Lab Dept: Urine/Stool

Test Name: URINALYSIS REFLEX TO URINE CULTURE

General Information

Lab Order Codes: UARC

Synonyms: UA Reflex to Culture

CPT Codes: 81001 – Urinalysis, automated with microscopy

81003 - Urinalysis, automated without microscopy

For Urine Culture CPT information: See Urine Culture

Test Includes: Bilirubin, blood, clarity, color, glucose, ketones, leukocyte esterase, nitrite,

pH, protein, specific gravity, and urobilinogen

Reflexive testing for culture will be performed in the following situations:

1. Urine dipstick positive for Nitrites

2. Urine dipstick positive for Leukocyte Esterase (trace or greater)

Greater than 5 WBC's on spun urine
Greater than 10 WBC's on unspun urine

5. Any urine positive for yeast

Logistics

Test Indications: A screen for abnormalities of urine; diagnosing and managing renal

diseases, urinary tract infections, urinary tract neoplasms, systemic

diseases, inflammatory or neoplastic diseases adjacent to the urinary tract

and dehydration.

Lab Testing Sections: Urinalysis/Microbiology

Phone Numbers: MIN Lab: 612-813-6280

STP Lab: 651-220-6550

Test Availability: Daily, 24 hours

Turnaround Time: UA: 2 hours

UC: Preliminary report in one day, final report within 1-5 days

Special Instructions: Send to lab within 30 minutes of collection

Specimen

Specimen Type: Urine

Container: Urine cup

Draw Volume: Prefer 10 mL urine (Minimum: 2-4 mL may limit extent of testing)

Processed Volume: Entire volume submitted

Collection: A specimen collected by catheterization is optimal; however, a clean-catch

or mid-stream specimen is also acceptable. Random, voided specimens will be accepted, but are the least desirable and are **not** recommended if a urine culture is also being requested. In all cases, a first morning specimen is most desirable. If testing will be delayed for more than one hour,

refrigerate upon collection, stable for up to 24 hours.

Special Processing: N/A

Patient Preparation: Collect a clean-catch urine specimen as follows:

Males: Clean glans with soap and water. Rinse area with wet gauze pads. While holding foreskin retracted, begin voiding. After several mLs have passed, collect midstream portion without stopping the flow of urine. Place the cap on the cup and **tighten securely**. Send to the lab immediately, or refrigerate specimen until it can be sent.

Females: Thoroughly clean urethral area with soap and water. Rinse area with wet gauze pads. While holding labia apart, begin voiding. After several mLs have passed, collect midstream portion without stopping the flow of urine. Place the cap on the cup and **tighten securely**. Send to the lab immediately, or refrigerate specimen until it can be sent.

Note: Indicate type of specimen (catheterized or void) and time of collection on the label.

Sample Rejection: Contamination with feces; urine in cotton balls; specimen decomposition;

bacterial overgrowth; mislabeled or unlabeled specimens; specimens not refrigerated within one hour of collection (verified by laboratory); specimens

>24 hours old.

Interpretive

Reference Range:

Urine Chemistries:		
Blood:	Negative	
Bilirubin:	Negative	
Clarity:	Clear to slightly hazy	
Glucose:	Negative	
Ketones:	Negative	

Leukocyte esterase:	Negative		
Nitrite:	Negative		
pH:	5 – 8 pH units		
Protein:	Negative		
Specific gravity:	0 – 1 yr:	1.002 – 1.006	
	>1 yr:	1.001 – 1.030	
Urobilinogen:	0.1 – 1.0 Ehrlich Units		
Microscopic:			
RBC:	0 – 3 /HPF		
WBC:	0 – 5 /HPF		
Epithelial cells:	Few (Squamous Only)		
Casts:	0 – 2 hyaline casts/LPF		
Crystals:	Few Calcium oxalate; few amorphous urates or phosphates		
Mucus:	None to slight		
Bacteria:	None or few/hpf (none for catheterized specimens)		
Yeast:	None		
Urine Culture Reference Info: See Urine Culture			

Critical Values:

N/A

Limitations:

Insufficient volume, <2 mL, may limit the extent of procedures performed. Metabolites of Pyridium® may interfere with the dipstick reactions by producing color interference. High Vitamin C intake may cause an underestimate of glycosuria, or a false-negative nitrate test. Survival of WBC's is decreased by low osmolality, alkalinity and lack of refrigeration. Formed elements in the urine including casts disintegrate rapidly; therefore, the specimen should be analyzed as soon as possible after collection. Specific gravity is affected for glycosuria, mannitol infusion, or prior administration of iodinated contrast material for radiologic studies. False-positive tests for protein can also be due to contamination of the urine by an ammonium-containing cleansing solution.

Because the pH of freshly excreted urine does not reach a pH of 9 in normal or abnormal conditions, a pH of 9.0 is associated with improperly preserved specimen and indicates that a fresh specimen should be obtained to ensure validity of the results. If a pH is found to be above 9.0, the following comment will be appended to the result, "Specimen quality is questionable due to high pH, suggest recollect."

For Urine Culture: See Urine Culture

Methodology:

Aution 9EB test strip with AX-4030 utilizing reflectance spectroscopy

Multistix© SG and light microscopy For Urine Culture: See <u>Urine Culture</u>

References:

Howaritz PJ, et al (1977) Timeliness of Urinalysis, Arch Path Lab Medicine,

Vol 122: 667-671

Strasinger S (1989) Urinalysis and Body Fluids 2nd ed, FA Davis Company

Brunzel N (1994) Urine and Body Fluid Analysis, WB Saunders Company

Ringsrud K, et al (1995) Urinalysis and Body Fluids: A Color Text and Atlas,

Mosby

For Urine Culture: See Urine Culture

Updates:

3/20/24: New instrumentation and volume requirements (2-4 mL min.)

4/2/2025: removed reflexing to culture for <2 years of age