## Lab Dept: Serology

## Test Name: ISLET ANTIGEN 2 ANTIBODY

## **General Information**

Lab Order Codes:	IA2
Synonyms:	IA-2; ICA-512; Anti-IA2 Antibodies; Islet Cell Antibody
CPT Codes:	86341 - Islet cell antibody
Test Includes:	Islet Antigen 2 antibody reported in nmol/L.
Logistics	
Test Indications:	Clinical distinction of type 1 from type 2 diabetes mellitus and for identification of individuals at risk of type 1 diabetes. Prediction of future need for insulin treatment in adult-onset diabetic patients.
Lab Testing Sections:	Serology - Sendouts
Referred to:	Mayo Clinic Laboratories (MML: IA2)
Phone Numbers:	MIN Lab: 612-813-6280
	STP Lab: 651-220-6550
Test Availability:	Daily, 24 hours
Turnaround Time:	3 - 9 days
Special Instructions:	N/A
Specimen	
Specimen Type:	Blood
Container:	SST tube, Red, Gold or Marble
Draw Volume:	4.5 mL (Minimum: 3 mL) blood
Processed Volume:	1.5 mL (Minimum: 1 mL) serum
Collection:	Routine venipuncture

Special Processing:	Lab Staff: Centrifuge specimen and remove aliquot into a screw-capped round bottom plastic vial. Store and ship at refrigerated temperatures. Forward promptly.
	Specimen stable refrigerated (preferred) or frozen for 28 days, ambient for 72 hours.
Patient Preparation:	None
Sample Rejection:	Mislabeled or unlabeled specimens; gross hemolysis; gross lipemia; gross icterus
Interpretive	
Reference Range:	All ages: < or = 0.02 nmol/L
	<ul> <li>Note: &gt;0.02 nmol/L is supportive of:</li> <li>A diagnosis of type 1 diabetes</li> <li>A high risk for future development of diabetes</li> <li>A current of future need for insulin therapy in patients with diabetes</li> </ul>
Critical Values:	N/A
Limitations:	Negative results do not exclude the diagnosis of or future risk for type 1 diabetes mellitus. The risk of developing type 1 diabetes may be stratified further by testing for: 1. Antibodies targeting insulin, glutamic acid decarboxylase, and zinc transporter 8 (ZnT8) and 2. HLA genetic markers. Careful monitoring of hyperglycemia is the mainstay of determining the requirement for insulin therapy.
Methodology:	Radioimmunoassay (IA)
References:	Mayo Clinic Laboratories December 2024
Updates:	6/17/2020: Updated specimen collection volumes. 12/27/2024: Edited reference range typo. Added specimen stability.