Lab Dept: Chemistry
Test Name: VITAMIN D, 1, 25 DIHYDROXY

General Information
Lab Order Codes: D125
Synonyms: 1,25-Dihydroxycholecalciferol; Calcitriol
CPT Codes: 82652 – Dihydroxyvitamin D, 1, 25-
Test Includes: Vitamin D, 1, 25-Dihydroxy level reported in pg/mL.

Logistics
Test Indications: As a second-order test in the assessment of vitamin D status, especially in patients with renal disease and parathyroid dysfunction. The circulating half life is relatively short and therefore it is not ideal for overall vitamin D assessment/nutritional assessment. Investigation of some patients with clinical evidence of vitamin D deficiency (eg, vitamin D-dependent rickets due to hereditary deficiency of renal 1-alpha hydroxylase or end-organ resistance to 1,25-dihydroxy vitamin D)
Lab Testing Sections: Chemistry - Sendouts
Referred to: Mayo Medical Laboratories (MML Test: DHVD)
Phone Numbers: MIN Lab: 612-813-6280
STP Lab: 651-220-6550
Test Availability: Daily, 24 hours
Turnaround Time: 2 - 4 days, test set up Monday – Friday.
Special Instructions: See Patient Preparation

Specimen
Specimen Type: Blood
Container: SST (Gold, marble or red) tube
Draw Volume: 4.5 mL (Minimum: 2.1 mL) blood
Processed Volume: 1.5 mL (Minimum: 0.7 mL) serum

Collection: Routine venipuncture. Forward to laboratory promptly.

Special Processing: Lab Staff: Centrifuge specimen, remove serum aliquot into a screw-capped round bottom plastic vial. Store and ship at refrigerated temperatures. Forward promptly.

Note: Specimens submitted less than the minimum of 1.2 mL will result in a phone call requesting additional specimen. If more specimen is not available, testing will be canceled.

Patient Preparation: Patient should be fasting at least 4 hours, recommended but not required.

Sample Rejection: Gross hemolysis; gross lipemia; grossly icteric; mislabeled or unlabeled specimens

Interpretive

<table>
<thead>
<tr>
<th>Reference Range:</th>
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<tbody>
<tr>
<td><strong>Females</strong></td>
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<tr>
<td>0 – 15 years:</td>
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<tr>
<td>≥16 years:</td>
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| **Males**        |
| 0 – 15 years:    | 24 – 86 pg/mL |
| ≥16 years:       | 18 – 64 pg/mL |

Interpretation:
1,25-Dihydroxy vitamin D concentrations are low in chronic renal failure and hypoparathyroidism and high in sarcoidosis and other granulomatous diseases, some malignancies, primary hyperthyroidism, and physiologic hyperparathyroidism.

1,25-Dihydroxy vitamin D concentrations are not a reliable indicator of vitamin D toxicity; normal (or even low) results may be seen in such cases.

Critical Values: N/A

Limitations: N/A

Methodology: Extraction/Liquid Chromatography-Tandem Mass Spectrometry (LC-MS/MS)
References: Mayo Medical Laboratories Web Page July 2013

Updates: 7/11/2008: Minimum volume serum increase from 0.65 to 1.2 mL.
11/20/2008: Specimen handling for short specimens.
12/12/2017: Collection container update.