

## Donating Snack Bag to Children's Minnesota

We truly appreciate your generosity in providing snacks for our patients and their families. While we prefer individual snack donations, we understand that groups often find value in packing pre-made snack bags. If you're putting bags together, here are our preferences to ensure they're perfect for our needs:

Here are preferences for pre-made snack bags:



### **Ideal snack bag contents (one of each):**

- Chip or salty snack
- Granola bar
- Applesauce or dried fruit
- Cookie/sweet snack
- (optional) Meat stick or other protein.

### **Important Notes for Snack Bags:**

**Options for Everyone:** If you're able, look at offering a variety of allergen-friendly (gluten and/or nut free) and culturally-sensitive (halal, kosher) options. Please label bag appropriately.

**Consistency is Key:** Please make sure all bags have similar contents and quantities.

**Check Expiration Dates:** Double-check that all food items have a future expiration date, and as far in the future as possible. Our needs can fluctuate, and we need ample time to distribute bags before anything expires (even shelf-stable items!).

**Juice Separately, Please!** We love receiving juices (pouches, boxes, bottles, etc.), but kindly avoid including them inside snack bags. Their packaging can be fragile and might break, potentially ruining other snacks in the bag.

## Donating Hygiene Kits to Children's Minnesota

Individual hygiene item donations are always preferred, but we know many donors enjoy assembling pre-made hygiene kits. If you're preparing kits, here are our guidelines:



### **Ideal “Shower Pack” Contents (one of each):**

- Shampoo
- Conditioner
- Body Wash/Soap
- Lotion
- (optional) Deodorant
- (optional) Toothbrush & Toothpaste

### **Ideal “Hair Care” bag contents (one of each):**

- Shampoo
- Conditioner
- Wide Tooth Comb or Hairbrush
- Coconut Oil

**Important Note for Hygiene Donations: Keep Food & Hygiene Separate: Please ensure food items and hygiene items are in completely kits and bags. The scents from products like shampoo and soap can sometimes seep into packaged food items.**

## **Activity Kit Donations to Children's MN**

Activity kits bring so much joy to our patients! **We can accept a maximum of 50 activity bags.**

Please refer to our [Amazon Gift List](#) for examples of items listed below. If your activity bag includes coloring/activity books, please include crayons/markers.

Children have wonderfully diverse personalities, passions, and cultures. As you create activity bags, consider choosing items that go beyond gender and cultural stereotypes so every child can discover something that sparks joy.

### **Pre-School Aged Activity Kit (minimum of 5 items)**

- Bubbles/Fubbles
- Play-Doh
- Hot Wheels
- Crayons (10 count minimum)
- Coloring/Activity Book (age appropriate)
- Sticker Books or Sticker Scenes (age appropriate)
- Small stuffed animal



### **School Aged Activity Kit (minimum of 5 items)**

- Fidget Toys (e.g. pop-it, spinners, etc.)
- Model Magic or Play-Doh
- Small Lego or building kit
- Travel Game (e.g. UNO, Spot It!, Connect 4, memory game, etc.)
- Crayons/Markers (10 count minimum)
- Coloring/Activity Book (age appropriate)
- Sticker Books (age appropriate)



## Teen Activity Kit (minimum of 5 items)

- Fidget Toys (e.g. pop-it, spinners, etc.)
- Stress Ball
- Model Magic
- Travel Game (e.g. Deck of cards, Uno, etc.)
- Adult Coloring Book/Sketch Book
- Colored pens/pencils/fine tip markers
- Fuzzy socks with grips on the bottom
- Journal (no staples or spirals)



## Craft Kit Donation to Children's Minnesota

Craft kits can bring creativity and a “healthy” distraction for our patients. **We can accept a maximum of 50 activity bags**

- Bracelet making kit (with string, beads, and charms along with instructions and design examples).



- Paint set (watercolor or acrylic paint strips, paint brushes, sketch pad/canvas or ceramic)



- Play-Doh (with assorted color options and Play-Doh tools).



## **Sensory Kit Donation to Children's Minnesota**

Sensory kits are incredible tools for our patients. Kits are most helpful when they include at least three of the following options to provide variety for patients with different sensory needs.

- [Chewy Tubes](#) for all ages (infant-adult) - individually packaged only



- Infant/baby teethers: [Knobby O Baby Teether](#)



- [Sensory Squish Cube Pack](#)



- [Nee Doh Nice Cube Pack](#)



- [Stretch Tubes](#)



- [Textured Fidget toys](#)



## **Sensory Items Available Through Fraser**

- Fraser [mini sensory kit](#)



- [Snapper fidget toy](#)



- [Pop it fidget spinner](#)

