**Lab Dept:** Serology  
**Test Name:** CMV ANTIBODY, IGM

### General Information

**Lab Order Codes:** CMVM  
**Synonyms:** Anti-CMV Antibodies - IgM; Cytomegalovirus Antibodies – IgM; CMV Antibodies, IgM  
**CPT Codes:** 86645 – CMV antibodies (IgM)  
**Test Includes:** Anti-CMV Antibodies, IgM

### Logistics

**Test Indications:** Intended for the qualitative detection of IgM antibodies to Cytomegalovirus in human sera to indicate recent exposure to CMV.  
**Lab Testing Sections:** Chemistry (Performed on the St. Paul campus)  
**Phone Numbers:**  
- MIN Lab: 612-813-6280  
- STP Lab: 651-220-6550  
**Test Availability:** Daily, 24 hours  
**Turnaround Time:** 1 - 3 days, testing is performed daily, Mon – Fri, during normal business hours  
**Special Instructions:** N/A

### Specimen

**Specimen Type:** Blood  
**Container:** SST (Gold, marble or red)  
**Draw Volume:** 1 mL blood  
**Processed Volume:** 0.25 mL serum  
**Collection:** Blood should be collected aseptically by venipuncture and placed in a SST sterile container without anticoagulant and allowed to clot at room temperature.
**Special Processing:** Lab Staff: Centrifuge specimen as early as possible after it has clotted; transfer serum to a plain polypropylene tube and refrigerate. If testing is delayed longer than 5 days, serum should be frozen at -20°C or colder. Do not store serum in a self-defrosting freezer.

**Patient Preparation:** None

**Sample Rejection:** Sera exhibiting a high degree of hemolysis; icterus; lipemia or microbial contamination are not recommended because these conditions may cause aberrant results. Mislabeled or unlabeled specimens.

### Interpretive

**Reference Range:** The results will be reported as a numerical value with interpretation.

<table>
<thead>
<tr>
<th>Value</th>
<th>Interpretation</th>
</tr>
</thead>
<tbody>
<tr>
<td>&lt;30</td>
<td>Negative</td>
</tr>
<tr>
<td>≥35</td>
<td>Positive</td>
</tr>
<tr>
<td>30 – 34.9</td>
<td>Equivocal</td>
</tr>
</tbody>
</table>

Expected values: **Negative** – No exposure to CMV. No detectable IgM antibodies present.

**Interpretation:**

<table>
<thead>
<tr>
<th>IgM Result</th>
<th>Interpretation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Negative</td>
<td>No exposure to CMV or too early for antibody response</td>
</tr>
<tr>
<td>Positive</td>
<td>Patient has recently been exposed to CMV</td>
</tr>
</tbody>
</table>

**Equivocal Result:** "Borderline Result" – suggest repeat specimen be obtained in 7-14 days.

**Critical Values:** N/A
Limitations: Samples collected early in the course of a CMV infection may not have detectable levels of antibody. In such cases, it is recommended that a second serum sample be obtained 10-21 days later.

Positive results on CMV-IgG antibody in neonates should be interpreted with caution, since maternal IgG is transferred passively from mother to baby before birth. IgM assays are generally more useful indicators of infection in children below the age of 6 months.

Results from immunosuppressed patients should be interpreted with caution. Assay characteristics have not been established for immune compromised patients.

Methodology: Chemiluminescent Immunoassay (CLIA)

References: Liaison® CMV IgM (310750) (February 2009) Directions for Use, DiaSorin, Inc., Stillwater, MN 55082


Updates: 9/12/2005: Testing turnaround time previously listed as 1-6 days, testing performed 1 time per week.
2/9/2016: Updated container types