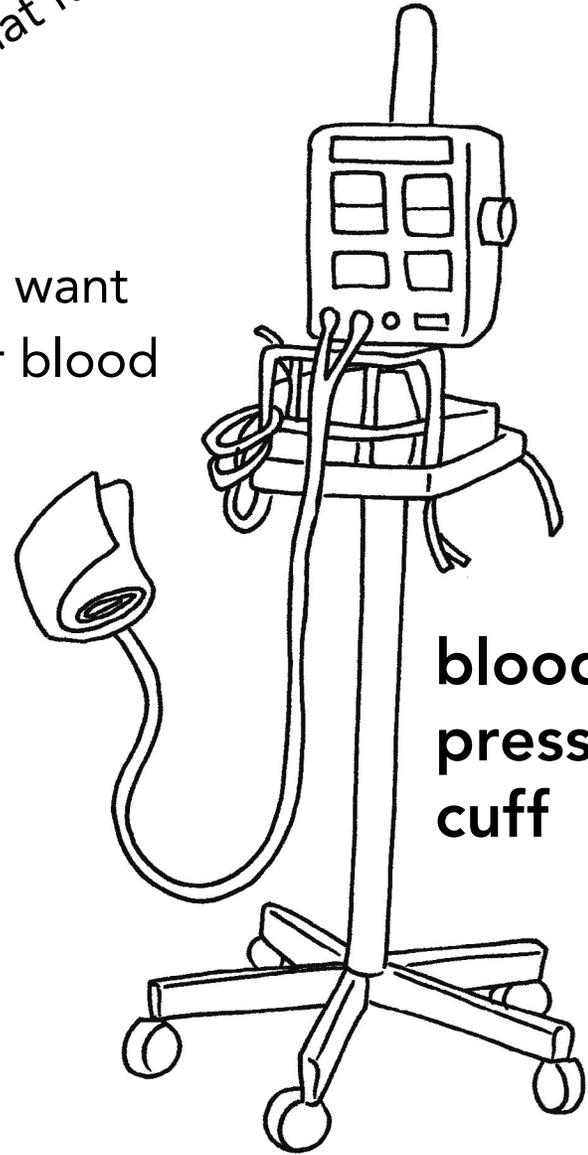
...what your heart sounds like and...

...what it sounds like when you breathe.



pulse oximeter
(a finger light that checks your oxygen)

They will also want to check your blood pressure.

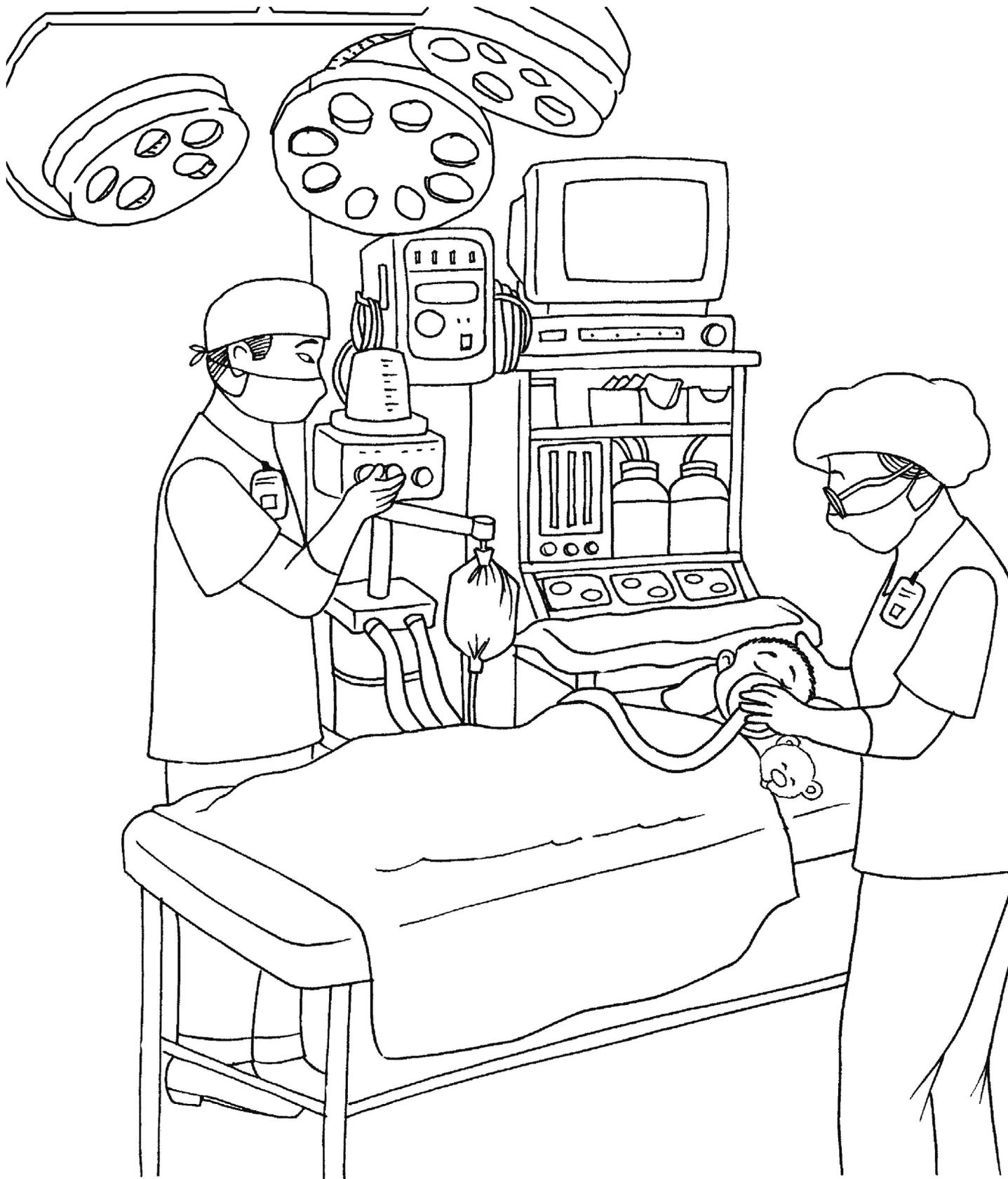


blood pressure cuff

The nurse will give you pajamas to wear. This is a good time to ask questions if you have any.

You will have some time to wait and play.





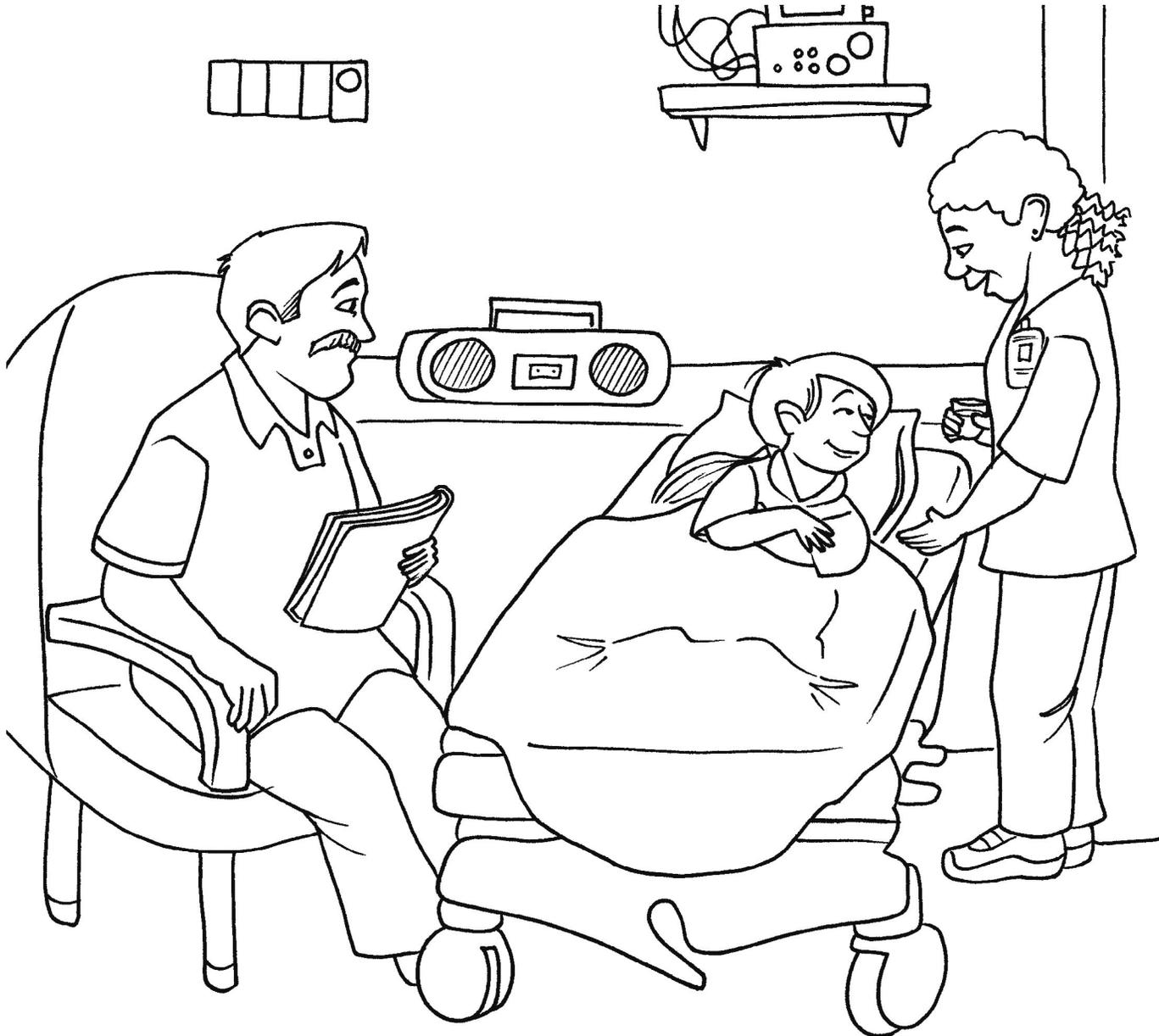
This is a room where you will fall asleep for your surgery. It has special equipment and lights. You will breathe some anesthesia medicine so you don't feel anything during your procedure.

The doctors and nurses wear gowns, hats, masks and gloves in surgery.

While you are having your procedure, your family will wait for you in the surgery waiting room. After your procedure, you will start to wake up in the recovery room. Someone will always be with you.

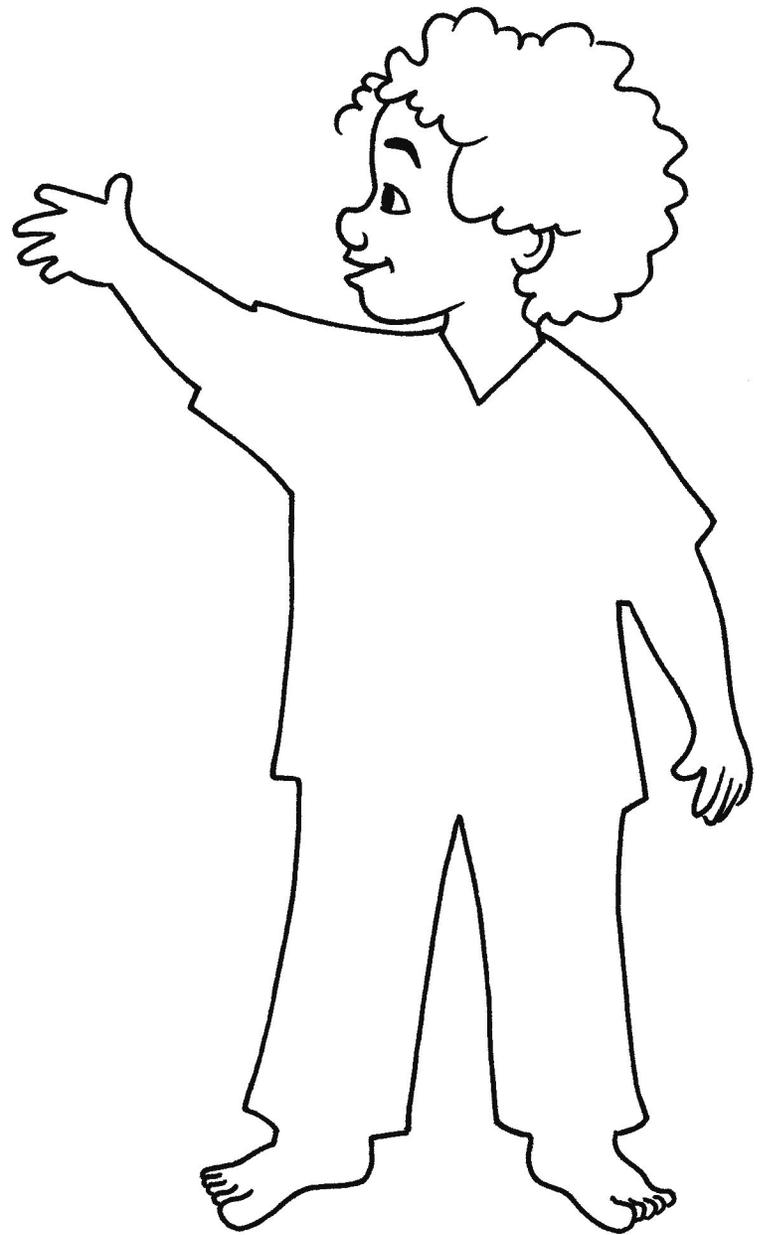
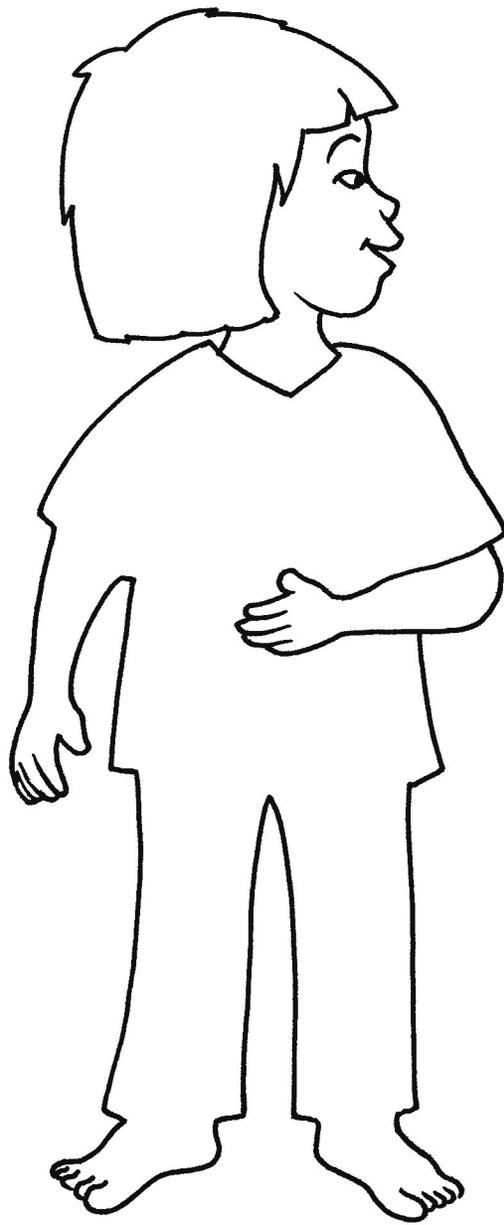


Your family will go with you to another room where you will stay until you are awake. You may read a story, watch TV or eat a popsicle. Some children even feel like getting up to play.



The nurse will check on you until it is time to go home.

After your operation,
you may have a
bandage, IV or cast.
Draw those here.

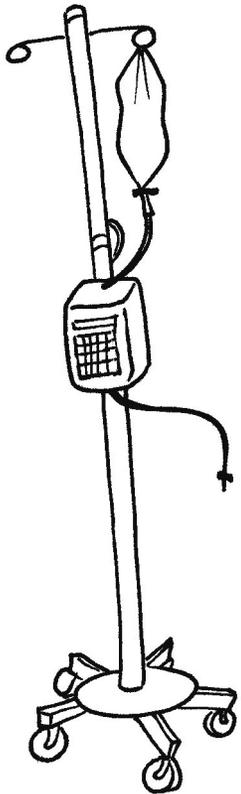
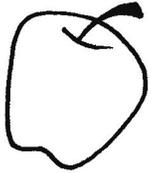
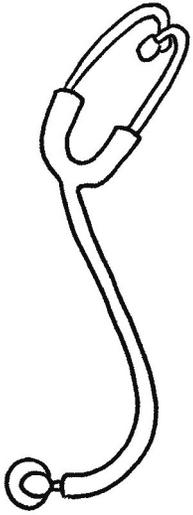




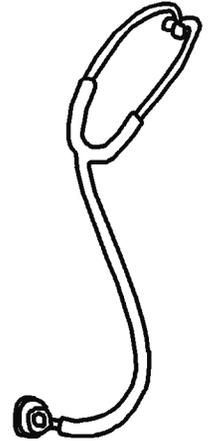
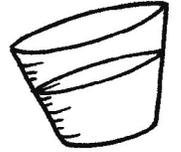
When you go home, you may want to tell your friends about your stay here.

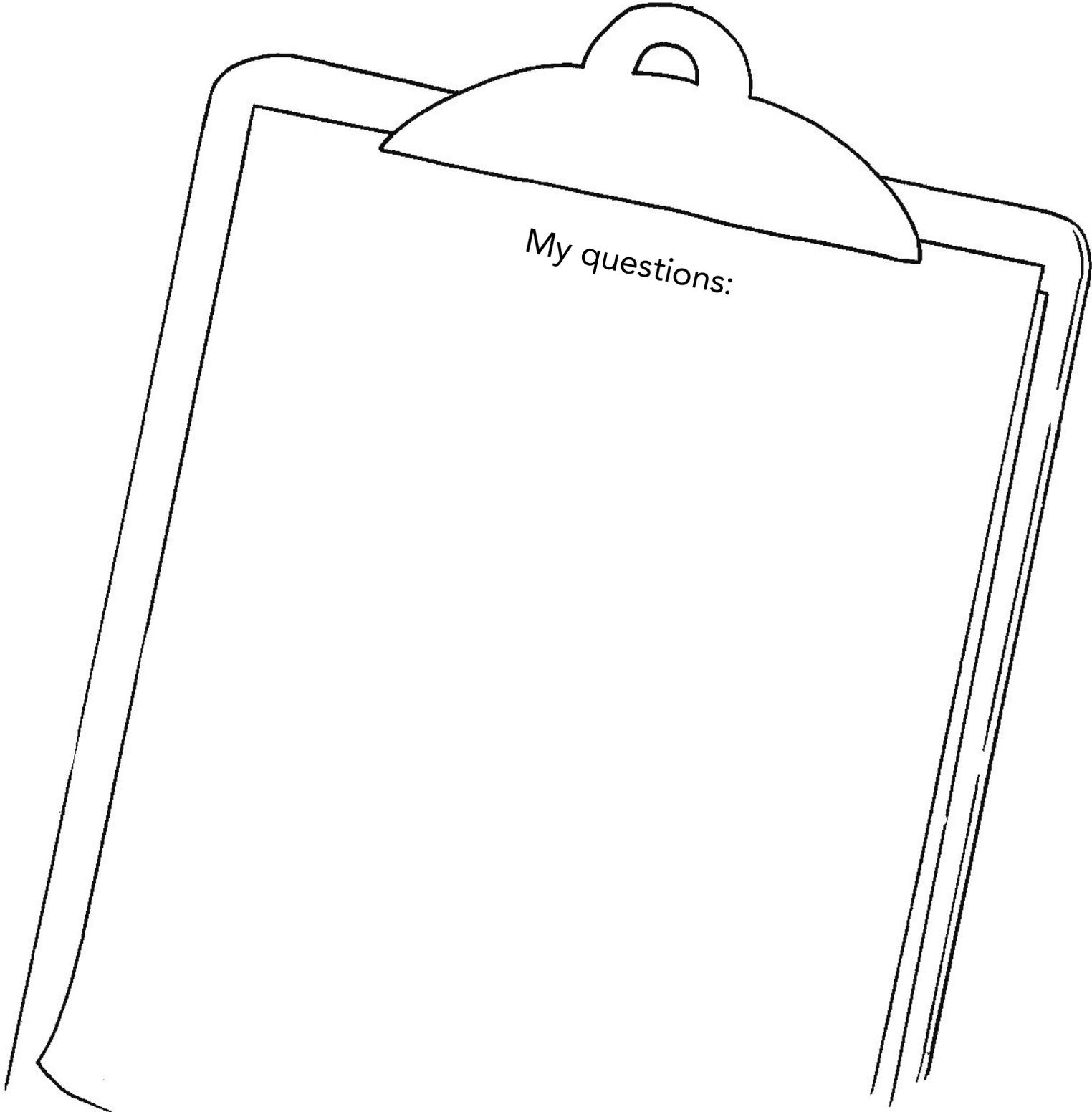
You can show them this book and your name bracelet, and tell them what it was like to be at Children's Minnesota.

Draw pictures or write about being at
Children's Minnesota.

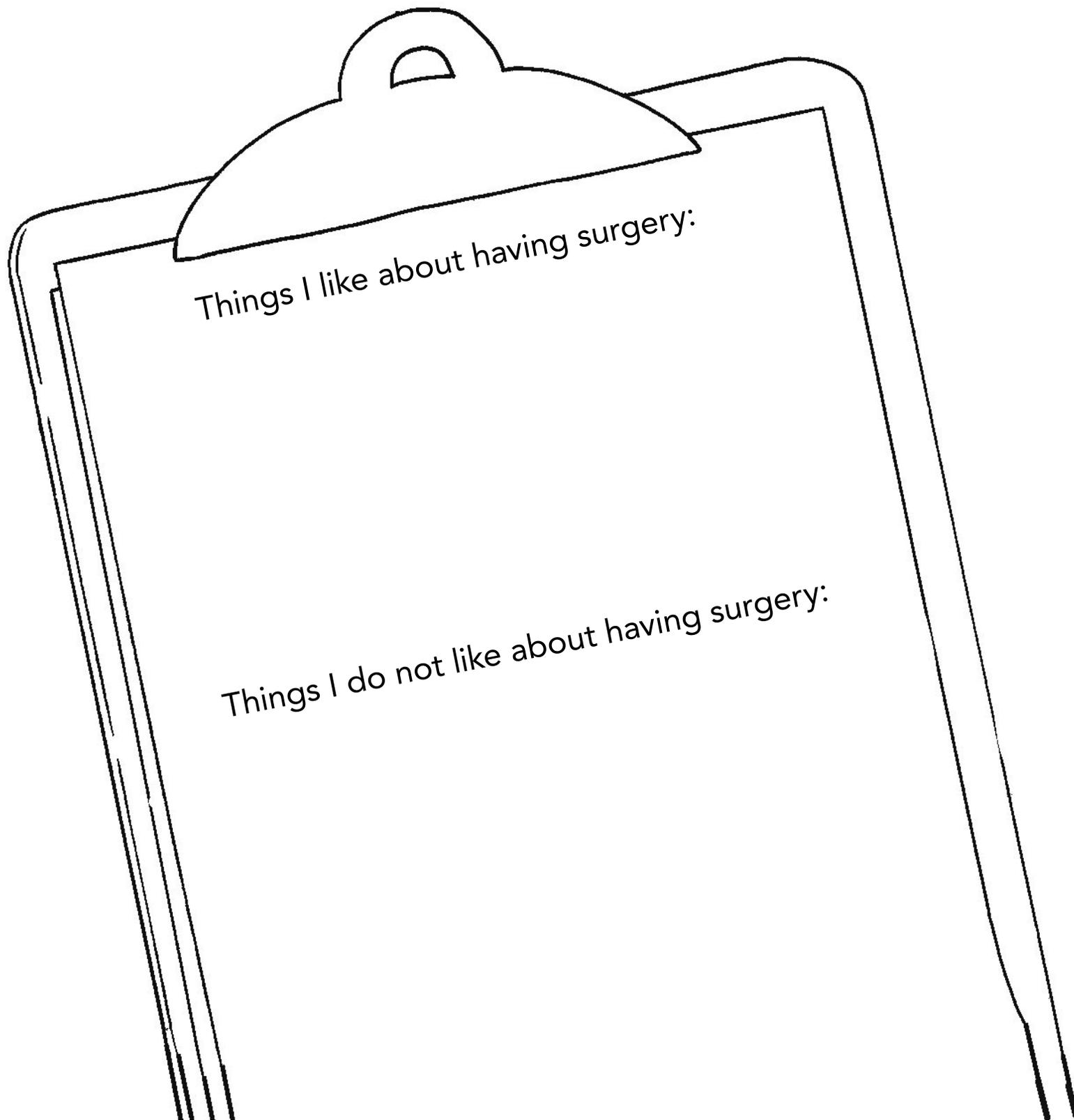


Draw pictures or write about being at
Children's Minnesota.



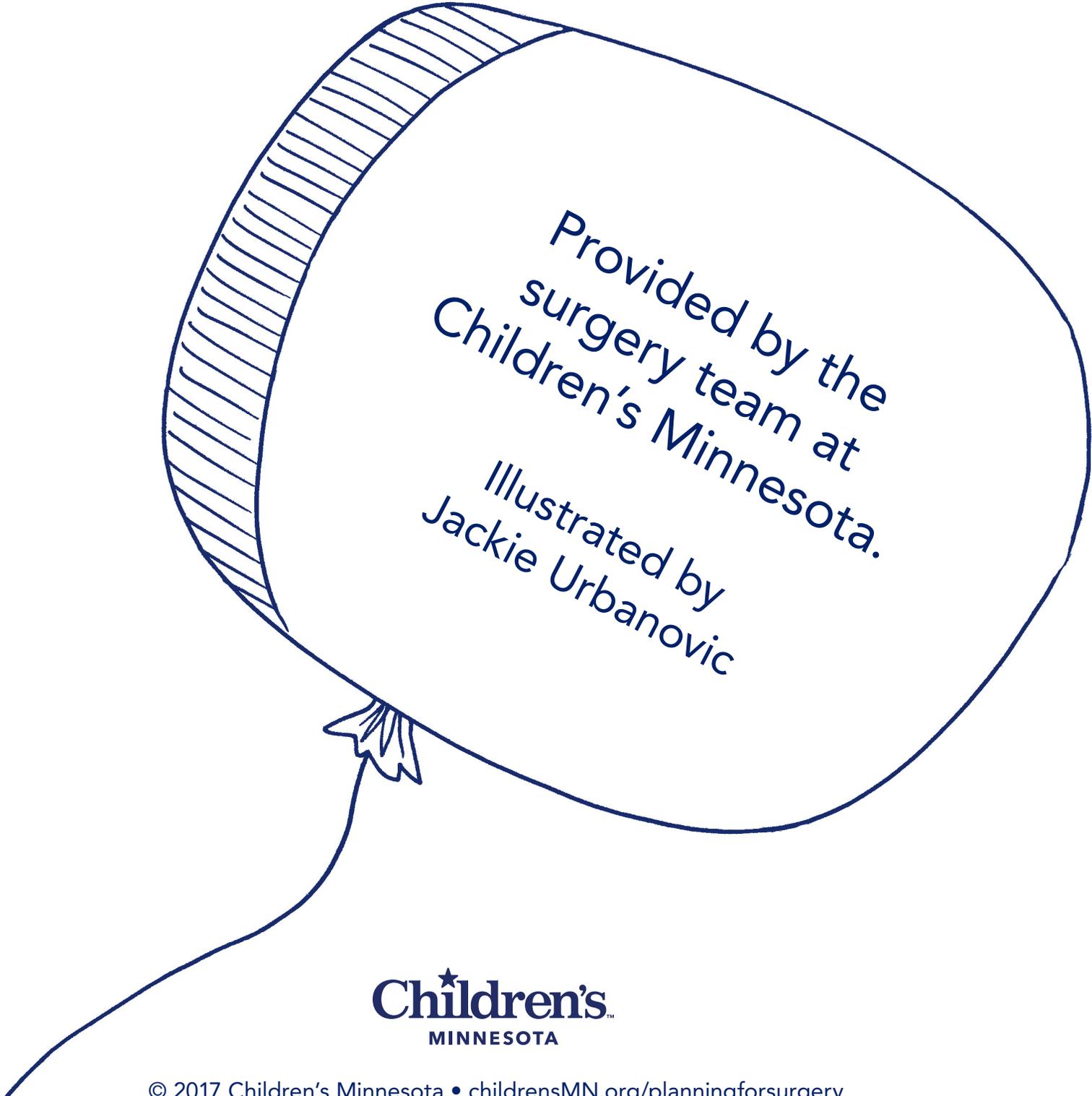


My questions:



Things I like about having surgery:

Things I do not like about having surgery:



Provided by the
surgery team at
Children's Minnesota.

Illustrated by
Jackie Urbanovic

Children's
MINNESOTA