



Who do I call to schedule my child's nNO appointment?

Please contact the Special Diagnostic Department of Children's Minnesota – Minneapolis at (612) 813-6966 to schedule, reschedule or with any questions about the test.

How do I get my child's results?

After the appointment, your child's test results will be sent to the provider who ordered the test. They will then contact you to discuss the results and any next steps.



What else should I know?

This is considered a research test. When you arrive, the respiratory therapist who administers the test will complete consent with you for the test and the ability to report the results. Because it is a research test, you or your insurance will not be billed for the test.

Are there any risks?

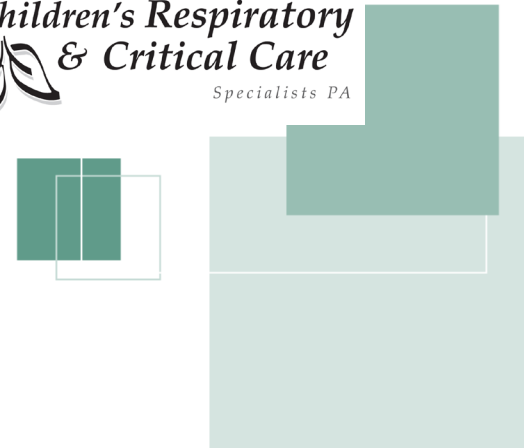
There is a risk of nasal irritation during or after the test.

Nasal Nitric Oxide nNO



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Specialists PA



What is a Nasal Nitric Oxide Test (nNO) ?

Nitric oxide (NO) is a gas that we all exhale as a normal part of our breathing. The nasal nitric oxide test is a simple and painless way to measure the amount of nitric oxide present in the nose. This gives the doctor valuable information about whether the small hairs (cilia) in the airways, which help clear mucus, are working properly and whether there are any blockages.

How does nNO testing work?

The tip of a soft and spongy nasal probe ($\frac{1}{4}$ to $\frac{1}{2}$ inch) will be gently placed into your child's nostril. Your child will then complete a few deep breaths in and out of their mouth through a small tube while the nitric oxide (NO) is being measured from the nasal probe. A measurement will be taken from each side of the nose.



Where will the test be done?

The test is performed by a Respiratory Therapist (RT) in the Special Diagnostic Department of Children's Minnesota – Minneapolis. The appointment will take 60 minutes.

How do I prepare my child?

Please give your child all their regularly prescribed medications.

If your child is sick on the day of the appointment, please call to reschedule. We will also need to reschedule if your child has had a viral infection or a nosebleed in the 2 weeks before the appointment.