## Lab Dept: Urine/Stool

## Test Name: PANCREATIC ELASTASE, STOOL

## **General Information**

Lab Order Codes:	PE1S		
Synonyms:	Elastase Stool, El 1; Elastase 1; Fecal Elastase		
CPT Codes:	82656 – Elastase, pancreatic (EL-1), fecal, qualitative or semi-quantitative		
Test Includes:	Pancreatic stool elastase concentration measured in mcg/g stool.		
Logistics			
Test Indications:	Diagnosis or exclusion of exocrine pancreatic insufficiency in case of unexplained diarrhea, constipation, steatorrhea, flatulence, weight loss, upper abdominal pain, and food intolerances.		
	Monitoring of exocrine pancreatic function in cystic fibrosis, diabetes mellitus or chronic pancreatitis.		
Lab Testing Sections:	: Urine/Stool - Sendouts		
Referred to:	Mayo Medical Laboratories (Mayo Test: ELASF)		
Phone Numbers:	MIN Lab: 612-813-6280		
	STP Lab: 651-220-6550		
Test Availability:	Availability: Daily, 24 hours		
Turnaround Time:	around Time: 3 – 5 days		
Special Instructions:	Testing cannot be added on to a previously collected specimen.		
Specimen			
Specimen Type:	Stool, formed. Note: Separate specimens must be submitted when multiple tests are ordered.		
Container:	Stool container with screw-top lid		
Draw Volume:	5 g (Minimum: 1 g) undiluted feces. Do not add fixative or preservative.		

Processed Volume:	Same as Draw Volume		
Collection:	Routine stool collection Lab Staff: Stool samples should be frozen. Ship at frozen temperatures. Forward promptly.		
Special Processing:			
Patient Preparation:	None		
Sample Rejection:	Specimens other than stool, mislabeled or unlabeled specimens		
Interpretive			
Reference Range:	Age: All ages	Range: (mcg/g)	
	Normal:	>200	
	Moderate to slight pancreatic insufficiency:	100 to 200	
	Severe pancreatic insufficiency:	<100	
Critical Values:	N/A		
Limitations:	N/A		
Methodology:	Immunoassay (IA)		
References:	Mayo Medical Laboratories August 2020		
Updates:	<ul> <li>10/16/2006: Test moved as a forward from Mayo to Inter Science. Note change in reference range, and CPT.</li> <li>11/22/2010: Mayo moved test from a forward to Genova Diagnostics to Joli Diagnostics.</li> <li>CPT update, previously listed as 82656. Updated reference range and units.</li> <li>5/21/2013: CPT update, previously listed as 83516</li> <li>3/3/2014: Update reference range for Normal (previously 200 to &gt;500)</li> <li>6/19/2018: Updated units and specimen processing</li> <li>8/4/2020: Moved from forward to Joli to internal test at Mayo.</li> </ul>		