

# **Child Life Book Recommendations**

## **Hospital and clinic visits**

Zoey Goes to the Hospital, Bill Mulcahy

Franklin Goes to the Hospital, Paulette Bourgeois & Brenda Clark

## **Loss and bereavement:**

The Goodbye Book, Todd Parr

I Miss You, Pat Thomas (preschool/ school age)

The Memory Box: A Book About Grief, Joanna Rowland (school age)

What on Earth Do you DO When Someone Dies? Trevor Romain (school-age)

Ocho Loved Flowers, Anne Fontaine (Death of a Pet) (school age)

When Dinosaurs Die: A Guide to Understanding Death (Paperback)

## **Feelings and emotional health:**

Alpha breaths: The ABCs of Mindful Breathing (preschool/ school age)

It's Okay to Be Different, Todd Parr (preschool/ school age)

The Feelings Book, Todd Parr (toddler/ preschool)

My Many-Colored Days, By Dr. Suess (toddler/ preschool)

You Are Brave, Todd Snow (preschool/ school age)

What to Do When You're Scared & Worried, James J. Crist, Ph.D. (school age/ teen)

## **Sibling support:**

The Invisible String, Patrice Karst (preschool/school age)

Sometimes, Rebecca Elliot

The Kissing Hand, Audrey Penn (pre-school/ school age)