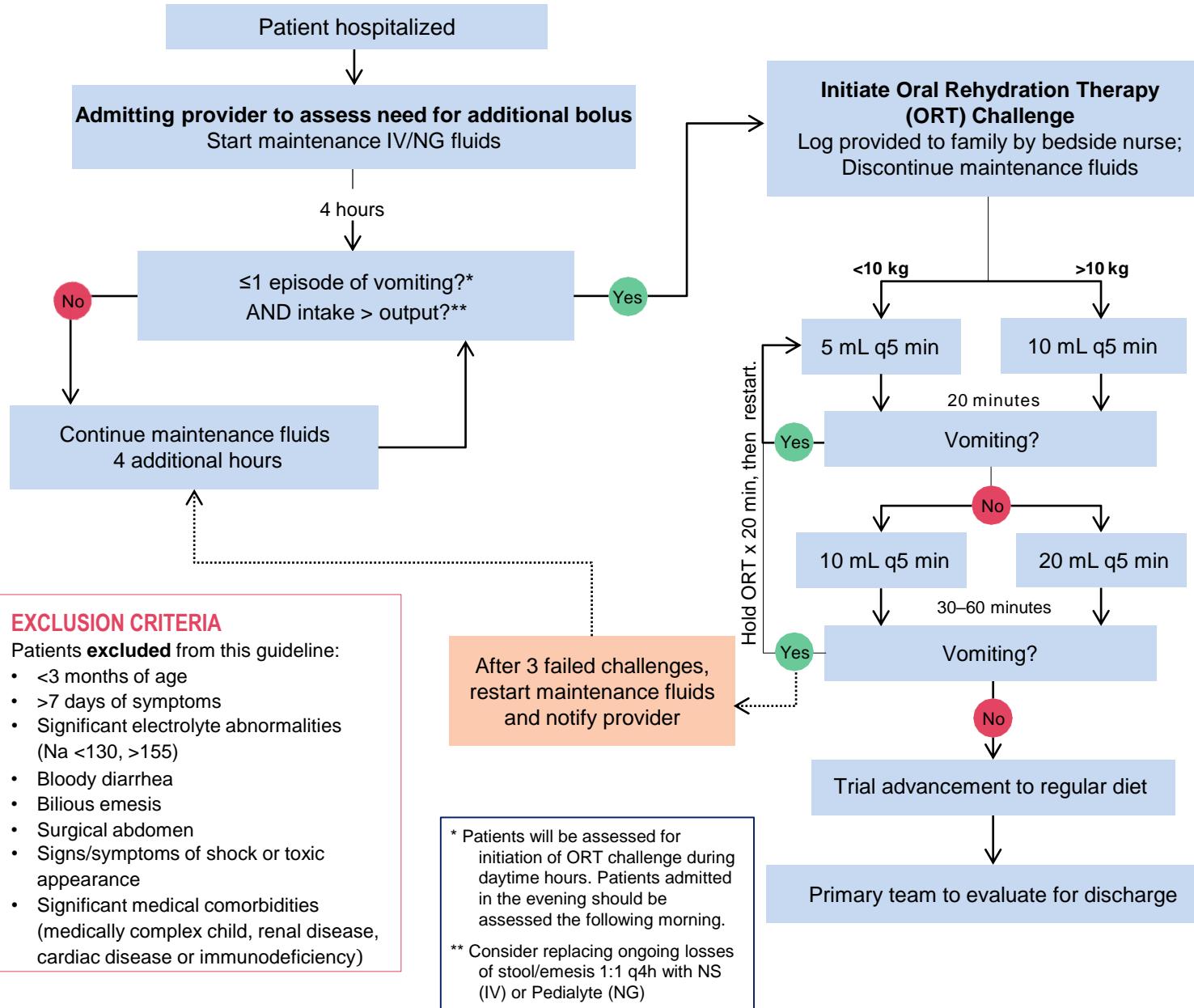


**Aim:** Facilitate rapid transition to oral rehydration therapy (ORT); enhance safety by decreasing duration of IV fluid use; decrease length of stay without increasing readmission rates.



## ORAL REHYDRATION THERAPY (ORT)

Pedialyte is the recommended first-line oral rehydration solution. If not well-tolerated, may use  $\frac{1}{2}$ -strength apple juice.

### Advancement to regular diet

- Breastfed infants should continue to breastfeed.
- No additional dietary restrictions needed.

### Other therapy

- Anti-diarrhea agents should not be used in routine management.
- Consider use of ondansetron as it has been shown to decrease vomiting and hospitalization rates in children who require IV/NG fluids.

### Laboratory studies

- Stool PCR pathogen panel is not routinely recommended. Consider if prolonged diarrhea (>7 days), bloody stool, recent history of travel to at-risk area, or severe clinical conditions.

**Aim:** Facilitate rapid transition to oral rehydration therapy (ORT); enhance safety by decreasing duration of IV fluid use; decrease length of stay without increasing readmission rates.

### Patient and Family Education Materials:

1. Oral Rehydration Therapy less than 10kg ([English](#), [Hmong](#), [Somali](#), [Spanish](#))
2. Oral Rehydration Therapy more than 10kg ([English](#), [Hmong](#), [Somali](#), [Spanish](#))

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