
Lab Dept: Chemistry

Test Name: 17-OH PROGESTERONE, SERUM

General Information

Lab Order Codes: OHPG

Synonyms: Hydroxyprogesterone 17; Progesterone 17-OH; 17OHP

CPT Codes: 83498 – Hydroxyprogesterone, 17d

Test Includes: 17 OHP level reported in ng/dL.

Logistics

Test Indications: The analysis of 17-hydroxyprogesterone (17-OHPG) is 1 of the 3 analytes along with cortisol and androstendione, that constitutes the best screening test for congenital adrenal hyperplasia (CAH), caused by either 11- or 21-hydroxylase deficiency. Analysis for 17-OHPG is also useful as part of a battery of tests to evaluate females with hirsutism or infertility; both can result from adult onset CAH.

Lab Testing Sections: Chemistry - Sendouts

Referred to: Mayo Clinic Laboratories (Mayo test: OHPG)

Phone Numbers: MIN Lab: 612-813-6280

STP Lab: 651-220-6550

Test Availability: Daily, 24 hours

Turnaround Time: 2 - 5 days, performed Monday - Friday

Special Instructions: N/A

Specimen

Specimen Type: Blood

Container: Red NO GEL

Draw Volume: 1.8 mL (Minimum: 0.75 mL) blood

Processed Volume: 0.6 mL (Minimum: 0.25 mL) serum

Collection: Routine blood collection

Special Processing: Lab Staff: Centrifuge specimen. Remove serum aliquot into a screw-capped round bottom plastic vial. Store and ship at refrigerated temperatures. Forward promptly.

Specimen stable refrigerated (preferred) or frozen for 28 days, ambient for 7 days.

Patient Preparation: None

Sample Rejection: Gross hemolysis; gross lipemia; specimens collected in gel tubes; mislabeled or unlabeled specimens

Interpretive

Reference Range:

Premature/preterm Infants:			
Preterm infants may exceed 630 ng/dL, however it is uncommon to see levels reach 1,000 ng/dL.			
Full Term Infants:			
0 – 28 days		<630 ng/dL	
Levels fall from newborn to prepubertal gradually within 6 months.			
Prepubertal Children:			
Males:		<110 ng/dL	
Females:		<100 ng/dL	
Puberty:		Male: Female	
Adults:		Male: Female:	
		<220 ng/dL	
		Follicular:	<80 ng/dL
		Luteal:	<285 ng/dL
		Postmenopausal:	<51 ng/dL

Critical Values: N/A

Limitations: At birth the hypothalamic-pituitary-adrenal axis and the hypothalamic-pituitary-gonadal axis are activated and adrenal and sex steroid levels are high. In preterm infants the elevations can be even more pronounced due to illness and stress. As a result, preterm infants may occasionally have 17-hydroxyprogesterone levels of up to 1,000 ng/dL. Term infants (0-28 days) will have levels <630 ng/dL. These then fall over the following 1-6 months to prepubertal levels of <110 ng/dL (males) and <100 ng/dL (females).

Methodology: Liquid Chromatography-Tandem mass spectrometry (LC-MS/MS)

References: [Mayo Clinic Laboratories](#) (July 2023)

Updates:
9/29/2009: Updated method, reference values
5/5/2010: Updated CPT code.
5/25/2017: Update CPT code.
2/1/2018: Collection container update.
8/23/2021: Testing moved from Esoterix to Mayo.
3/3/2023: Test temporarily down, lab will reorder alternate, added note in Test Includes section.
7/10/2023: Testing resumed. Added specimen stability.