

NICU Follow-up Program

Children's
MINNESOTA

How is my child doing?

This is a question all parents ask, and it may take on special significance for parents of children who have been hospitalized in a neonatal intensive care unit (NICU).

Children's Minnesota offers a special follow-up program on St. Paul and Minneapolis campuses to evaluate the growth and development of former NICU patients.

The program is under medical direction of Cristina Miller, MD.

The purpose of this program is to provide you and your family with an assessment of your child and to collect information about the outcome of children who were patients in the Children's NICU so we can continue to improve what we do. In the program, your child's progress is monitored at regular intervals. This allows us to assess how your child is doing and be able to identify any issues early on, before your child reaches school age to ensure that timely referrals can be made to your physician and other specialty providers. Staff members at the follow-up program will make referrals and recommendations for assessment and services that may be needed with your child's doctor and local specialist.

Is the NICU follow-up program for my child?

The program is available to children who are at risk and have spent time in a NICU or to children whose doctors are concerned about their development.

How often should my child come to the program?

The first visit occurs when your child is six months old (adjusted age). Subsequent visits are scheduled at 12 months (adjusted age), 24 months and when your child is 4½ years old. Visits last approximately one to two hours and are on Tuesdays only. Additional visits may be scheduled as needed.

What about charges for the program?

There are **no charges** for any NICU follow-up program services at Children's Minnesota.

We do use the information we obtain to evaluate our outcomes. Specific patient data is kept confidential.

Who will examine my child?

A neonatologist or nurse practitioner will perform a neuromuscular examination and take a health history.

An occupational, physical therapist or an educational psychologist will perform an additional examination or test to check your child's development.

A program staff member will discuss the findings of the development evaluation with you.

Any evaluations or recommendations made by the staff of the follow-up program will be sent to your child's primary care doctor.

Please note: this program focuses on developmental problems. It does not replace regular well-child check-ups with your child's doctor or other necessary medical visits.

Where is the NICU Follow-up Program located?

The St. Paul NICU Follow-up Program is located on the 6th floor in the Garden View Medical Building at:

**347 North Smith Avenue, Suite 601
St. Paul, MN 55102**

Parking is available in the Red ramp at the corner of Smith Avenue and Grand Avenue. You can go directly into the Garden Medical Building from this ramp.

The Minneapolis NICU Follow-up Program is located on the 4th floor in the Specialty Center Building at:

**2530 Chicago Avenue, Suite 410
Minneapolis, MN 55404**

Parking is available in the Green ramp at the corner of Columbus Avenue and E 26th Street. You can go directly into the Specialty Center from this ramp.

**For scheduling and information:
Please contact us at 651-220-6144**