Lab Dept: Chemistry
Test Name: ACTH

General Information
Lab Order Codes: ADCT
Synonyms: Adrenocorticotropic Hormone (ACTH), Plasma; Corticotropin; Cushing’s Disease
CPT Codes: 82024 – Adrenocorticotropic hormone (ACTH)
Test Includes: ACTH level reported in pg/mL.

Logistics
Test Indications: Useful for determining the cause of hypercortisolism and hypocortisolism states.
Lab Testing Sections: Chemistry – St. Paul Campus
Phone Numbers: MIN Lab: 612-813-6280
STP Lab: 651-220-6550
Test Availability: Daily, 24 hours
Turnaround Time: Stat: Within 12 hours
Routine: Performed daily
Special Instructions: See Collection

Specimen
Specimen Type: Blood
Container: Lavender top (EDTA) tube (MUST be ice cooled)
Draw Volume: 3 mL (Minimum: 1.5 mL) blood
Processed Volume: 1 mL (Minimum: 0.5 mL) plasma
Note: 2 mL of plasma is the maximum amount to freeze to minimize thawing time.
**Collection:** Morning (6 am – 10 am) specimens are desirable. Draw in an ice-cooled, lavender top (EDTA) tube. Mix 8-10 times and immediately place tube in packed wet ice.

**Special Processing:** Lab Staff: Centrifuge specimen in a refrigerated centrifuge. Transfer plasma aliquot sample into a screw-capped round bottom plastic vial. Store and ship at frozen (-20 degrees C) temperatures.

For STAT samples, place aliquoted sample on packed wet ice and transport immediately.

Sample stability: Sample must be stored and transported frozen.

Note: When a refrigerated centrifuge is not available, it is preferable to spin the sample immediately and cool the sample afterward.

**Patient Preparation:** None

**Sample Rejection:** Specimens other than EDTA plasma; warm specimens; mislabeled or unlabeled specimens; gross hemolysis; specimens stored in glass tubes

**Interpretive**

<table>
<thead>
<tr>
<th>Reference Range:</th>
<th>Pediatrics: Pediatric reference values are the same as adults, as confirmed by peer reviewed literature.</th>
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<tbody>
<tr>
<td>Adults:</td>
<td>10 – 60 pg/mL (am draws)</td>
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<td></td>
<td>No established reference values for pm draws</td>
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**Critical Values:** N/A

**Limitations:** In very rare circumstances of the ectopic ACTH syndrome, the elevated ACTH may be biologically active but not detected by the immunometric assay.

ACTH levels should be interpreted in relationship to cortisol levels.

Hemolysis and a traumatic draw will falsely increase ACTH levels.

**Methodology:** Automated Chemiluminescent Immunometric Assay


Siemens Immunlite ACTH Control Module Product Insert, PILACCM-23, (8/24/2009)

**Updates:**

7/21/2015: Vista update