













## Qaabka guud: Daawooyinka xanuun bi'eyha ah

- Rux si aad u qastid dhamaan daawooyinka
- Ha qaadan mar labaad Tylenol® wakhtiga oon dhamaan
- Dhig meel hawada qolka guriga oo kale leh
- Cabidda biyo badan waxay kaa cawinaysaa calool fadhi
- Waxaad kala hadashaa daawada shaqaalaha farmashiyaha

Daawada	Isticmaalka	Waxyeelooyinka ugu badan
<b>Acetaminophen (Tylenol®)</b>	<ul style="list-style-type: none"> <li>• U qaado xanuunka yar (1-3) ama ka yar</li> <li>• Si fiica rux, kuna qaado raashin</li> <li>• Waad la qaadan kartaa ibuprofen</li> </ul>	 LOO ADKAYSANKARO
<b>Ibuprofen (Advil® or Motrin®)</b>	<ul style="list-style-type: none"> <li>• U qaado xanuunka yar (1-3) ama ka yar</li> <li>• Hubi oo fiiri "xoogeeda"</li> <li>• Ku QAADO raashin si aysan coloosha wax u yeelin</li> <li>• Si fiican u rux, waad la qaadan kartaa Tylenol®</li> </ul>	 YAQYAQSI (LA'LABO)
<b>Tramadol</b>	<ul style="list-style-type: none"> <li>• U qaado xanuunka/ka dhexe (3-5)</li> <li>• Ku qaado raashin</li> <li>• Kuma jiro Tylenol®</li> <li>• Waxaad la qaadan kartaa ibuprofen, Tylenol® ama labadaba</li> </ul>	  YAQYAQSI (LA'LABO) CALOOL FADHI
<b>Lortab®, Vicodin® (hydrocodone + acetaminophen)</b>	<ul style="list-style-type: none"> <li>• U qaado xanuunka meel dhaxaadka ah (4-7)</li> <li>• Ku qaado raashin</li> <li>• Waxaa ku jira Tylenol®</li> </ul>	   HURDAYSAN YAQYAQSI (LA'LABO) CALOOL FADHI
<b>Oxycodone</b>	<ul style="list-style-type: none"> <li>• U qaado xanuunka badan (7-10)</li> <li>• Ku qaado raashin</li> <li>• Kuma jiro Tylenol®</li> </ul>	   HURDAYSAN YAQYAQSI (LA'LABO) CALOOL FADHI
<b>Bacitracin</b>	<ul style="list-style-type: none"> <li>• Antibiyootiga jirka loo mariyo daryeelka iyo caabuq ka hortagga</li> <li>• Fiiri warqadda macluumaadka bukaanka ama weydii kalkaaliyada/shaqaalaha farmashiga sida loo isticmaalo</li> </ul>	 LOO ADKAYSANKARO
<b>Eye and/or ear drops</b>	<ul style="list-style-type: none"> <li>• Caadiyan antibiyootiga oo lagu daray corticosteroidbaa loo isticmaalaa daryeelka ama ka hortagga caabuqa iyo bararka</li> <li>• Fiiri warqadda macluumaadka bukaanka ama weydii kalkaaliyada/shaqaalaha farmashiga sida loo isticmaalo</li> </ul>	 LOO ADKAYSANKARO

Wakhtiyada lagu balamay (e.g., 8 subaxnimo.)	Siinta daawooyinka iyo tirada (Tusaale, daawada A, tirada)	Taariikhda							